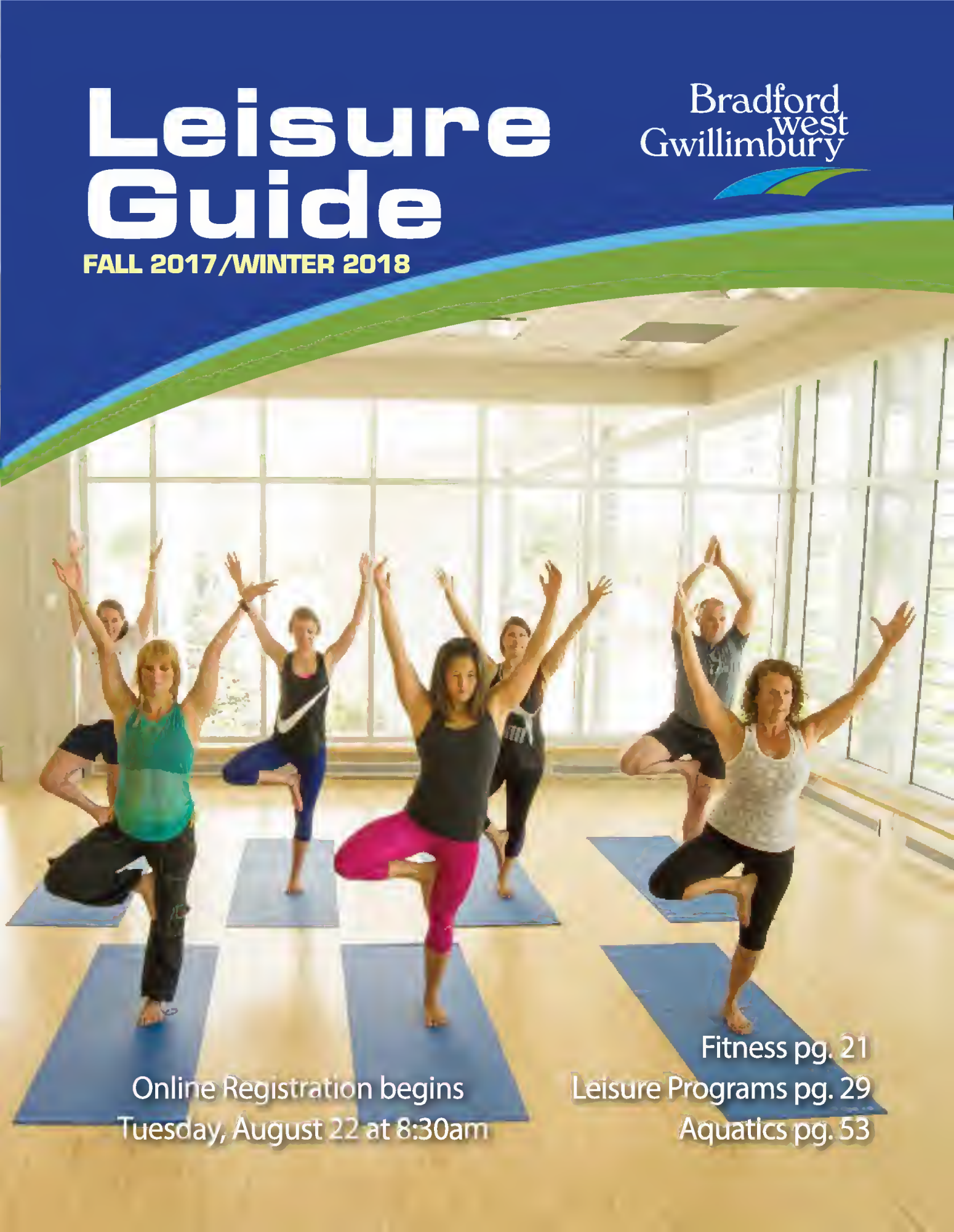
Leisure Guide

FALL 2017/WINTER 2018

Bradford West Gwillimbury



Online Registration begins
Tuesday, August 22 at 8:30am

Fitness pg. 21
Leisure Programs pg. 29
Aquatics pg. 53

be well

Chiropractic Health & Wellness

- chiropractic • registered massage therapy
- naturopathic medicine • physiotherapy
- acupuncture • custom orthotics
- work & sports injuries • rehabilitation
- motor vehicle accident injuries

442 Holland St. W, Bradford 905-775-2323

www.bewellchiro.ca Be Well. Stay Well.

JENNINGS School of KARATE

Martial Arts for the Entire Family

We teach focus, respect and confidence through martial arts.



Offering Programs for Children Ages 5-13 & Adults!

Call or visit us online!

(905) 775-1413

16 John St. West, Bradford

Come visit our 5000 sq.ft. facility

www.JenningsKarate.com

From: Bradford Family Dentistry | BradfordFamilyDentist.ca

Finally, The Smile You've Always Wanted...

Now You Can Get Your Dream Smile In 3 Months to About a Year!

CALL NOW TO SCHEDULE YOUR FREE CONSULTATION & CLAIM YOUR FREE TEETH WHITENING: 905-775-5307



Dr. Jesse Chai and the Award Winning Dental Office at Bradford Family Dentistry is Now Offering FASTBRACES®.

In a matter of months you can have straighter teeth and a beautiful smile. This revolutionary approach works with just about anyone wanting braces and helps reduce time, cost, and the number of visits.

FREE custom take home whitening after completion of fastbraces.



BEFORE AFTER

LIMITED TIME OFFER

BRADFORD FAMILY DENTISTRY

76 Holland St. West, Bradford



Dr. Jesse Chai & Family

For Your Free Consult, Call: 905-775-5307

Or Visit Us Online At: BradfordFamilyDentist.ca

Table Of Contents

Messoge from the Moyor 4
Moyor & Members of Council 5
Department of Community Services 6
Registrotion Informotion 8
Account Creotion Form 11
Registration Form 12
Focility Bookings 13
Accessibility. 14
Upcoming Events 16
BWG Leisure Centre. 18
Fitness Memberships 21
Group Training 22
Speciol Events 23
Youth Fitness Progroms 24
Adult Fitness Programs 25
Youth & Adult Fitness 26
Rehobilitotion Progroms 27
Leisure Programming 29
Preschool Progroms 30
Birthdoy Porties 35
Child & Youth Programs 36
Adult Programs 44
Holidoy Comps 48
Morch Breok 2018 49
Aquatics 53
Speciol Events 55
Aquotic Admission Policy 56
Aquatic Birthday Parties. 57
Lesson Informotion 58
Refund Policy, Dotes & Fees . . . 59
Progression Chart. 60
Mini Session: Foll 61
Preschool: Foll 64
Child & Youth: Fall. 67
Teen & Adult: Foll 70
Child, Youth & Specialty: Foll . . . 71
Winter Break & March Break . . . 75
Preschool: Winter 76
Child & Youth: Winter 78
Teen & Adult: Winter 81
Child, Youth & Speciality: Winter . . 82
Aquotics Leodership 85
Volunteering 87
Recruitment. 88
BWG Porks & Property. 96
Outdoor Facilities 98
Cemeteries 100
Community Sports 101
Who do I coll? 105
Library & Cultural Centre 106
BWG Fire & Emergency Services .107
Corporote Services 108
Office of Economic Development 110
Humon Resources 111
Community Services 112
Finonce 113
Woter & Wostewoter Billing 117
Community Contocts 120

Alternate versions of this document available by request contact Bethany Kuboniwa, Leisure Events & Marketing Coordinator at 905-775-2162 ext. 5102

Ferragine GREENHOUSES

FAMILY GROWN FROM THE ROOTS UP

SPECIALIZING IN MIXED CONTAINER PLANTING

• PERENNIALS • ANNUALS
• TREES & SHRUBS • HERBS

572 Simcoe Road, Bradford
Call 905-775-3177
www.ferraginegreenhouses.com

Follow us on
FerragineGreenhouses
@FerragineGH



THE FERRAGINE TEAM.COM

ROYAL LEPAGE
At Your Service REALTY



LAURIE & PETER FERRAGINE
SALES REPRESENTATIVES

Direct: 905-252-1158 Office: 905-775-5557 Direct: 905-716-3177

Greetings from the Mayor



Message from the Mayor:

On behalf of the Council of the Town of Bradford West Gwillimbury, I am pleased and proud to introduce the Fall 2017 / Winter 2018 Leisure Guide.

BWG is quickly becoming an exceptional place to spend recreational time for residents and visitors alike. Our world-class Leisure Centre features an extensive roster of programs for people of all ages, as well as opportunities to drop in for a swim, a skate or take advantage of the fitness centre with indoor track.

As the weather cools, my fellow Council members and I are looking forward to taking part in another season of fantastic winter events including:

- The Annual Santa Claus Parade
- Family First Night
- Mayor's New Year's Levee
- Hockey Day in BWG

Information on our programs and events is always at your fingertips by visiting www.townofbwg.com and by following the Town on Facebook and Twitter. We always appreciate your feedback and look forward to connecting with you online and in person.

Sincerely,

Rob Keffer
Mayor



Mayor & Members of Council

Members of Council 2014-2018



Mayor **Rob Keffer**
rkeffer@townofbwg.com



Deputy Mayor **James Leduc**
jleduc@townofbwg.com



Ward 1 Councillor **Raj Sandhu**
rsandhu@townofbwg.com



Ward 2 Councillor **Gary Baynes**
gbaynes@townofbwg.com



Ward 3 Councillor **Gary Lamb**
glamb@townofbwg.com



Ward 4 Councillor **Ron Orr**
rorr@townofbwg.com



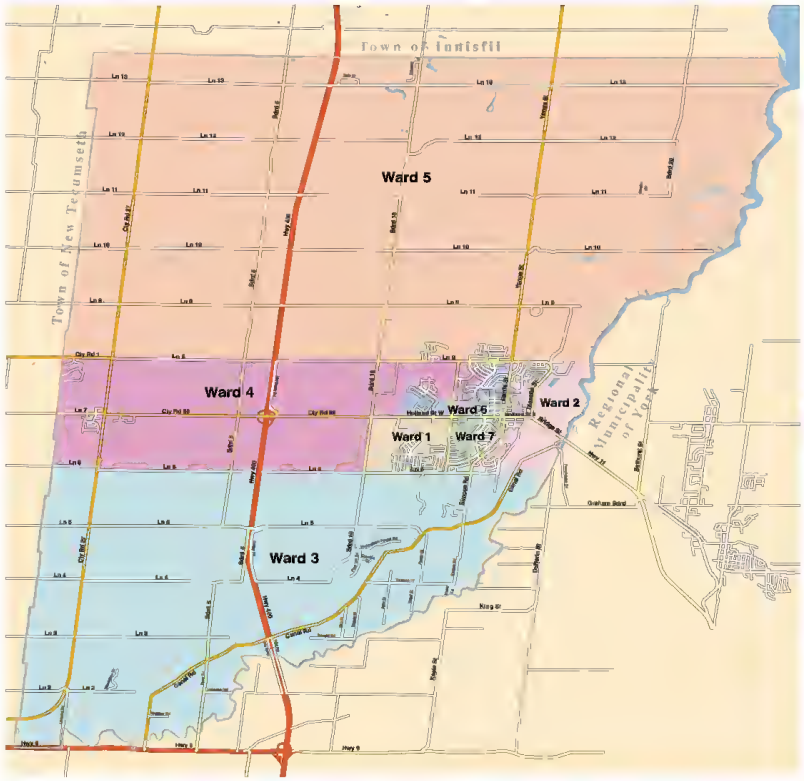
Ward 5 Councillor **Peter Ferragine**
pferragine@townofbwg.com



Ward 6 Councillor **Mark Contois**
mcontois@townofbwg.com



Ward 7 Councillor **Peter Dykie**
pdykie@townofbwg.com



The Mayor is responsible for attending ceremonial activities and functions on behalf of the Town.

- Proclamations
- Flag Raisings
- Congratulatory Certificates
- Scheduling of appointments

Contact : The Office of the Mayor
(905) 775-5366 ext. 1200
kgill@townofbwg.com

Correspondence, invitations and messages for the Mayor, Deputy Mayor and members of Council may be directed to:

Town of Bradford West Gwillimbury
Office of the Mayor
100 Dissette Street Unit 7 PO Box 100
Bradford ON L3Z 2A7
(905) 775-5366 ext. 1200

Department of Community Services

Director of Community Services: Terry Foran
905-775-5369 ext. 5301 tforan@townofbwg.com

Administrative Coordinator: Claudia Brown
905-775-5369 ext. 5300 cbrown@townofbwg.com

PARKS & PROPERTIES

Manager of Parks & Property: Mike O'Hare
905-775-2162 ext. 5201 mohare@townofbwg.com

Parks & Property Supervisor: Bob Johnson
905-775-2162 ext. 5203 bjohnson@townofbwg.com

Administration Clerk: Judith Rigg
905-775-2162 ext. 5200 jrigg@townofbwg.com

Bookings Clerk: Teresa Fairbarn
905-775-5369 ext. 5202 tfairbarn@townofbwg.com

FACILITIES

Manager of Leisure Facilities: Kevin Gale
905-775-7529 ext. 8701 kgale@townofbwg.com

RECREATION & CLIENT SERVICES

Manager of Recreation & Client Services: Nick Warman
905-775-7529 ext. 8501 nwarman@townofbwg.com

Aquatic Supervisor: Teresa Taylor
905-775-7529 ext. 8401 ttaylor@townofbwg.com

Aquatic Programmer: Stephanie Gillard
905-775-7529 ext. 8402 sgillard@townofbwg.com

Fitness Supervisor: Stephanie Uren
905-775-7529 ext. 8601 suren@townofbwg.com

Fitness Programmer: Enrica Mazzane
905-775-7529 ext. 8601 emazzone@townofbwg.com

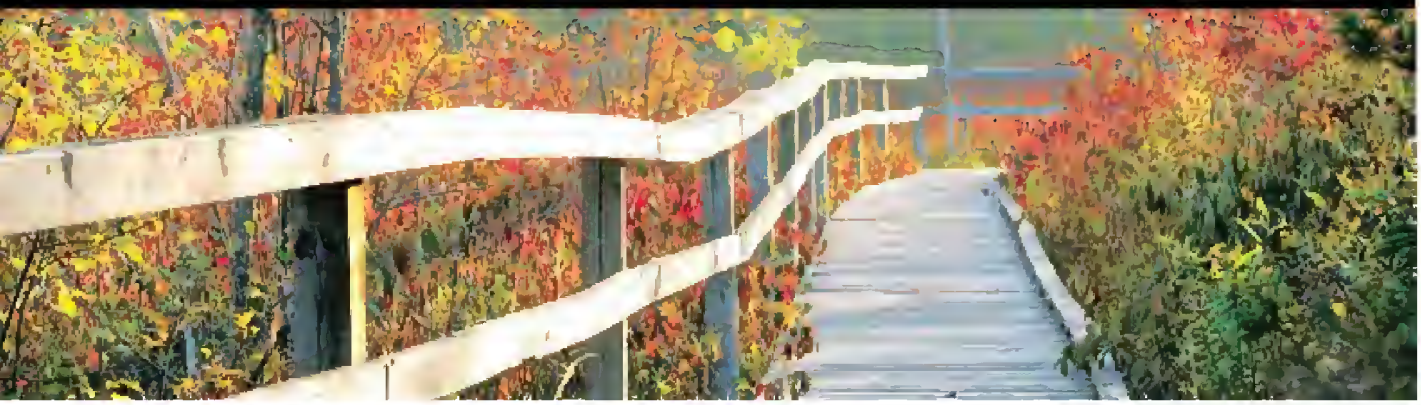
Recreation Coordinator: Nancy Shortill-Thatcher
905-775-7529 ext. 8301 nthatcher@townofbwg.com

Program Clerk: Terri Price
905-775-7529 ext. 8302 tprice@townofbwg.com

Leisure Events & Marketing Coordinator: Bethany Kubaniwa
905-775-2162 ext. 5102 bkuboniwa@townofbwg.com

Community Services Department
3541 Line 11
905-775-5366 www.townofbwg.com

Leisure Centre
471 West Park Avenue
905-775-7529 www.bwgleisurecentre.ca



Hours: Mon & Wed 9am - 7pm • Tues & Thurs 9am - 6pm • Fri 9am - 1pm • Sat 9am - 2pm

PRESCRIPTIONS AND MORE

I·D·A·

PHARMALINK PHARMACY

Friendly & Easy Prescription Filling
Everyday Special Price for Seniors • Free Blister Packing
• Home Health Care Products • Accept Major Drug plans
• Hallmark Cards • Ty Beanie Babies

2-456 HOLLAND ST. W. BRADFORD L3Z 0G1
NEXT TO CANADIAN TIRE 905-778-9049



Century 21
HERITAGE GROUP LTD.
BROKERAGE*

Cell:(905) 715-3668
Office: (905) 775-5677 Ext. 5119
Email: joanne.mcgee@century21.ca
www.joannemcgee.com

Joanne McGee
Sales Representative

BRADFORD
49 Holland Street W., P.O. Box
1201, Bradford, ON L3Z 2B6

Independently Owned and Operated. ® TM. Trademarks of Century 21 Real Estate L.L.C. used under license.

BWG LEISURE CENTRE

HOW DO YOU STAY IN TOUCH?

As one of Ontario's fastest growing communities, BWG always has something happening. Stay up-to-date with the latest from the BWG Leisure Centre!

Follow us on:

- bwgleisurecentre
- @bwgleisure
- bwgleisurecentre



www.bwgleisurecentre.ca

Registration Information

REGISTRATION METHOD	HOW TO REGISTER	BENEFITS
Online Registration **(RESIDENTS ONLY)** *www.townofbwg.com* **Recommended Method**	Begins at 8:30am on Tuesday August 22, 2017. Follow the menu choices once you have logged in. Have your login information and credit card information ready to enter. Print your own confirmation receipt.	• Fast, easy, and secure • Available 24/7 • Immediate confirmation • Register for multiple programs • Coordinate family schedule • Explore new course options. • Register multiple participants for multiple programs
Drop Off or Fax **(RESIDENTS ONLY)**	Forms must be received by 7:00pm on August 21 by the BWG Leisure Centre. Forms received after 7:00pm are considered late and are entered after all the forms that have been received on time. Staff begins processing forms at 8:30am at the same time that online registration begins for residents. This may take a number of hours to complete.	BWG Department of Community Services registers for you.
In Person **(RESIDENTS ONLY)**	Begins at 8:30am on Friday, August 25, 2017. During the BWG Leisure Centre Customer Service Desk hours of operation. See page 18 for hours.	Registration is completed on the spot if space permits
Non-Residents **Online and In Person**	BEGINS at 8:30am on Tuesday August 29 2017. Non-residents are provided with an opportunity to register for programs one week after residents have had the opportunity.	

Refunds

For Leisure Program Refund Policy refer to page 31, for Swimming Lessons Refund Policy and Aquatic Leadership Refund Policy refer to page 59.

Respectful Environment

We are committed to providing a safe and respectful environment for our patrons and our staff. For everyone's safety, we will not tolerate rude, inappropriate or aggressive behaviour, harassment or coarse language. People who engage in this type of behaviour will be asked to leave the facility.

Changes

The Department of Community Services reserves the right to withdraw, postpone, cancel, combine or alter any programs in this guide without notice, if required, due to lack of registration, change of policy or availability of facilities or instructors.

Weather Conditions/Cancelled Classes

Participants are encouraged to dress appropriately and be prepared for diverse weather conditions during the selected program. Due to unforeseen circumstances, leisure programs, aquatics lessons, leisure swim and fitness classes may be cancelled. Please contact the Customer Service Desk at 905-775-7529 ext. 6007 or check our Social Media accounts before attending your program/activity.



For Everyone's Health

If a participant has a communicable disease (e.g. Lice, Chicken Pox, etc.) or a current public health concern, we would ask that the participant not attend leisure programs, swimming lessons, leisure swimming or other scheduled activities. Participants are welcome to return to the leisure program/activity when they are healthy and have a medical note of permission. Any medication which a participant is required to take during his/her program must be given to the program instructor with a medication information form completed and signed.

Children's Aid Society

Parents should be aware that the Child and Family Services Act requires that any suspicion of child abuse be reported immediately to the Children's Aid Society.

Staff Training

All staff receive training including sessions on programming, child and group management, first aid, team sports, child behaviour, policies and procedures, and leadership.

Cell Phones & Personal Digital Assistants

The use of Electronic Devices, cell phones and Personal Digital Assistants (Blackberry, I-Phone etc.) are not permitted in Town of Bradford West Gwillimbury Leisure facilities change rooms, dressing rooms and washrooms.
The Town of Bradford West Gwillimbury is committed to providing a comfortable, safe environment with privacy honoured for each patron using municipal leisure facilities.

Program Requirements

All children attending programs without parent participation MUST be toilet trained. Diapers and pull-ups are not permitted. It is asked that you send an additional change of clothes in the event that an accident does occur so the child can change themselves into dry clothing. It is asked that the parent or guardian come pick up their child if additional clothes/assistance is required. All programs are for registered participants only. Unregistered parents, children or siblings are not permitted in the area where the class is taking place, unless otherwise specified.

Lost & Found

It is recommended that your child does not bring expensive or valuable items to the program or activity area. Please be sure that your child understands that he/she is responsible for his/her articles. Money is not to be brought to programs unless specified. The Town of Bradford West Gwillimbury is not responsible for lost or stolen articles. The Lost & Found bin is located across from the Customer Service desk.



Registration Information



Photography

Due to the sensitive nature involved with photographing or video recording children, the use of cameras and video recorders must be arranged in advance with Community Services Management. Unless a participant or guardian so indicates, the Department of Community Services will assume permission is given for any pictures taken during any Department program or activity that would be used to promote Leisure Services.

Transfers

Transfers from one program to another are permitted, provided there is space and the approval of the Department of Community Services is obtained. All requests for transfers must be made in writing (in person, by fax or e-mail). An administration fee of $10 may be charged.

Accident Insurance

The participant is responsible for his/her own hospital/medical coverage. The Town of Bradford West Gwillimbury provides all safeguards for the health and welfare of the participants, but shall be released from all actions, damages, claims and demands, whatsoever arising from participation in programs.

NSF Cheques

If a cheque is returned NSF for any reason, the client is withdrawn immediately from the program and notified of this action. The client is to make payment for the program and NSF charge fee of $25 by cash, certified cheque, money order, and debit, VISA or MasterCard in order to participate in the desired program. If a cheque is returned on a second occasion, the NSF fee to be paid is $50. HST: All adult programs are taxable. HST does not apply to programs for children 14 years of age and under.

Age of Participant

Most children's activities are age specific and these age groups are determined with careful consideration. Programs are designed to challenge each specific age group. These guidelines are developed to serve the best interest of all participants, so they can enjoy a fulfilling experience in the programs.

Class Postponement

Should it be necessary to cancel a class, every attempt will be made to re-schedule it. However, if the class cannot be re-scheduled, no reduction in registration fee will be issued.

BWG LEISURE CENTRE

ACTIVE Net

CUSTOMER ACCOUNT CREATION INFORMATION

Customer Accounts can be created online at
www.bwgleisurecentre.ca
or at the BWG Leisure Centre Customer Service Desk

Please print clearly

First Name	Last Name	Date of Birth (Month/Day/Year)	M/F
Main contact:			
Family members:			

Street Address: _____

Town: _____ Postal Code: _____

Phone: (primary) _____ Phone: (secondary) _____
(Required for contact in regards to registrations, waitlists, and Leisure Centre info)

Cell Phone: _____

E-Mail Address: _____
(Required for online registration, contact in regards to registrations, waitlists, and Leisure Centre info)

Release: In consideration of the creation of this account and the permission to participate in a program sponsored by the Community Services Department, Town of Bradford West Gwillimbury, I hereby forever discharge the Corporation of the Town of Bradford West Gwillimbury, its employees, agents, officers, from all claims, damages, costs, and expenses in respect to injury or damage to my person or property, however caused, which may be sustained as a result of participation in the program. I acknowledge and agree that the Town may use photographs of Leisure Services Programs and the participants therein for promotional purposes.

All personal information on this form is collected pursuant to the *Municipal Freedom of Information and Protection of Privacy Act* and *Municipal Act, 2001* and will be used for the purposes of customer account creation. Questions regarding this collection may be directed to the Manager of Recreation & Client Services, Leisure Services, 471 West Park Avenue, Bradford, ON, L3Z 0J3, 905-775-7529.

_____ _____
Customer signature **Date**

Staff Initials: _____

Registration Form

Town of **Bradford West Gwillimbury** **Leisure Services Program Registration Form**

Part A: FAMILY INFORMATION - Please print clearly -

ADULT/PARENT/GUARDIAN'S Family Name:	First Name		Sex ❒ Male ❒ Female
Family Address	Town	Apt/Unit#	Postal Code
Home Phone	Business Phone		Cell
Email Address			
Primary Contact	Daytime Phone #		Evening Phone #
Secondary Contact	Daytime Phone #		Evening Phone #

Part B: PARTICIPANT INFORMATION - Can be used for more than 1 family member/*IF PROGRAM IS FULL, APPLICANT WILL BE WAIT LISTED

1. PARTICIPANT Family Name	First Name	Birthdate M/D/Y	Sex ❒ M ❒ F	Emergency Contact (Name & #)
Course	Code	Day	Time	Fee
Course	Code	Day	Time	Fee
2. PARTICIPANT Family Name	First Name	Birthdate M/D/Y	Sex ❒ M ❒ F	Emergency Contact (Name & #)
Course	Code	Day	Time	Fee
Course	Code	Day	Time	Fee
3. PARTICIPANT Family Name	First Name	Birthdate M/D/Y	Sex ❒ M ❒ F	Emergency Contact (Name & #)
Course	Code	Day	Time	Fee
Course	Code	Day	Time	Fee

Part C: DISABILITIES/MEDICAL CONDITIONS - Please print clearly - Total Fee Owing $

Details regarding Special Needs/Disabilities/Medical Conditions:	Support Request ❒ Will Attend With Own Support ❒
Allergies/Medication(s):	Carries EpiPen:
Medication(s)/Taken for:	❒ Yes ❒ No

PART C: METHOD OF PAYMENT

Cash ❒ Debit ❒ Cheque ❒ Gift Certificate ❒ VISA ❒ ❒ Cheque Number |_|_|_|_|_|

Cheques payable to the Town of Bradford West Gwillimbury (sorry no post-dated cheques).

Card # |_|_|_|_|–|_|_|_|_|–|_|_|_|_|–|_|_|_|_| Expiry Date |_|_|–|_|_|

Print Name _____ Signature _____

Submission of this form does not guarantee placement in a program.

Release: In consideration of the acceptance of this application and the permission to participate in a program sponsored by the Department of Leisure Services, Town of Bradford West Gwillimbury, I hereby forever discharge the Corporation of the Town of Bradford West Gwillimbury, its employees, agents, officers, from all claims, damages, costs, and expenses in respect to injury or damage to my person or property, however caused, which may be sustained as a result of participation in the program. I acknowledge and agree that the Town may use photographs of Leisure Services programs and the participants therein for promotional purposes.

Please note All personal information on this form is collected pursuant to the Municipal Freedom of Information and Protection of Privacy Act and Municipal Act, 2001 and will be used for the purposes of Leisure Services Program registration. Questions regarding this collection may be directed to the Manager of Recreation & Client Services, Leisure Services, 471 West Park Avenue, Bradford, ON, L3Z 0J3, 905-775-7529.

X _____ _____

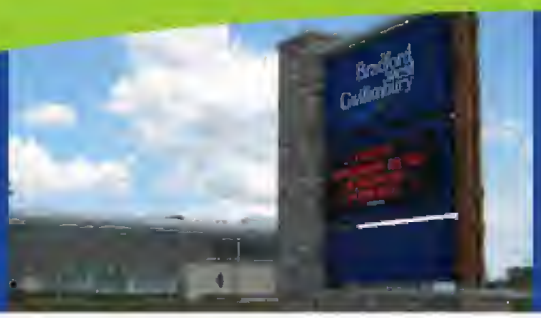
SIGNATURE OF PARENT OR PARTICIPANT (form not valid unless signed) **DATE**

OFFICE USE ONLY
Cash/Cheque Amount $_____ **Process Date:**_____ **Clerk:**_____

Form # 5100-011 (07/2012)

FACILITY RENTALS & BOOKINGS

Bradford West Gwillimbury
A Growing Tradition



For more information on BWG facilities, to book an event or ice time, please call: 905-775-5366 ext. 5202, or e-mail tfairbarn@townofbwg.com

NO SMOKING in all Municipal Buildings & Facilities

Facility	Capacity	Air Conditioning	Kitchen	L.L.B.O.	AED	Wheelchair Accessible	Active Transportation Accessible	Special Events/Uses
BWG Leisure Centre *471 West Park Ave. Bradford ON L3Z 0J3*								
Arena - Blue Rink	180				•	•	•	Ice Rental
Arena - Green Rink	180				•	•	•	Ice Rental
Multipurpose Room - Full	140	•	•		•	•	•	Parties, celebrations
Multipurpose Room East	70	•	•		•	•	•	Parties, celebrations
Multipurpose Room West	70	•	•		•	•	•	Parties, celebrations
Bradford & District Memorial Community Centre *125 Simcoe Road Bradford ON L3Z 2A8*								
Don Harrison Auditorium	150	•	•	•	•	•	•	Parties, celebrations
Arena Floor	1000			•	•	•	•	Parties, celebrations, indoor sports
Bob Fallis Sports Centre (Rink Only) *2961 Side Road 10, Bradford ON L3Z 2A4*	180				•	•		Ice Rental
Bradford Lions Building *226 Colborne Street Bradford ON L3Z 2R5*	40				•		•	Meetings
Bond Head Memorial Community Centre *2892 County Road 27 Bradford ON L3Z 2A5*	135		•	•				Parties, celebrations
Newton Robinson Hall *4380 Tenth Line Bradford* L0G 2A5	90		•			•		Parties, celebrations

For other rental inquiries regarding the Leisure Centre's Activity Room, Gymnasium, or Pool, please contact the Customer Service Desk at 905-775-7529 or e-mail leisureservices@townofbwg.com

All alcohol licensed functions must adhere to the Town of Bradford West Gwillimbury Municipal Alcohol Policy. Please contact the Bookings Clerk at 905-775-5366 ext. 5202 or e-mail tfairbarn@townofbwg.com.

Accesibility

Accessibility, Inclusion Services & Adapted Programs

The Department of Community Services is committed to providing its entire community with high quality, accessible leisure opportunities for residents of all ages. This will be achieved through the provision of:

Accessible Equipment/Facilities • Inclusion Services

Adapted Programs • Fee Assistance Program

Accessible Equipment/Facilities

The Town of Bradford West Gwillimbury is host to a Leisure Centre that meets all of the requirements required by the Ontario Building Code (OBC) and the Accessibility for Ontarians with Disabilities Act (AODA). The centre includes a number of pieces of equipment to improve accessibility including; automatic doors, wide hallways, grab bars, elevator and 360 degree turning radius to accommodate wheelchairs in restroom areas.

Aquatic Centre

The Bradford Lions Aquatic Centre includes three swimming tanks; an 8-lane, 25 metre lap pool, a leisure pool and a warm water relaxation pool. The leisure pool is heated to approximately 86°F and the relaxation pool to approximately 90°F, which can accommodate those with muscular, circulatory or neurological impairment who require warmer temperatures. The aquatic centre also includes ramp entry into the leisure pool and chair lift entry to both the lap pool and the relaxation pool. A water wheelchair is available for clients to use between the change room and the pool itself. The family change room also includes a Hoyer lift and an adult change table to assist persons requiring transfer.

Fitness Centre

The Fitness Centre includes a 110m walking track, cardio theatre area, strength training room and a fitness studio. Certain pieces of equipment are modifiable to be appropriately aligned for clients who use a wheelchair or who have a support worker providing assistance.

Inclusion Services

The Town of Bradford West Gwillimbury promotes and encourages people with disabilities (physical, emotional, behavioural, developmental/intellectual, and medical) to participate in a wide variety of activities. The objective is to facilitate meaningful participation of people of varying abilities in the community activities of his/her choice.

Assessing a Participant's Need for Support

A participant may require extra support if any of the following applies:

1. Extra support is required at school in the classroom.
2. A physical, medical, developmental and/or learning disability exists that affects the safety of the participant or that of other participants.
3. Extra support is needed at home for basic care such as dressing and toileting.
4. Participant is currently associated with a support agency or program.

For more information on Accessibility please contact the BWG Leisure Centre at:
905-775-7529
leisureservices@townofbwg.com

Inclusion Support

The Department of Community Services (Leisure Services Division) employs staff for summer camps to work specifically as one-to-one inclusion support staff with children who have a special need and/or a disability.

Medical Needs/Medications

Town of Bradford West Gwillimbury staff do not provide any ongoing medical interventions or support therapies (ie. injections, g-tube feeding, administering medication etc.).

Support Person Pass

Individuals in need of support to participate in a drop in program may attend with a support person to assist him/her. If the support person's sole purpose for attending is to support and integrate an individual with special needs, access for the support person is free. For regular customers attending with a support person, a support person pass can be obtained free of charge. Present the card upon arrival and the support person will enter at no charge. Forms are available at the customer service desk.

Program Registration with Inclusion Support

Contact is required with the specific supervisor (Aquatics Programmer for aquatic camps or the Recreation Coordinator for day camps) in order to coordinate registration and specific needs requirements. A participant profile form will need to be completed for all clients accessing this service (this information will be shared with instructional staff only). The one-to-one support staff service is a limited resource, and is available on a first come first serve basis and is available for a maximum of one week per child during the summer. Families who require support but do not disclose the needs of a participant prior to registration may be required to withdraw from the program if support can not be secured. Town of Bradford West Gwillimbury refund policy will apply.

Adapted Programs

Specialized instructional programs are available in Aquatics that promote the dignity, independence and potential of persons with disabilities. The special needs swim lessons strive to meet the swimming goals of individuals with identified special needs. All participants are required to complete a Participants with Special Needs form prior to his/her first lesson. The form can be accessed through the customer service desk at the Leisure Centre or online at www.bwgleisurecentre.ca

Fee Assistance Program

The Town of Bradford West Gwillimbury supports that municipal leisure opportunities should be available to all residents. Bradford West Gwillimbury residents experiencing financial difficulty due to low income may request fee assistance for membership to the BWG Leisure Centre. An application for assistance must be submitted. Criteria for eligibility is determined by; annual income based upon Statistics Canada Low Income Cut Off (LICO) table. Households that meet the criteria would be eligible for a reduction of the fitness membership fee at the BWG Leisure Centre.

Pumpkin Fest

Saturday, October 14, 2017 • Henderson Memorial Park
www.townofbwg.com/events

Santa Claus Parade

Saturday, November 18, 2017
www.townofbwg.com/SantaClausParade



Celebrate CHRISTMAS

Friday, December 1, 2017
BWG Leisure Centre

www.townofbwg.com/events

Family First Night

Sunday, December 31, 2017 • BWG Leisure Centre
www.bwgleisurecentre.ca/events

Mayor's New Year's Levee

Sunday, January 7, 2018 • BWG Leisure Centre
www.townofbwg.com/events

THANK-YOU TO OUR 2017 BWG CANADA DAY SPONSORS

Trisan Construction
Canadian Heritage / Patrimoine canadien
Ad-dictive Design & Promotion Ltd
Magna
Tim Hortons
305 Barrie Street, Bradford NOFRILLS
Manpower
Master Treats
Topic
Elite Dance Co

THANK YOU TO OUR 2017 CARROT FEST SPONSORS

Official Sponsors

107.5 KOOL FM
Meridian
Vaughan Chrysler
Sobeys Better food for all
Rock 95

Friday Night Kick-off Sponsors

wsp
MedReleaf
Waste Connections of Canada

Presenting Sponsors

alectra
King Christian School
Trisan
York
Fermar Paving Limited
DG Group
Enbridge
Village Inn Bradford
Tim Hortons
Topic
Zehrs Markets

Supporting Sponsors

Manpower
Rosehaven
Great Gulf

Associate Sponsors

NOFRILLS
Magna
petvalu
Century 21
Watson & Associates
Rent Source
Subway
Bissette Animal Hospital

Every effort has been made to acknowledge all sponsors at time of printing.

Bradford West Gwillimbury Leisure Centre

BWG LEISURE CENTRE



BWG LEISURE CENTRE OPERATION EXCLUSION DATES

Labour Day:
September 4, 2017 - CLOSED

Thanksgiving Day:
October 9, 2017 - CLOSED

Christmas Eve:
December 24, 2017 - 7:30am-12:00pm

Christmas Day:
December 25, 2017 - CLOSED

Boxing Day:
December 26, 2017 - 8:00am-4:00pm

New Years Eve:
December 31, 2017 - 7:30am-1:00pm & 6:00-9:00pm

New Years Day:
January 1, 2018 - CLOSED

Family Day:
February 19, 2018 - 8:00am-4:00pm

Hours of Operation

Monday-Friday
6:00am-10:00pm

Saturday & Sunday
7:30am-5pm

Address:
471 West Park Ave.
Bradford ON
L3Z 0J3

Contact Information:
905-775-7529
leisureservices@townofbwg.com
www.bwgleisurecentre.ca

Bradford West Gwillimbury Leisure Centre



MEMBERSHIPS • PAY AS YOU GO (DROP-IN) • REGISTRATION

Clean & Well Maintained

No Initiation Fees, No Contracts

Fully Supervised & Supported Fitness Centre

Friendly Family Environment

Wellness & Lifestyle Programs

Affordable & Accessible

Advantage Fitness Memberships

For adults and seniors only, the Advantage Membership includes the standard fitness membership benefits, plus an optional annual fitness appraisal and access to the Adult Only Locker Room which includes a steam room for an additional $9.00 on a monthly membership or $108.00 on an annual membership.

Membership Has Benefits

Membership includes: fitness centre, walking track, group and aquafit classes, drop-in gymnasium activities, lane and leisure swims.

Family Memberships

For immediate households only, available on monthly memberships. Total individual costs minus 20%. Minimum of 3 family members required.

Corporate Memberships

Corporations with 10-19 members receive a 10% discount, and corporations with 20+ members receive a 20% discount. For monthly ongoing memberships only.

Child Facility Memberships

Children 4-13 years can purchase a Child Facility Membership that includes drop-in/open gymnasium activities, leisure skating and leisure swimming for $20 per month or $199 for an annual membership.

**In order to maintain the equipment and facilities, the BWG Leisure Centre reserves the right to close programs, and service areas for construction, maintenance, tournaments and/or major events. No refunds will be issued for these closures.*

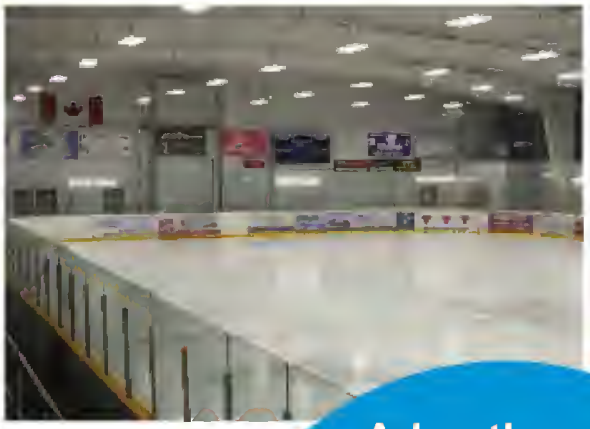
GREAT ADVERTISING OPPORTUNITIES

At the BWG Leisure Centre and Bob Fallis Sports Centre





For more information please contact:
Neil Rombough
Sales Representative
905-775-3832
onboard@sympatico.ca



Showcase your business to thousands of residents daily through advertising opportunities. Choose the level of involvement that suits your business. Facility and digital display opportunities for your needs. Your message could be seen by more than 66,000 residents and visitors monthly.

Advertise with us!
Get involved: big or small
Let us help you reach your market

Fitness Memberships



BWG Leisure Centre Fitness Centre

471 West Park Ave

Fall/ Winter Hours of Operation:

Mon - Fri	6:00am - 10:00pm
Sat & Sun	7:30am - 5:00pm

Youth	13-16 years
Student	17-24 years
Adult	18 years+
Older Adult	60 years+

Fitness Membership Fees

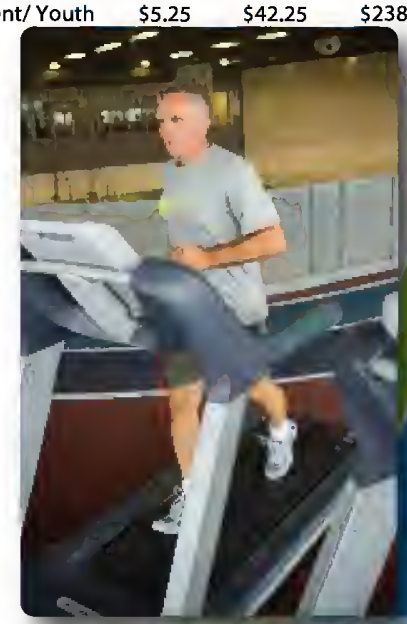
Effective April 1st 2017

Single Visit	Fee (+ HST)
Adult	$11.00
Older Adult	$9.00
Student	$9.00
Youth	$9.00
Monthly	**Fee (+ HST)**
Adult	$41.00
Older Adult	$33.00
Student	$29.00
Youth	$26.00
Annual	**Fee (+ HST)**
Adult	$465.25
Older Adult	$371.50
Student	$326.50
Youth	$290.75
Advantage Membership (18+)	
Monthly	$9.00
Annual	$108.00

Bradford Board of Trade Members, Emergency Services (Police, Fire, EMS), and Ontario College Teacher members receive automatic 20% discount. Valid employee badge/ ID required.

Aquafit Admission Rates

Pass Type	Single Visit (+HST)	10 Pass (+HST)	Annual (+HST)
Adult	$7.25	$57.75	$338.00
Older Adult	$5.25	$42.25	$238.70
Student/ Youth	$5.25	$42.25	$238.70



Membership fees listed apply to Town of Bradford residents only.
Spouse & Non-resident rates are available upon request.
Photo ID required.

"OCT 22 - DEC 3" 2017

MISSION: SLIMPOSSIBLE

TRANSFORMATION CHALLENGE

Deadline: October 10, 2017
Members Only, spaces are limited!
Resident Fee $154.99
Course Code: 6738

Register today at the Customer Service Desk!

For more information contact:
Stephanie Uren, Fitness Supervisor
905.775.7529 ext 8601
suren@townofbwg.com

BWG LEISURE CENTRE



SAVE THE DATES...



Youth Fitness Programs

Intro to TRX

In this small group training class you will learn how to properly use the TRX suspension training body weight system. This workshop will help develop strength, balance, flexibility and core stability.
No previous experience required.





Straight up Strength

Have you always wanted to be stronger? This is your chance to do it right! Certified strength coach Kyle will show you the proper lifting techniques and help you create a personalized program to be the strongest in your class.

All dates, times, locations & fees subject to change without notice. Non-resident fees: additional 15%

Course Name	Code	Age	Day	Times	Dates	Location	# of Classes	Res. Fee
Intro to TRX	6714	10-13 years	Thu	4:00pm-4:45pm	Nov 2-Nov 30	Fitness Studio	5	$40.00
Intro to TRX	6715	10-13 years	Thu	4:00pm-4:45pm	Feb 1-Feb 22	Fitness Studio	4	$35.00
Straight up Strength	6716	13-17 years	Mon	3:30pm-4:30pm	Oct 2-Oct 30	Fitness Strength	4	$35.00
Straight up Strength	6717	13-17 years	Tue	3:00pm-4:00pm	Oct 3-Oct 24	Fitness Strength	4	$35.00
Straight up Strength	6718	13-17 years	Mon	3:30pm-4:30pm	Nov 6-Nov 27	Fitness Strength	4	$35.00
Straight up Strength	6719	13-17 years	Tue	3:00pm-4:00pm	Nov 7-Nov 28	Fitness Strength	4	$35.00
Straight up Strength	6720	13-17 years	Mon	3:30pm-4:30pm	Feb 5-Mar 5	Fitness Strength	4	$35.00
Straight up Strength	6721	13-17 years	Tue	3:00pm-4:00pm	Feb 6-Feb 27	Fitness Strength	4	$35.00

Adult Fitness Programs

DiaperFit

During the first half hour of class, parents will enjoy a challenging Aquafit workout while children sit along in dolphin floating seats, allowing them to splash with his/her hands and feet. Children will remain in contact with his/her parent at all times. Class will finish in the relaxation (warm) pool.

Mom & Baby Yoga

Pack your baby with your yoga mat! Come and join other new moms for a fun and inspiring mom and baby program. Babies are incorporated into yoga poses while bonding with their mother.
***Newborns to pre-crawling only.**





Muscle Moms 2.0

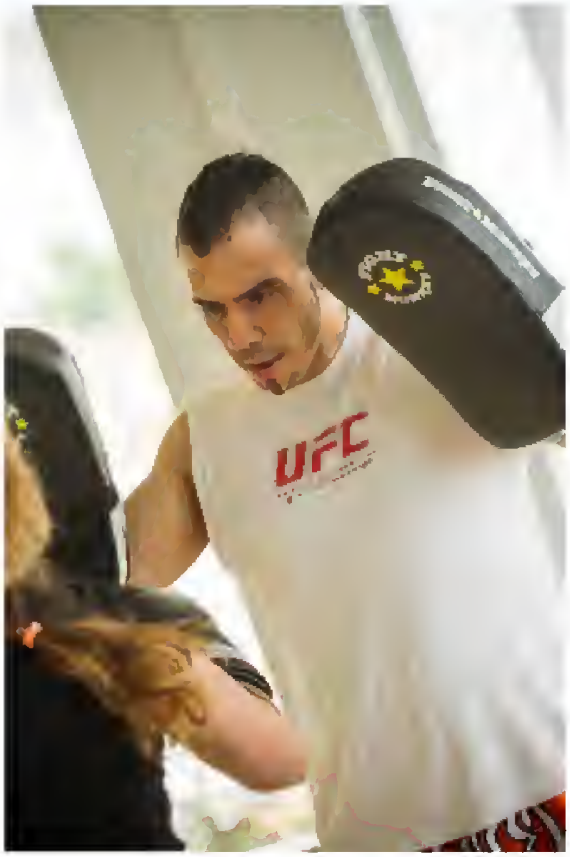
This weight training program will expand your knowledge and technique in the weight room by providing additional workout programs and skills geared towards strength training.
***Must be able to perform Bench Press, Deadlift, and Squats unassisted prior to registering for Muscle Mom's 2.0.**

Prenatal Yoga

Through yoga postures, guided relaxation and breath awareness, you will prepare the body and mind for the birth, and at the same time lighten the discomfort and stress associated with pregnancy. Beginners are welcome.
***This class is for individuals who are pregnant.**

Course Name	Code	Age	Day	Times	Dates	Complex	# of Classes	Res. Fee
DiaperFit	6730	18+ years	Mon	10:15am-11:00am	Oct 16-Dec 4	Main Pool	8	$60.00
DiaperFit	6731	18+ years	Wed	10:15am-11:00am	Nov 1-Dec 6	Main Pool	6	$45.00
DiaperFit	6732	18+ years	Mon	10:15am-11:00am	Jan 8-Feb 12	Main Pool	6	$45.00
DiaperFit	6733	18+ years	Wed	10:15am-11:00am	Jan. 24-Feb 28	Main Pool	6	$45.00
Mom & Baby Yoga	6728	18+ years	Wed	10:15am-11:00am	Oct 4-Nov 8	MPR East	6	$40.00
Mom & Baby Yoga	6729	18+ years	Wed	10:15am-11:00am	Jan 31-Mar 7	MPR East	6	$40.00
Muscle Mom's 2.0	6734	18+ years	Mon/Thu	10:00am-11:00am	Oct 23-Nov 16	Fitness Strength	4	$90.00
Muscle Mom's 2.0	6735	18+ years	Mon/Thu	10:00am-11:00am	Feb 5-Mar 5	Fitness Strength	5	$90.00
Prenatal Yoga	6726	18+ years	Mon	7:00pm-7:45pm	Oct 30-Dec 4	MPR East	6	$50.00
Prenatal Yoga	6727	18+ years	Sun	9:00am-9:45am	Jan 21-Feb 11	MPR East	4	$35.00

Registered Fitness Programs



Cardio Kickboxing

A fusion of boxing, martial arts and aerobics. The objective of cardio kickboxing is not to make a "fighter" out of you, but rather to give you a holistic, total-body training program that combines an aerobic workout with the movements and techniques of martial arts.

Self-Defence

This program will take you through movements required to execute defence techniques rooted in Muay Thai kickboxing.

Tai Chi

Tai Chi is an energy-based, non-combative, healing martial art. This program combines martial arts movements with universal energy principles to help participants circulate blood and energy through their body. This will change in the natural balance and rhythm of the body and mind.



All dates, times, locations & fees subject to change without notice. Non-resident fees: additional 15%

Course Name	Code	Age	Day	Times	Dates	Complex	# of Classes	Res. Fee
Cardio Kickboxing	6722	13+ years	Sun	10:00am-10:45am	Oct 15-Nov 12	MPR East	5	$40.00
Cardio Kickboxing	6723	13+ years	Sun	10:00am-10:45am	Jan 21-Feb 11	MPR East	4	$35.00
Self Defence	6724	13+ years	Thu	7:00pm-7:45pm	Oct 5-Nov 2	MPR East	4	$35.00
Self Defence	6725	13+ years	Thu	7:00pm-7:45pm	Feb 1-Mar 1	MPR East	4	$35.00
Tai Chi	6736	18+ years	Tue	8:15am-9:00am	Oct 3-Nov 21	Fitness Studio	8	$45.00
Tai Chi	6737	18+ years	Tue	8:15am-9:00am	Jan 9-Feb 27	Fitness Studio	8	$45.00

Rehabilitation Fitness Programs

Fitness for Breath

This respiratory maintenance exercise program is designed for people who have completed a pulmonary rehabilitation program. It is ideal for anyone with chronic lung disease such as COPD, pulmonary fibrosis or asthma.
***Physician Referral Required**

All dates, times, locations & fees subject to change without notice. Non-resident fees: additional 15%

TIME

See how you can improve your mobility, balance and overall strength with TIME - a community-based exercise program for people with a range of mobility challenges related to aging or neurological conditions. ***Physician Referral Required**

Water Therapy

Designed for those who are experiencing joint pain, stability or balance challenges and/or require continuation on post-rehabilitation. During the first half of this class participants will perform exercises in the leisure pool. The class will finish in the relaxation (warm) pool. ***Physician Referral Required**

Course Name	Code	Age	Day	Times	Dates	Complex	# of Classes	Res. Fee
Water Therapy	6740	16+ years	Thu	9:30am-10:30am	Oct 5-Oct 26	Leisure Pool	4	$41.00
Water Therapy	6741	16+ years	Thu	9:30am-10:30am	Nov 2-Nov 23	Leisure Pool	4	$41.00
Water Therapy	6742	16+ years	Thu	9:30am-10:30am	Jan 4-Jan 25	Leisure Pool	4	$41.00
Water Therapy	6743	16+ years	Thu	9:30am-10:30am	Feb 1-Feb 22	Leisure Pool	4	$41.00
Water Therapy	6744	16+ years	Thu	9:30am-10:30am	Mar 1-Mar 29	Leisure Pool	5	$41.00
Fitness for Breath	6745	18+ years	Wed,Fri	varies	Sep 6-Sep 29	Fitness Studio	4	$41.00
Fitness for Breath	6746	18+ years	Wed,Fri	varies	Oct 4-Oct 27	Fitness Studio	4	$41.00
Fitness for Breath	6747	18+ years	Wed,Fri	varies	Nov 1-Nov 24	Fitness Studio	4	$41.00
Fitness for Breath	6748	18+ years	Wed,Fri	varies	Nov 29-Dec 15	Fitness Studio	3	$31.00
Fitness for Breath	6749	18+ years	Wed,Fri	varies	Jan 3-Jan 26	Fitness Studio	4	$41.00
Fitness for Breath	6750	18+ years	Wed,Fri	varies	Jan 31-Feb 23	Fitness Studio	4	$41.00
Fitness for Breath	6751	18+ years	Wed,Fri	varies	Feb 28-Mar 30	Fitness Studio	5	$41.00
TIME	6752	16+ years	Fri	12:30-1:15pm	Oct 6-Oct 27	Fitness Studio	4	$25.00
TIME	6753	16+ years	Fri	12:30-1:15pm	Nov 3-Nov 24	Fitness Studio	4	$25.00
TIME	6754	16+ years	Fri	12:30-1:15pm	Jan 5-Jan 26	Fitness Studio	4	$25.00
TIME	6755	16+ years	Fri	12:30-1:15pm	Feb 2-Feb 23	Fitness Studio	4	$25.00
TIME	6756	16+ years	Fri	12:30-1:15pm	Mar 2-Mar 30	Fitness Studio	4	$25.00

MUSIC IN MOTION
PERFORMING ARTS STUDIO
INVITES YOU TO BE A PART OF OUR
10th SEASON
MUSICAL PRODUCTIONS:

JR. THEATRE:
Fall: Seussical the Musical
Spring: Winnie the Pooh

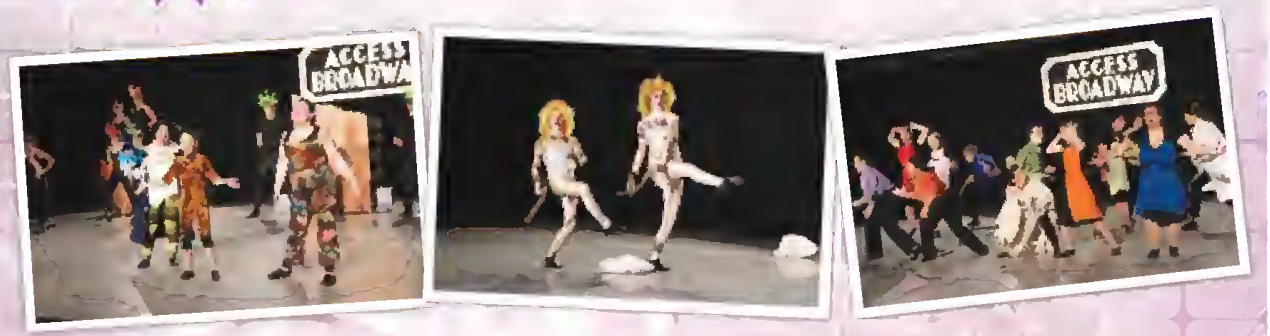
SR. THEATRE:
Fall: Disney's The Little Mermaid
Spring: Guys and Dolls

AND our 100th Musical Production: BEAUTY AND THE BEAST

Sign up for one of our many exciting group or private lessons and become part of our MIMPA family today.

UNDER NEW OWNERSHIP

WE OFFER PRIVATE LESSONS IN:
Piano, Voice, Cello, Violin, Guitar, Flute and Acting



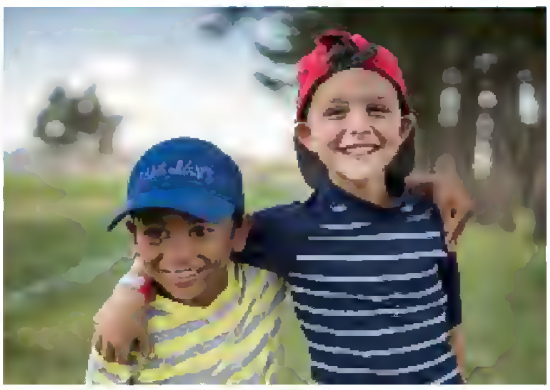
GROUP CLASSES:
Musical Theatre, Dance, Competitive Triple Threat, Acting and Artistic Development

Come in to register
(150 Artesian Industrial Parkway Bradford, ON)
Aug 28 3-9

CALL US AT 905-778-0440
www.mimpa.ca

Leisure Programs







Preschool • Child & Youth • Adult

Active • Arts & Educational

Follow us on:

@bwgleisurecentre

@bwgleisure

@bwgleisurecentre

www.bwgleisurecentre.ca

BWG LEISURE CENTRE

Preschool Programs

Preschool: Active Programs

Baby Circle

For children 3-8 months. This 45 minute class promotes a unique learning opportunity as well as a fun way to bond with your new baby. Parent and baby will be involved in an interactive circle full of stories, songs and activities that encourage early learning skills. This program is a great way to introduce social skills to your baby while also allowing a chance for parents to socialize with other new parents in the community.

Hop, Skip & Jump

For children ages 1 - 3 years. Please note: this is a parent participation program. Note: Children must be walking independently. This action packed program promotes physical activity in a fun and safe environment. The focus is to stimulate children while developing cognitive, social, and motor skills through active and cooperative play. Hop, Skip & Jump gives children the opportunity to establish a positive attitude towards physical activity.

Kinder Rhythm

For children ages 3 - 6 years. Children will explore movement through music and rhythm while learning dance routines. Increased body awareness, fitness, and coordination are some of the benefits of this program. Participants should wear flexible clothing and clean indoor running shoes. Kinder Rhythm is offered in partnership with Elite Dance Corps and is held at their location at 33 Holland St E (main entrance and parking at the rear and accessible from John St. & Allan Lane)

Lots for Tots

For children 2 - 4 years. Please note: this is a parent participation program. This preschool program gives children the opportunity to explore their creative side as well as burn off some energy. Class begins with a story time, followed by exploring the world of arts and crafts, and ends with an energy bursting kinder play time in the gymnasium. This program is a great way to prepare your little one for school.

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%

Course Name	Code	Age	Day	Times	Dates	Complex	# of Classes	Res. Fee
Baby Circle	6787	3-8 months	Fri	9:15am-10:00am	Sep 29-Oct 27	BWG Leisure Centre	5	$50.00
Baby Circle	6788	3-8 months	Fri	9:15am-10:00am	Nov 10-Dec 8	BWG Leisure Centre	5	$50.00
Hop, Skip & Jump	6770	1-3 years	Tue	10:30am-11:15am	Sep 26-Nov 21	BWG Leisure Centre	8	$64.00
Kinder Rhythm	6775	3-6 years	Sat	9:15am-9:45am	Oct 14-Nov 18	Elite Dance Corps	6	$62.00
Lots for Tots	6772	2-4 years	Wed	10:30am-11:30am	Sep 27-Oct 25	BWG Leisure Centre	5	$55.00
Lots for Tots	6773	2-4 years	Wed	10:30am-11:30am	Nov 8-Dec 6	BWG Leisure Centre	5	$55.00
Baby Circle	6911	3-8 months	Fri	9:15am-10:00am	Jan 19-Feb 16	BWG Leisure Centre	5	$50.00
Baby Circle	6912	3-8 months	Fri	9:15am-10:00am	Feb 23-Mar 30	BWG Leisure Centre	5	$50.00
Hop, Skip & Jump	6842	1-3 years	Tue	10:30am-11:15am	Jan 16-Mar 6	BWG Leisure Centre	8	$64.00
Kinder Rhythm	6853	3-6 years	Sat	9:15am-9:45am	Jan 27-Mar 3	Elite Dance Corps	6	$62.00
Lots for Tots	6846	2-4 years	Wed	10:30am-11:30am	Jan 31-Feb 28	BWG Leisure Centre	5	$55.00

Monkeynastix

For ages 1-6 years. Please note: this is a parent participation program (for ages 1-4 years), one parent per child. Children must be walking independently. Monkeynastix is a fun, non-competitive fitness movement education program developing children's balance, strength, co-ordination, body awareness and gross motor skills. Children follow a circuit with specialized equipment focusing on a specific skill for each class. For more information go to www.monkeynastixyork.ca

Parent & Tot Kinder Rhythm

For children ages 18 months - 3 years. Children will explore movement through music and rhythm while learning dance routines. Increased body awareness, fitness, and coordination are some of the benefits of this program. Participants should wear flexible clothing and clean indoor running shoes. Parent & Tot Kinder Rhythm is offered in partnership with Elite Dance Corps and is held at their location at 33 Holland St E (main entrance and parking at the rear and accessible from John St. & Allan Lane).

Course Name	Code	Age	Day	Times	Dates	Complex	# of Classes	Res. Fee
Monkeynastix	6758	1-2 years	Sun	9:00am-9:30am	Sep 24-Nov 26	BWG Leisure Centre	9	$111.50
Monkeynastix	6759	2-3 years	Sun	9:45am-10:15am	Sep 24-Nov 26	BWG Leisure Centre	9	$111.50
Monkeynastix	6760	2-3 years	Sun	10:30am-11:00am	Sep 24-Nov 26	BWG Leisure Centre	9	$111.50
Monkeynastix	6789	4-6 years	Sun	11:15am-11:45am	Sep 24-Nov 26	BWG Leisure Centre	9	$111.50
Parent & Tot Kinder Rhythm	6776	18 months-3 years	Mon	10:00am-10:30am	Sep 25-Nov 6	Elite Dance Corps	6	$62.00
Monkeynastix	6843	1-2 years	Sun	9:00am-9:30am	Jan 21-Mar 25	BWG Leisure Centre	9	$111.50
Monkeynastix	6844	2-3 years	Sun	9:45am-10:15am	Jan 21-Mar 25	BWG Leisure Centre	9	$111.50
Monkeynastix	6845	2-3 years	Sun	10:30am-11:00am	Jan 21-Mar 25	BWG Leisure Centre	9	$111.50
Monkeynastix	6789	4-6 years	Sun	11:15am-11:45am	Sep 24-Nov 26	BWG Leisure Centre	9	$111.50
Parent & Tot Kinder Rhythm	6851	18 months-3 years	Mon	10:00am-10:30am	Jan 22-Mar 5	Elite Dance Corps	6	$62.00

Leisure Programs Refund Policy

Program cancelled by Community Services Department (Leisure Services)	Full refund, credit or transfer
If you cancel at least 7 days prior to the program start date	Written request. $15 administration fee withheld from your refund
Less than 7 days prior to the program start date	Written request. $25 administration fee withheld from your refund
25% of program or more of program has been completed	No refund, credit or transfer
Program completed	No refund, credit or transfer
Non-attendance	No refund, credit or transfer or make-up classes
Minimum numbers	Refund will not be issued if cancellation affects minimum numbers
Medical reasons	Medical note provided. A $10 administrative fee plus prorated fees will be applied

Make up classes due to a participant's illness or personal commitments will not be available.

Changes: The Community Services Department reserves the right to withdraw, postpone, cancel, combine or alter any programs in the guide without notice if required, due to lack of registration, change of policy or availability of facilities or instructors.

Preschool Programs

Playball for 3 to early 4's

For children 3-4 years. Parent participation may be required. Participants must be 3 years by program start date. This is a non-competitive and comprehensive program of games carefully designed to teach a wide range of basic sport and social skills. The emphasis is to have fun with movement while playing games with a ball so that the child's introduction to sport is a positive one. For more information go to www.playball.ca.

Playball Two Can Do!

For children 2 years.This is a parent participation program, one parent per child. Children must be 2 years by program start date. A gentle introduction to gross motor and sports skills for two year olds; Playball's Two Can Do program provides a wide range of suitable activities to stimulate and improve locomotion, balance, body awareness, muscular development and fine motor skills. For more information go to www.playball.ca



Toddler Time

For children 1 - 3 years. Please note this is a parent participation program. This program has it all! It gives children an opportunity to explore their creative side by introducing crafts. Children learn to sit in a circle and participate in story time, songs, rhymes and games. They also learn to enhance social skills by enjoying free play in the gymnasium.

Course Name	Code	Age	Day	Times	Dates	Complex	# of Classes	Res. Fee
Playball for 3 to early 4's	6761	3-4 years	Sat	10:00am-10:45am	Sep 23-Dec 9	BWG Leisure Centre	10	$139.25
Playball for 3 to early 4's	6764	3-4 years	Wed	5:00pm-5:45pm	Sep 27-Nov 29	BWG Leisure Centre	10	$139.25
Playball Two Can Do!	6763	2 years	Sat	9:15am-9:45am	Sep 23-Dec 9	BWG Leisure Centre	10	$122.25
Toddler Time	6781	1-3 years	Mon	5:30pm-6:30pm	Sep 25-Oct 30	BWG Leisure Centre	5	$55.00
Toddler Time	6782	1-3 years	Mon	5:30pm-6:30pm	Nov 13-Dec 11	BWG Leisure Centre	5	$55.00
Toddler Time	6783	1-3 years	Mon	10:00am-11:00am	Sep 25-Oct 30	BWG Leisure Centre	5	$55.00
Toddler Time	6784	1-3 years	Mon	10:00am-11:00am	Nov 13-Dec 11	BWG Leisure Centre	5	$55.00
Playball for 3 to early 4's	6849	3-4 years	Wed	5:00pm-5:45pm	Jan 17-Mar 28	BWG Leisure Centre	10	$139.25
Playball for 3 to early 4's	6850	3-4 years	Sat	10:00am-10:45am	Jan 20-Apr 7	BWG Leisure Centre	10	$139.25
Playball Two Can Do!	6848	2 years	Sat	9:15am-9:45am	Jan 20-Apr 7	BWG Leisure Centre	10	$122.25
Toddler Time	6838	1-3 years	Mon	5:30pm-6:30pm	Jan 15-Feb 12	BWG Leisure Centre	5	$55.00
Toddler Time	6839	1-3 years	Mon	5:30pm-6:30pm	Feb 26-Apr 9	BWG Leisure Centre	5	$55.00
Toddler Time	6840	1-3 years	Mon	10:00am-11:00am	Jan 15-Feb 12	BWG Leisure Centre	5	$55.00
Toddler Time	6841	1-3 years	Mon	10:00am-11:00am	Feb 26-Apr 9	BWG Leisure Centre	5	$55.00

Tumble Bugs Gymnastics

Please note: This is a parent participation program. This parent and tot program is designed to introduce children to the basic patterns of human body movement in a fun and engaging environment. Parents will aid their child through circuits and obstacle courses designed specifically for this age range by certified staff. This program is offered in partnership with Genesis Gymnastics and is held at their location at 401 Dissette St, Units 8 &9.

Twisting Tykes Gymnastics

For children 3 - 5 years. This preschool program is designed to take children through a fun and engaging warm up followed by an introduction to gymnastics. Children follow the instruction of a certified coach without their parents' participation. This program is offered in partnership with Genesis Gymnastics and is held at their location at 401 Dissette St. Unit 8 & 9.



Classes are not offered:

Thanksgiving Weekend
Saturday, October 7-
Monday, October 9, 2017

Halloween (evening programs)
Tuesday, October 31, 2017

Family Day
Monday, February 19, 2018

March Break
Monday, March 12-
Sunday, March 18, 2018

World of Discovery

For children 2-4 years. Please note this is a parent participation program. This preschool program gives children the opportunity to discover and create. Children will be introduced to the wonderful world of science, geography, art and more. Each day is a fun adventure filled with crafts, stories, and experiments. There is also a time for free play in the gymnasium. This wonderful class demonstrates that learning can be fun. Come and explore today!

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%

Course Name	Code	Age	Day	Times	Dates	Complex	# of Classes	Res. Fee
Tumble Bugs Gymnastics	6766	1.5-4 years	Thu	9:30am-10:15am	Sep 28-Nov 2	Genesis Gymnastics	6	$74.25
Tumble Bugs Gymnastics	6767	1.5-4 years	Thu	9:30am-10:15am	Nov 9-Dec 14	Genesis Gymnastics	6	$74.25
Twisting Tykes Gymnastics	6768	3-5 years	Thu	10:30am-11:30am	Sep 28-Nov 2	Genesis Gymnastics	6	$93.00
Twisting Tykes Gymnastics	6769	3-5 years	Thu	10:30am-11:30am	Nov 9-Dec 14	Genesis Gymnastics	6	$93.00
World of Discovery	6785	2-4 years	Fri	10:30am-11:30am	Sep 29-Oct 27	BWG Leisure Centre	5	$55.00
World of Discovery	6786	2-4 years	Fri	10:30am-11:30am	Nov 10-Dec 8	BWG Leisure Centre	5	$55.00
Tumble Bugs Gymnastics	6836	1.5-4 years	Thu	9:30am-10:15am	Jan 25-Mar 1	Genesis Gymnastics	6	$74.25
Twisting Tykes Gymnastics	6837	3-5 years	Thu	10:30am-11:30am	Jan 25-Mar 1	Genesis Gymnastics	6	$93.00
World of Discovery	6847	2-4 years	Fri	10:30am-11:30am	Feb 2-Mar 2	BWG Leisure Centre	5	$55.00

Preschool Programs

Preschool: Arts & Educational Programs

Baking Buddies - Around the World

For children 3-5 years. This program provides a hands on cooking experience and is a great way to introduce your child to the kitchen while trying new flavours. Each week we will touch on a different country and prepare healthy treats, learning some words, types of food, and culture (Mexico, China, Italy, France etc). Please bring a container for treats to take home along with a binder for recipes and handouts. Additional food costs of $20.00 payable to the instructor on the first day of class.



Baking Buddies - Littlest Bake Shop

For children 3-5 years. This program will provide a great hands on baking experience. Children will enjoy measuring, mixing, pouring, and decorating different baked goods in the Littlest Bake Shop. Bring a cookie tin to bring home your goodies. Additional food costs of $20.00 payable to the instructor on the first day of class.

Broadway Babies

For children 2 - 4 years. Every day is a performance! Each lesson, the class will learn a short routine (centred around a new theme each week) to perform for their parents or guardian at the end of each class in costume! Great for helping little ones to become fearless onstage, without the build up or pressure of a show. In partnership with Music in Motion Performing Arts.

Music & Movement

For children 6 months - 1.5 years. Please note, this is a parent participation program. This is an introduction to music appreciation, rhythm, motor skills, facial expression and emotional intelligence. Parents and their babies will learn through exercises and activities that they can repeat at home! In partnership with Music in Motion Performing Arts.

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%

Course Name	Code	Age	Day	Times	Dates	Complex	# of Classes	Res. Fee
Baking Buddies Around the World	6778	3-5 years	Tue	4:30pm-5:30pm	Sep 12-Oct 17	Community Centre	6	$87.75
Baking Buddies Littlest Bake Shop	6780	3-5 years	Tue	4:30pm-5:30pm	Nov 7-Dec 12	Community Centre	6	$87.75
Baking Buddies Around the World	6777	3-5 years	Mon	4:30pm-5:30pm	Nov 6-Dec 11	Community Centre	6	$87.75
Broadway Babies	6827	2-4 years	Tue	10:15am-11:00am	Sep 12-Oct 31	BWG Leisure Centre	8	$70.00
Broadway Babies	6828	2-4 years	Sun	10:30am-11:15am	Sep 10-Nov 5	BWG Leisure Centre	8	$70.00
Music & Movement	6826	6 months-1.5 years	Tue	9:30am-10:15am	Sep 12-Oct 31	BWG Leisure Centre	8	$70.00
Baking Buddies Around the World	6897	3-5 years	Tue	4:30pm-5:30pm	Jan 16-Feb 20	Community Centre	6	$87.75
Broadway Babies	6880	2-4 years	Tue	10:15am-11:00am	Jan 16-Mar 6	BWG Leisure Centre	8	$70.00
Music & Movement	6854	6 months-1.5 years	Tue	9:30am-10:15am	Jan 16-Mar 6	BWG Leisure Centre	8	$70.00

BWG LEISURE CENTRE

BIRTHDAY PARTIES

@ the BWG LEISURE CENTRE!

905-775-7529
www.bwgleisurecentre.ca

GYM

Kinder Play Party

- 1 hour in half the Gymnasium &1 hour in the Party Room
- Mats for rolling and jumping, mini trampoline, tunnels, balls, hoops and more
- A Gym Attendant will be on hand to ensure proper use of the equipment and assist you with your party

Age: up to 5 years | 16 children maximum

$160 +HST

Sports Party

- 1 hour in half the Gymnasium & 1 hour in the Party Room
- Sports themed activities for your child's birthday party led by staff
- Select from a range of activities such as volleyball, badminton, dodge ball, floor hockey or basketball

Age: 5-12 years | 20 children maximum

$160 +HST

Parental supervision and indoor shoes required.

Availability: Saturdays & Sundays 1:30 or 4:00pm (as space permits)
July & August 2:30pm

SWIM

Package #1

- 1 hour in the Pool
- 1 hour in the Party Room
- Pool includes: Leisure Pool, Relaxation Pool and Water Slide

Age: all ages | 30 participant maximum

$253 +HST

Package #2

- 1 hour in the Pool
- 1 hour in the Party Room
- Pool includes: Leisure Pool, Relaxation Pool and Water Slide and 4 lanes of the Lap Pool with Aqua Glide (an inflatable water adventure series)

Age: all ages | 30 participant maximum

$332.75 +HST

Parental supervision ratio required. See *www.bwgleisurecentre.ca* for **Aquatic Admission Policy**

Slide Policy: All riders must be 48" in height and complete the facility swim test in order to ride the water slide.

Availability: Saturdays starting at 3:00pm (as space permits)

SKATE

Skating Party (Leisure Skate)

- Your group can attend a scheduled Leisure Skating session and rent a room for your party
- Cost: Public Skating rates per person plus Room Rental rates based on length of time required. Please book in advance.

Age: open to all ages

Private Skating Party

- 50 minutes on the Rink & 1 hour in the Party Room
- Private use of Ice Rink
- Party time will be based on ice and room availability

Age: open to all ages | 20 children maximum

$215 +HST

Parental supervision and helmet required

The renter is responsible for supplying food, accessories and party favours. Additional time or space requirements must be booked in advance and will be charged accordingly.

Birthday Party Cancellation Policy: Please note that cancellation must be in writing and received by the Leisure Centre staff 7 days or more prior to booking date. You will be refunded minus a $25.00 Administration Fee. No refunds if cancellation is less than 7 days prior to booking date.

Child & Youth: Active Programs

Dance with me!

For children ages, 4-7 years. This is a dance class for both the child and parent to take together! Sometimes children can be a bit shy when beginning to take lessons for the first time. This helps give the child a great first experience and create memories with their parent that will last a life time! In partnership with Music in Motion Performing Arts.

Girls Night Out

For children 8-12 years. This is an opportunity for girls to get out with other girls and try a variety of activities. Each week a new activity will be introduced - such as fitness, dance, craft activities, and more. This program is held in a variety of facilities and times may fluctuate slightly depending on the activity. Schedule will be distributed on the first night.

Intro to Cheerleading Jr

For children 7-11 years.This program is designed to introduce children to the fundamentals of cheerleading. The program will incorporate cheer, stunt, dance, and basic gymnastics skills. Please bring indoor running shoes. This program is offered in partnership with Genesis Gymnastics and is held at their location, 401 Dissette St. units 8 & 9.



Intro to Cheerleading Sr

For children 12-15 years. This program is designed to introduce children to the fundamentals of cheerleading. The program will incorporate cheer, stunt, dance and basic gymnastics skills. Please bring indoor running shoes. This program is offered in partnership with Genesis Gymnastics and is held at their location, 401 Dissette St. units 8 & 9

Intro to Gymnastics

For children 6-8 years. By improving strength, coordination, flexibility and balance, children will develop a great understanding of fitness. This fun 60 minute class allows children to progress through a level system at their own pace, helping them develop a positive and healthy self-image. This program is offered in partnership with Genesis Gymnastics and is held at their location 401 Dissette St. Unit 8 & 9

Course Name	Code	Age	Day	Times	Dates	Complex	# of Classes	Res. Fee
Dance with me!	6834	4-7 years	Sun	11:15am-12:00pm	Sep 10-Nov 5	BWG Leisure Centre	8	$70.00
Girls Night Out	6901	8-12 years	Fri	7:00pm-8:30pm	Oct 6-Nov 10	BWG Leisure Centre	6	$70.00
Intro to Cheerleading Jr	6796	7-11 years	Sat	12:30pm-1:30pm	Oct 14-Dec 2	Genesis Gymnastics	8	$123.75
Intro to Cheerleading Sr	6797	12-15 years	Sat	1:30pm-2:30pm	Oct 14-Dec 2	Genesis Gymnastics	8	$123.75
Intro to Gymnastics	6795	6-8 years	Sat	11:00am-12:00pm	Oct 14-Dec 2	Genesis Gymnastics	8	$123.75
Girls Night Out	6903	8-12 years	Fri	7:00pm-8:30pm	Jan 12-Feb 16	BWG Leisure Centre	6	$70.00
Intro to Cheerleading Jr	6864	7-11 years	Sat	12:30pm-1:30pm	Jan 27-Mar 24	Genesis Gymnastics	8	$123.75
Intro to Cheerleading Sr	6865	12-15 years	Sat	1:30pm-2:30pm	Jan 27-Mar 24	Genesis Gymnastics	8	$123.75
Intro to Gymnastics	6861	6-8 years	Sat	11:00am-12:00pm	Jan 27-Mar 24	Genesis Gymnastics	8	$123.75

Intro to Tap JR

For children 5-8 years. This is a great beginning for children and teens interested in trying out Tap dancing and Broadway styles in a low pressure, encouraging environment. Either tap shoes or clean running shoes required. In partnership with Music in Motion Performing Arts.

Intro to Tap SR

For children 9-14 years. This is a great beginning for children and teens interested in trying out Tap dancing and Broadway styles in a low pressure, encouraging environment. Either tap shoes or clean running shoes required. In partnership with Music in Motion Performing Arts.

Just for Kids Tennis 1- JR

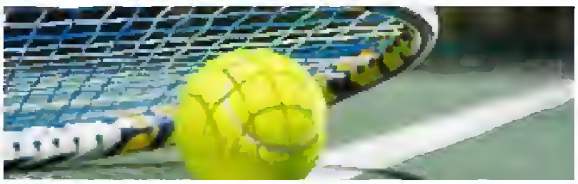
For children 5-7 years. A unique indoor program introducing children to the game of tennis! Tennis skills are learned using progressive, innovative, teaching methods. Children learn how to serve and properly hit a forehand, backhand, and volley to be able to play and "LUV" the game of tennis. Tennis racquets are provided. Participants must wear clean indoor running shoes.
Fall Session: Weather permitting outdoor classes will be held at Lions Park Tennis Courts.

Just for Kids Tennis 2- SR

For children 8-10 years. A unique indoor program introducing children to the game of tennis! Tennis skills are learned using progressive, innovative, teaching methods. Children learn how to serve and properly hit a forehand, backhand, and volley to be able to play and "LUV" the game of tennis. Tennis racquets are provided. Participants must wear clean indoor running shoes.
Fall Session: Weather permitting outdoor classes will be held at Lions Park Tennis Courts.

Just for Kids Tennis 3- Advanced

For children 7-11 years. A Unique indoor program for kids to play tennis who have previous playing experience or have had previous tennis lessons. Participants are just beginning to properly serve, rally and volley over the net and to start playing a competitive game of tennis. Program focuses on improving tennis skills and fitness with advanced tennis drills, competitive games, to learn game winning playing strategies. Participants must wear clean indoor running shoes.
Fall Session: Weather permitting outdoor classes will be held at Lions Park Tennis courts. Also includes individual drills that will challenge participants.



All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%

Course Name	Code	Age	Day	Times	Dates	Complex	# of Classes	Res. Fee
Intro to Tap JR	6830	5-8 years	Fri	4:00pm-4:45pm	Sep 8-Oct 27	BWG Leisure Centre	8	$70.00
Intro to Tap SR	6831	9-14 years	Fri	6:00pm-6:45pm	Sep 8-Oct 27	BWG Leisure Centre	8	$70.00
Just for Kids Tennis 1- JR	6790	5-7 years	Thu	4:00pm-4:45pm	Sep 28-Nov 30	BWG Leisure Centre	10	$103.25
Just for Kids Tennis 2- SR	6791	8-10 years	Thu	4:45pm-5:30pm	Sep 28-Nov 30	BWG Leisure Centre	10	$103.25
Just for Kids Tennis 3- Advanced	6792	7-11 years	Thu	5:30pm-6:15pm	Sep 28-Nov 30	BWG Leisure Centre	10	$103.25
Just for Kids Tennis 1- JR	6858	5-7 years	Thu	4:00pm-4:45pm	Feb 1-Apr 12	BWG Leisure Centre	10	$103.25
Just for Kids Tennis 2- SR	6859	8-10 years	Thu	4:45pm-5:30pm	Feb 1-Apr 12	BWG Leisure Centre	10	$103.25
Just for Kids Tennis 3- Advanced	6860	7-11 years	Thu	5:30pm-6:15pm	Feb. 1-Apr. 12	BWG Leisure Centre	10	$103.25

Playball Multi-Sport

For children 4-5 years. This is a non-competitive and comprehensive program of games carefully planned to teach a wide range of sports and social skills. Participants are asked to wear comfortable clothing and running shoes. For more information go to www.playball.ca

Softball Fundamentals Clinic

Softball Fundamentals Clinic (8 - 12 years). Limitless Softball will host a 6 week clinic that offers children an opportunity to participate in a skill development program. While learning the basics of Softball, participants will gain transferrable skills such as agility, balance, coordination, team work, and communication. Fielding, base running, and hitting drills will all be focused on. A glove, indoor shoes and water bottle are required. This program is offered in partnership with Limitless Softball and is held at the Bradford Sports Dome, 2971 10th Sideroad. Softball Fundamentals will not be offered on Saturday February 17, 2018.



Softball Mini-Series

Softball Mini-Series (12 - 14 years). Wishing you could still run out on the field and play some ball? Now you can! Introducing the Limitless Softball Mini-Series, children ages 12-14 are invited to join a 8 week program that allows them to grab a bat and compete against one another. Week 1 will be an assessment of players so that the coaches can organize their teams. The following 7 weeks will be 1-hour games that have 2 teams squaring off. A glove, indoor shoes, and water bottle are required. Children are encouraged to bring their own helmet if they have one. This program is offered in partnership with Limitless Softball and is held at the Bradford Sports Dome, 2971 10th Sideroad.

Sledge Hockey

Offered in partnership with All Sports All People. Sledge Hockey provides people of all abilities and ages to participate in an exciting adapted sport. Experience the sport of Sledge Hockey. Learn the basics, including skill development. Each week will include a friendly scrimmage. Individuals or families welcome to participate. Sledges and sledge hockey sticks provided. Bring your own CSA hockey helmet with a visor/cage and hockey gloves.
Register for the 6 week program or weekly drop-in fee of $11.50 per person is also available.

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%

Course Name	Code	Age	Day	Times	Dates	Complex	# of Classes	Res. Fee
Playball Multi-Sport	6762	4-5 years	Sat	11:00am-11:45am	Sep 23-Dec 9	BWG Leisure Centre	10	$139.25
Playball Multi-Sport	6765	4-5 years	Wed	6:00pm-6:45pm	Sep 27-Nov 29	BWG Leisure Centre	10	$139.25
Softball Mini-Series	6798	12-14 years	Sat	9:00am-10:00am	Sep 23-Nov 18	Bradford Sports Dome	8	$80.00
Sledge Hockey	6997	6-14 years	Wed	3:15-4:30pm	Sep 20-Oct 25	BWG Leisure Centre	6	$60.00
Playball Multi-Sport	6855	4-5 years	Sat	11:00am-11:45am	Jan 20-Apr 7	BWG Leisure Centre	10	$139.25
Playball Multi-Sport	6856	4-5 years	Wed	6:00pm-6:45pm	Jan 24-Apr 4	BWG Leisure Centre	10	$139.25
Softball Fundamentals Clinic	6866	8-12 years	Sat	9:00am-10:00am	Jan 27-Mar 10	Bradford Sports Dome	6	$50.00

Triple Threat Dance JR

For children 6-9 years. Try a sample of different dance styles and discover your favourite! Start with 3 weeks of Jazz, which is a combination of high and low energy steps. Then move on to 3 weeks of Acro, which is a combination of jazz and gymnastic techniques. Finish off with 3 weeks of Hip Hop, which includes the most recent moves from today's pop culture. Participants should wear flexible clothing and clean indoor running shoes. This program is offered in partnership with Elite Dance Corps and is held at their location, 33 Holland St. E (main entrance and parking at the rear and accessible from John St. & Allan Lane).



Classes are not offered:

Thanksgiving Weekend
Sat Oct 7-Mon Oct 9, 2017

Halloween (evening programs)
Tuesday, October 31, 2017

Family Day
Monday, February 19, 2018

March Break
Mon Mar 12- Sun Mar 18, 2018



Triple Threat Dance SR

For children ages 10-13 years. Try a sample of different dance styles and discover your favourite! Start with 3 weeks of Jazz, which is a combination of high and low energy steps. Then move on to 3 weeks of Acro, which is a combination of jazz and gymnastic techniques. Finish off with 3 weeks of Hip Hop, which includes the most recent moves from today's pop culture. Participants should wear flexible clothing and clean indoor running shoes. This program is offered in partnership with Elite Dance Corps and is held at their location, 33 Holland St. E (main entrance and parking at the rear and accessible from John St. & Allan Lane).

Welcome to Broadway

For children ages, 5-14 years. A Triple Threat is a performer who sings, dances and acts! This program is an introduction for kids and teens that want to become a Triple Threat! Students will learn a variety of Broadway Show routines to help introduce them to the rudiments of these skills. In partnership with Music in Motion Performing Arts.

Course Name	Code	Age	Day	Times	Dates	Complex	# of Classes	Res. Fee
Triple Threat Dance JR	6793	6-9 years	Thu	5:00pm-5:45pm	Oct 5-Nov 30	Elite Dance Studio	9	$72.25
Triple Threat Dance SR	6794	10-13 years	Thu	6:00pm-6:45pm	Oct 5-Nov 30	Elite Dance Studio	9	$72.25
Welcome to Broadway JR	6832	5-8 years	Fri	5:00pm-5:45pm	Sep 8-Oct 27	BWG Leisure Centre	8	$70.00
Welcome to Broadway SR	6833	9-14 years	Fri	7:00pm-7:45pm	Sep 8-Oct 27	BWG Leisure Centre	8	$70.00
Triple Threat Dance JR	6862	6-9 years	Thu	5:00pm-5:45pm	Feb 1-Apr 5	Elite Dance Studio	9	$72.25
Triple Threat Dance SR	6863	10-13 years	Thu	6:00pm-6:45pm	Feb 1-Apr 5	Elite Dance Studio	9	$72.25

Child & Youth: Arts & Educational

Christmas Craft Workshop

For children 7-12 years. Create your own special polymer clay seasonal keepsake for gift giving or decoration. Join Amanda from Pook Designz who will provide step by step instructions, so that you can make, bake, and take home your creation.

Halloween Craft Workshop

For children 7-12 years. Create your own special polymer clay seasonal keepsake for gift giving or decoration. Join Amanda from Pook Designz who will provide step by step instructions, so that you can make, bake and take home your creation.

Valentines Craft Workshop

For children 7-12 years. Create your own special polymer clay seasonal keepsake for gift giving or decoration. Join Amanda from Pook Designz who will provide step by step instructions, so that you can make, bake, and take home your creation.

Kids in the Kitchen

For children 6-9 years.This program is a great hands on, interactive cooking experience. Getting back to the basics and making recipes from scratch. Using baking and cooking techniques and creating a recipe from the one given in class. Popularity of cooking classes shows how much food has become an art in our society. Great essential life skills and are a wonderful way to express their creativity. Children are more likely to try foods they have made themselves and share with family. Please bring to class a container and a binder for recipes and handouts. Additional food cost of $20.00 payable to instructor on the first day of class.

Teen Cuisine

For children 10-15 years. This course will show students getting back to the basics in the kitchen and cooking from scratch just like going to chef school. Discussing the rules of the kitchen, tips and tricks on baking, cooking techniques, understanding how to read a recipe and be creative. Making healthy dishes and treats by cutting back on sugars, fats and sodium for a better tasting dish. Popularity of cooking classes indicates food has become an art in our society and an essential life skill. Additional food cost of $20.00 payable to instructor on the first day of class.

Course Name	Code	Age	Day	Times	Dates	Complex	# of Classes	Res. Fee
Christmas Craft Workshop	6805	7-12 years	Wed	6:30pm-8:30pm	Dec 6	Community Centre	1	$20.75
Halloween Craft Workshop	6804	7-12 years	Wed	6:30pm-8:30pm	Oct 18-Oct 18	Community Centre	1	$20.75
Kids in the Kitchen	6892	6-9 years	Mon	5:45pm-7:15pm	Nov 6-Dec 11	Community Centre	6	$87.75
Kids in the Kitchen	6890	6-9 years	Tue	5:45pm-7:15pm	Sep 12-Oct 17	Community Centre	6	$87.75
Kids in the Kitchen	6891	6-9 years	Tue	5:45pm-7:15pm	Nov 7-Dec 12	Community Centre	6	$87.75
Teen Cuisine	6895	10-15 years	Mon	7:30pm-9:00pm	Nov 6-Dec 11	Community Centre	6	$87.75
Teen Cuisine	6893	10-15 years	Tue	7:30pm-9:00pm	Sep 12-Oct 17	Community Centre	6	$87.75
Teen Cuisine	6894	10-15 years	Tue	7:30pm-9:00pm	Nov 7-Dec 12	Community Centre	6	$87.75
Valentines Craft Workshop	6868	7-12 years	Wed	6:30pm-8:30pm	Feb 7	Community Centre	1	$20.75
Kids in the Kitchen	6898	6-9 years	Tue	5:45pm-7:15pm	Jan 16-Feb 20	Community Centre	6	$87.75
Teen Cuisine	6899	10-15 years	Tue	7:30pm-9:00pm	Jan 16-Feb 20	Community Centre	6	$87.75

Drum Circle

For children 8 - 15 years. Introducing an exciting new program in partnership with Canadian Drumgear. In this Cajon drum circle you will learn hand drumming techniques. An introduction to sticks will follow towards the end. Meet new friends while learning a new musical skill.

Coming soon:

Wheelchair Basketball

Learn the basics of wheelchair basketball and how to manoeuver the wheelchair.

Date: Thursday, September 19- November 7, 2017 (8 weeks)
Ages: 12 years +
Location: BWG Leisure Centre Gymnasium

Participants must wear suitable indoor shoes. Limited spaces available. Instruction provided by Brad Bowden, from All Sports All People and former Para Olympic athlete

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%



St. John Ambulance- Babysitting Basics

For children 10.5-16 years. This program teaches the skills necessary to care for infants, toddlers, and preschoolers. Participants will learn what questions to ask parents, how to handle emergencies, and first-aid basics. Hands-on practice will help build confidence. Handbook included. Please bring a doll approximately 25" in height, a nut free lunch, and a pencil.

St. John Ambulance- Home Alone

For children 8-12 years. Participants will learn how to handle telephone calls, people at the door, when to call 911, what to do in a storm, how to keep occupied, basic first aid, what to do if your friends want to come over, and the do's and dont's of cooking. Participants will receive a certificate of attendance.

Course Name	Code	Age	Day	Times	Dates	Complex	# of Classes	Res. Fee
Drum Circle	6829	8-15 years	Wed	5:45pm-6:15pm	Sep 27-Nov 15	Canadian Drum Gear	8	$150.00
St. John Ambulance-Babysitting Basics	6808	10.5-16 years	Fri	9:00am-5:00pm	Oct 20-Oct 20	Community Centre	1	$60.00
St. John Ambulance-Babysitting Basics	6809	10.5-16 years	Fri	9:00am-5:00pm	Nov 17-Nov 17	Community Centre	1	$60.00
St. John Ambulance-Home Alone	6806	8-12 years	Sat	9:00am-12:00pm	Oct 21-Oct 21	Community Centre	1	$39.50
St. John Ambulance-Home Alone	6807	8-12 years	Sat	1:00pm-4:00pm	Oct 21-Oct 21	Community Centre	1	$39.50
Drum Circle	6909	8-15 years	Wed	5:45pm-6:15pm	Jan 17-Mar 7	Canadian Drum Gear	8	$150.00
St. John Ambulance-Babysitting Basics	6869	10.5-16 years	Fri	9:00am-5:00pm	Jan 5-Jan 5	Community Centre	1	$60.00
St. John Ambulance-Home Alone	6870	8-12 years	Sat	9:00am-12:00pm	Jan 6-Jan 6	Community Centre	1	$39.50
St. John Ambulance-Home Alone	6871	8-12 years	Sat	1:00pm-4:00pm	Jan 6-Jan 6	Community Centre	1	$39.50

KIDS GREAT MINDS PROGRAMS

Adventures in Interactive Programming

For children 8-12 years. Makey Makey is a fun and interactive new way to create and enjoy your own games. Participants will work in partners to design, program and implement through video games, interactive musical instruments, their own unique game controllers, and so much more, using both Makey Makey and common household items (ie; fruit, plants, play-doh, pasta, etc). Watch for more info goo.gl/ceP0wT. Offered in partnership with Kids Great Minds. For more details go to kidsgreatminds.com

App Development

For children 12 -16 years. Create your own apps for smartphone (IPhone or Android). You will learn how to design, create and test your own App. We will take you from beginning to end so you can impress family and friends with your newly created app! Offered in partnership with Kids Great Minds. For more details go to kidsgreatminds.com

Cartoon Computer Animation

For children 6-11 years. Come unleash your imagination by creating your own animated cartoon movie. Participants will be guided step by step, using special effect sounds in a computerized environment, as you create and watch your cartoon come to life, stimulating creativity and self-expression. At the end of the program children will bring home their animated movies. Offered in partnership with Kids Great Minds. For more details go to kidsgreatminds.com

Games & Animations Programming

For children 8-12 years. This course introduces kids to the amazing world of computer programming. Using fun and easy to use multimedia software, kids will have great adventures creating both games and animations. Participants will be solving problems, designing projects and communicating ideas using stackable blocks and code. Offered in partnership with Kids Great Minds. For more details go to kidsgreatminds.com

JR Games & Animation Programming

For children 6-8 years. Young children will learn beginner coding, allowing them to make their own characters come to life by programming them to move, jump, dance, sing and so much more. Children will learn problem solving, numeracy and literacy while still having fun! Children aren't just learning to code, they are coding to learn. An Apple or Android tablet is required for this program. Offered in partnership with Kids Great Minds. For more details go to kidsgreatminds.com

ONLINE HTML 5

For children 11-15 years. This course will be provided entirely online via videoconference, where a Kids' Great Minds instructor will provide step by step lessons. This course is designed for students to learn the fundamentals of website creation. Participants will learn what a block level tag is, how to create links, add images, use tables, and how to lay out your pages, how to add forms, and even insert video into your website with the new HTML 5 specifications. To participate in this course, you just need a computer (Mac of PC), a microphone and speakers. Once registered, you will receive a link to download the software used during the class and clear instructions on how to install it. Offered in partnership with Kids Great Minds. For more details go to kidsgreatminds.com

ONLINE Java Level 1

For children 12-16 years. This course will be provided entirely online via videoconference, where a Kids' Great Minds instructor will provide step by step lessons. Students will learn the environment setup, basic syntax, objects and classes, basic data type, variable types, modifier types, basic operators, loop control, decision making, numbers, characters, strings and arrays. To participate in this course, you just need a computer (Mac or PC), a microphone and speakers. Once registered, you will receive a link to download the software used during the class and clear instructions on how to install it. This course is part of our intelligent screen time and will be followed by a Java Level 2 course. Offered in partnership with Kids Great Minds. For more details go to kidsgreatminds.com

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%

ONLINE Python Programming

For children 12 + years. This course will be provided entirely online via videoconference, where a Kids' Great Minds instructor will provide step by step lessons. This is an introduction to the world of Python Programming. Students will gain necessary knowledge to work with programming and logical statements to create and understand concepts, loops, and conditional statements. To participate in this course, you just need a computer (Mac or PC), a microphone and speakers. Once registered, you will receive a link to download the software used during the class and clear instructions on how to install it. Offered in partnership with Kids Great Minds. For more details go to kidsgreatminds.com



Web & Blog Creation

For children 11+ years. This course will teach you how to create your own website using Wordpress, a fully functional, user-friendly web development tool. Whether you want to create a travel blog, an e-portfolio, or personal web page, this course is designed for you. By the end of the course, you will have a functional, multi-page website and the skills to develop beautiful websites and blogs from the ground up. Offered in partnership with Kids Great Minds. For more details go to kidsgreatminds.com

Course Name	Code	Age	Day	Times	Dates	Complex	# of Classes	Res. Fee
Kids Great Minds: App Development	6801	12-16 years	Tue	7:00pm-8:15pm	Oct 3-Nov 28	BWG Leisure Centre	8	$187.50
Kids Great Minds: Cartoon Computer Animation	6799	6-11 years	Tue	5:00pm-6:00pm	Oct 3-Nov 28	BWG Leisure Centre	8	$150.00
Kids Great Minds: Games & Animations Programming	6800	8-12 years	Tue	6:00pm-7:00pm	Oct 3-Nov 28	BWG Leisure Centre	8	$150.00
Kids Great Minds: ONLINE HTML 5	6803	11-15 years	Sun	11:30am-12:30pm	Oct 1-Nov 26	Online	8	$150.00
Kids Great Minds: ONLINE Python Programming	6802	12+ years	Sun	10:00am-11:30am	Oct 1-Nov 26	Online	8	$220.00
Kids Great Minds: Adventures in Interactive Progr.	6907	8-12 years	Tues	6:00pm-7:00pm	Jan 16-Mar 6	BWG Leisure Centre	8	$150.00
Kids Great Minds: JR Games & Animation Programming	6908	6-8 years	Tues	5:00pm-6:00pm	Jan 16-Mar 6	BWG Leisure Centre	8	$150.00
Kids Great Minds: ONLINE HTML 5	6904	11-15 years	Sun	11:30am-12:30pm	Jan 14-Mar 4	Online	8	$150.00
Kids Great Minds: ONLINE Java Level1	6905	12-16 years	Sun	10:00am-11:30am	Jan 14-Mar 4	Online	8	$220.00
Kids Great Minds: Web & Blog Creation	6906	11+ years	Tues	7:00pm-8:00pm	Jan 16-Mar 6	BWG Leisure Centre	8	$150.00

Adult: Active Programs

International Ballroom/Latin American Dancing Level 1

For ages 18+ years. Level 1- For beginners, no previous experience required. Learn contemporary Standard (smooth) Ballroom Dancing such as the Slow Waltz, Quick Step, Tango and the Slow Fox Trot as well as Latin American dances such as Cha Cha, Samba, Jive and Rumba. This is a great preparation for dancing at weddings, fundraisers, boat cruises and other special occasions. Registration with a partner is required.

International Ballroom/Latin American DancingLevel 2

For ages 18+years. At this level you will need to have at least two years of experience in all the dances described below. You will learn advanced figures in contemporary Standard (smooth) Ballroom Dancing such as the Slow Waltz, Quick Step, Tango and the Slow Fox Trot as well as Latin American dances such as Cha Cha, Samba, Jive and Rumba. This is a great preparation for dancing at weddings, fundraisers, boat cruises and other special occasions. Registration with a partner is required.

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%

Co-ed Adult Learn to Curl

For ages 18+ years. Co-ed Learn to Curl. Come try the great winter past-time of curling at the Bradford Curling Club. No experience is necessary. Learn the basics of curling in a casual and relaxed setting. Curling equipment is supplied; all participants need is warm, comfortable clothing, gloves and a clean pair of running shoes. Club/league registration available at finish of program if interested. This program is offered in partnership with the Bradford Curling Club and is held at their location at 125 Simcoe Rd. For more details contact: inquiries@bradfordcurlingclub.ca

Co-ed Intermediate Volleyball

For ages 18+ years. This is a competitive and fun program. The team format is to be coordinated at the beginning of each evening. Competitive playing experience required. This program is not for beginners. All participants must arrive no later than 7:45 pm in order to be able to play.

Co-ed Recreational Volleyball

For ages 18+ years. This is a non-competitive and fun program designed for all skill levels. The team format is to be coordinated at the beginning of each evening. All adults welcome.

Course Name	Code	Age	Day	Times	Dates	Complex	# of Classes	Res. Fee
Ballroom Dancing-Level 1	6812	18+ years	Thu	7:00pm-8:15pm	Oct 5-Dec 7	Community Centre	10	$82.75
Ballroom Dancing-Level 2	6813	18+ years	Thu	8:15pm-9:30pm	Oct 5-Dec 7	Community Centre	10	$82.75
Co-ed Adult Learn to Curl	6814	18+ years	Sun	4:00pm-6:00pm	Oct 29-Nov 19	Bradford District Curling Club	4	$60.00
Co-ed Intermediate Volleyball	6810	18+ years	Mon	7:30pm-9:30pm	Sep 25-Dec 4	Holy Trinity High School	10	$40.00
Co-ed Recreational Volleyball	6811	18+ years	Wed	7:30pm-9:30pm	Oct 4-Dec 6	Bradford District High School	10	$40.00
Ballroom Dancing-Level 1	6874	18+ years	Thu	7:00pm-8:15pm	Jan 18-Mar 8	Community Centre	8	$67.75
Ballroom Dancing-Level 2	6875	18+ years	Thu	8:15pm-9:30pm	Jan 18-Mar 8	Community Centre	8	$67.75
Co-ed Intermediate Volleyball	6872	18+ years	Mon	7:30pm-9:30pm	Jan 15-Apr 30	Holy Trinity High School	12	$42.50
Co-ed Recreational Volleyball	6873	18+ years	Wed	7:30pm-9:30pm	Jan 17-Apr 18	Bradford District High School	12	$42.50

Line Dancing

For ages 18+ years. Line Dancing is as fun as it looks. If it is something you have always wanted to try you can get started with us. Under the guidance of an experienced instructor you will be moving and grooving to the music before you know it. Social dance steps will be taught to pop, rock n roll, country and more. Partners not required. Comfortable clothing and indoor running shoes required. More experienced line dancers welcome too. Line dancing drop in fee also available for $5.00 per class.

Sledge Hockey

Offered in partnership with All Sports All People. Sledge Hockey provides people of all abilities and ages to participate in an exciting adapted sport. Experience the sport of Sledge Hockey. Learn the basics, including skill development. Each week will include a friendly scrimmage. Individuals or families welcome to participate. Sledges and sledge hockey sticks provided. Bring your own CSA hockey helmet with a visor/cage and hockey gloves.
Register for the 6 week program or weekly drop-in fee of $11.50 per person is also available.

Skating

For ages 16+ years. This program is designed for beginners and those who had once skated in the past and want to brush up on their skills. A Bradford and District Skating Club Coach will assist you to become a confident skater. CSA helmets are required for this program. This program is offered in partnership with the Bradford and District Skating Club.



Classes are not offered:

Thanksgiving Weekend
Saturday, October 7-
Monday, October 9, 2017

Halloween (evening programs)
Tuesday, October 31, 2017

Family Day
Monday, February 19, 2018

March Break
Monday, March 12-
Sunday, March 18, 2018

Course Name	Code	Age	Day	Times	Dates	Complex	# of Classes	Res. Fee
Line Dancing	6816	18+ years	Tue	7:00pm-8:00pm	Sep 12-Oct 17	BWG Leisure Centre	6	$22.25
Line Dancing	6818	18+ years	Tue	7:00pm-8:00pm	Oct 24-Dec 19	BWG Leisure Centre	8	$29.50
Skating	6815	16+ years	Wed	6:00pm-6:50pm	Oct 11-Nov 15	BWG Leisure Centre	6	$160.00
Sledge Hockey	6998	15+ years	Wed	3:15-4:30pm	Sep 25-Oct 25	BWG Leisure Centre	6	$60.00
Line Dancing	6877	18+ years	Tue	7:00pm-8:00pm	Jan 16-Mar 6	BWG Leisure Centre	8	$29.50
Skating	6876	16+ years	Wed	6:00pm-6:50pm	Mar 21-Apr 25	BWG Leisure Centre	6	$160.00

Adult: Arts & Educational Programs

Cooking with Ease-Souperlicious

For ages 18+ years. The harvest season is here! Kids are back at school and it is a great time to prepare tasty soups for your family to enjoy. Each week we will prepare and discuss a variety of soups using vegetables, legumes, stocks and we will be using herbs and spices as flavouring agents and cutting back on the sodium. Please bring cutting board, knife, dishtowel and 2 small containers. Additional food cost of $30 payable to the instructor on the first day of class.

Cooking with Ease-Thai One On!

For ages 18+ years. Every Thai meal is a delicate balancing act of bold flavours. Learn about the exotic ingredients of Thailand and how the five main flavouring agents sweet, sour, salty and hot make pad Thai, mango salad and many other dishes. Please bring to class a knife, cutting board and dishtowel. Additional food cost of $30 payable to the instructor on the first day of class.

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%

Drum Circle

For ages 18+ years. Introducing an exciting new program in partnership with Canadian Drumgear. In this Cajon drum circle you will learn hand drumming techniques. An introduction to sticks will follow towards the end. Meet new friends while learning a new musical skill.

Photography 1: DSLR Camera Fundamentals

For ages 16+ years. A DSLR in auto is nothing more than an overweight compact camera. In this course we switch it to the manual exposure mode on the very first session and never look back. Clear explanations combined with simple exercises will reveal your camera's true potential and by the third class you will be shooting with confidence to achieve the best possible results. An additional materials fee of $20 will be collected on the first night.

Photography 2: Artistic Approaches

For ages 16+ years. This is a coherent introduction to seeing photographically. Explore the nature of the creative process and the essential elements that strengthen every picture. Exercises will help you interpret a wide range of natural and urban scenery and add a personal touch in the way you define your subject. Expect regular feedback on your work. An additional materials fee of $20 will be collected on the first night. This course is held at Bradford District High School.

Course Name	Code	Age	Day	Times	Dates	Complex	# of Classes	Res. Fee
Cooking with Ease-Souperlicious	6896	18+ years	Mon	7:30pm-9:00pm	Sep 11-Oct 2	Community Centre	4	$84.00
Drum Circle	6835	18+ years	Wed	6:30pm-7:00pm	Sep 27-Nov 15	Canadian Drumgear	8	$150.00
Photography 1: DSLR Camera Fundamentals	6819	16+ years	Wed	7:00pm-9:30pm	Sep 13-Sep 27	Bradford District High School	3	$125.00
Photography 2: Artistic Approaches	6820	16+ years	Wed	7:00pm-9:30pm	Oct 4-Oct 11	Bradford District High School	2	$75.00
Cooking with Ease-Thai One On!	6900	18+ years	Mon	7:30pm-9:00pm	Jan 15-Feb 5	Community Centre	4	$84.00
Drum Circle	6910	18+ years	Wed	6:30pm-7:00pm	Jan 17-Mar 7	Canadian Drumgear	8	$150.00
Photography 1: DSLR Camera Fundamentals	6887	16+ years	Wed	7:00pm-9:30pm	Jan 17-Jan 31	Bradford District High School	3	$125.00
Photography 2: Artistic Approaches	6888	16+ years	Wed	7:00pm-9:30pm	Feb 7-Feb 14	Bradford District High School	2	$75.00

Photography 3 - Scanning and Photo Restoration

For ages 16+ years. Learn how to set-up a flatbed scanner to get the best possible reproduction of 35mm negatives, slides and prints. You'll learn what the optimal scanner settings are and how to scan images directly into Photoshop where the restoration begins. You'll discover the best methods to restore tone and colour and remove dust, scratches and stains from old faded photos. An additional materials fee of $20 will be collected on the first night. This course is held at the Leisure Centre.

Photography 4: Adobe Photoshop Elements

For ages 16+ years. This is digital imaging with the recreational photographer in mind. It is taught in the practical context of problem solving. You will learn simple methods to improve the look of family photos and vacation shots. Learn how professionals use Photoshop to adjust compositional elements and add breathtaking colour to photos. You will be provided with the same images and all instructional notes to practice these techniques in class and at home. A $20.00 materials fee will be collected on the first night.

Photography 5: Photoshop Fine Art Effects

For ages 16+ years. Have you ever wondered what your favourite vacation shot would look like as an impressionistic painting? In this course you'll be given step-by-step instructions to transform digital images into oil or watercolour paintings, charcoal sketches, pencil drawings and much more. We'll also explore various artistic styles and learn how to apply them digitally to your own photographs. Find out how to build eye-popping photo collage and create unique imaging effects with unusual digital lighting. No artistic skill is needed, just a basic understanding of Adobe Photoshop or Photoshop Elements. A materials fee of $20 will be collected by the instructor on the first night. This course is held at Bradford District High School.

Spanish - Introduction to Conversational Spanish

For ages 18+ years. Are you planning a trip? Would you like to learn some simple, easy to use phrases in Spanish? You will learn and practice basic conversational Spanish in a friendly and fun setting.

Spanish: Intermediate Conversational

For ages 18+ years. This class is for those who have completed an Introductory Conversational Spanish program. Participants will continue to work on their Conversational Spanish language skills.

Course Name	Code	Age	Day	Times	Dates	Complex	# of Classes	Res. Fee
Photography 4: Adobe Photoshop Elements	6821	16+ years	Wed	7:00pm-9:30pm	Oct 18-Nov 1	BWG Leisure Centre	3	$125.00
Photography 5: Photoshop Fine Art Effects	6822	16+ years	Wed	7:00pm-9:30pm	Nov 8-Nov 15	Bradford District High School	2	$75.00
Introduction to Conversational Spanish	6824	18+ years	Mon	6:30pm-8:00pm	Oct 16-Dec 4	BWG Leisure Centre	8	$82.75
Spanish: Intermediate Conversational	6823	18+ years	Wed	6:30pm-8:00pm	Oct 18-Dec 6	BWG Leisure Centre	8	$82.75
Photography 3: Scanning and Photo Restoration	6889	16+ years	Wed	7:00pm-9:30pm	Mar 7-Mar 14	BWG Leisure Centre	2	$75.00
Introduction to Conversational Spanish	6879	18+ years	Mon	6:30pm-8:00pm	Jan 15-Mar 19	BWG Leisure Centre	8	$82.75
Spanish: Intermediate Conversational	6878	18+ years	Wed	6:30pm-8:00pm	Jan 17-Mar 7	BWG Leisure Centre	8	$82.75

Holiday Day Camp *(5-11 years)*

Campers must have reached 5 years of age by the first day of camp.

Day Camp for 5 to 11 year olds from Wednesday January 3 to Friday January 5, 2018
Offered from 9:00 am to 4:00 pm at BWG Leisure Centre
Register for one, two or all three days of camp

Bring a nut free lunch, snacks, drinks, water bottle, indoor shoes, ice skates and helmet on scheduled days, clothing and indoor shoes for suitable scheduled activities.

Activities include ice skating, crafts, games, gymnasium activities and special visitors.

-Wednesday January 3, 2018 –Visitor: Brick Door Lego workshop
-Thursday January 4, 2018- Visitor: Fashion Academy
- Friday January 5, 2018 - Lofty Entertainment Magic Show

Holiday Day Camp activities subject to change without notice

Week & Theme & Visitor	Code	Age	Day	Times	Dates	Complex	Res. Fee
Holiday Day Camp Wednesday	6914	5-11 years	Wed	9:00am-4:00pm	Jan 3	BWG Leisure Centre	$37.00
Holiday Day Camp Thursday	6915	5-11 years	Thurs	9:00am-4:00pm	Jan 4	BWG Leisure Centre	$37.00
Holiday Day Camp Friday	6916	5-11 years	Fri	9:00am-4:00pm	Jan 5	BWG Leisure Centre	$37.00
Holiday Day Camp All 3 Days	6917	5-11 years	Wed-Fri	9:00am-4:00pm	Jan 3-5	BWG Leisure Centre	$95.00

Holiday Day Camp Extended Care

Camp Extended Care is available from 8:00 AM to 9:00 AM and from 4:00 PM to 5:30 PM at BWG Leisure Centre. Extended care is available for camp participants only.

Time	Cost (for all 3 days)	Code
8:00-9:00am	$7.75	6921
4:00-5:30pm	$12.25	6925
Both AM & PM	$15.25	6929

Daily drop-in for extended care is $3.25 for 8:00-9:00am care/child and $4.75 for 4:00-5:30pm care/child. If you require before and after care the cost is $6.25. Payment for drop-in is required daily at the time of drop off/pick up.



Schedule subject to change without notice. Non-resident fees: additional 15%

March Break Happenings *(5-11 years)*

Campers must have reached 5 years of age by the first day of camp.

Day Camp for 5 to 11 year olds from 9:00 am to 4:00 pm
Monday March 12 to Friday March 16, 2018 at the BWG Leisure Centre
Bring a nut free lunch, snacks, drinks, water bottle, indoor shoes, clothing suitable for scheduled activities.
Includes: ice skating, crafts, camp games, fitness, gymnasium games and a special visitor
Safe Arrival – if your child is not attending the March Break Camps for any reason, please call us at (905) 775-7529, extension 6007 prior to 9:30 am so we can inform camp staff.

MONDAY MARCH 12 - Visitor: Mystic Drumz
TUESDAY MARCH 13 - Visitor: Fashion Academy
WEDNESDAY MARCH 14 - Visitor: The Brick Door Lego Workshop
THURSDAY MARCH 15 - Visitor: Magic Show
FRIDAY MARCH 16 - Camp Finale Special Event
March Break activities subject to change without notice.

Camp	Code	Age	Day	Times	Dates	Complex	Res. Fee
March Break Happenings	6930	5-11 years	Mon-Fri	9:00am-4:00pm	Mar 12-Mar 16	BWG Leisure Centre	$162.00

Aqua Adventures *(7-11 years)*

Campers must have reached 7 years of age by the first day of camp.

Make a SPLASH in this 1 week camp that combines swimming games with traditional camp activities. Children have the opportunity to sample water sports and activities in the pool during their 2 daily swims.

Camp	Code	Age	Day	Times	Dates	Complex	Res. Fee
Aqua Adventures	6825	7-11 years	Mon-Fri	9:00am-4:00pm	Mar 12-Mar 16	BWG Leisure Centre	$171.25

March Break Extended Care

Camp Extended Care is available from 8:00 AM to 9:00 AM and from 4:00 PM to 5:30 PM at BWG Leisure Centre. Extended care is available for camp participants only.

Time	Cost (for all 5 days)	Code
8:00-9:00am	$12.75	6936
4:00-5:30pm	$20.50	6942
Both AM & PM	$25.25	6948

Daily drop-in for extended care is $3.25 for 8:00-9:00am child and $4.75 for 4:00-5:30pm child. If you require before and after care the cost is $6.25/child. Payment for drop-in is required daily at the time of drop off/pick up.

Bradford Lifesaving March Break Camp

Learn about lifesaving sport and train for the Junior Lifeguard Games.

Ages: 10-15 years

Dates & Times:
Monday, March 12-Friday, March 16, 2018 from 9:00am-4:00pm and Sunday, March 18 from 3:00-7:00pm

Cost: $200.00 **Code:** 7004

Schedule subject to change without notice. Non-resident fees: additional 15%

March Break 2018

Animal Creations Workshop

For children 3-10 years.Each child personalizes a t-shirt for their special animal creation and stuffs his or her own with a wishing star. Also includes a birth certificate.** Please Note ** Children under 6 years - parental supervision required. For 6-9 year olds, parents are asked to remain at the Leisure Centre. 10 year olds may attend on their own.

Applefun Puppetry Workshop

For children 3-10 years. Applefun parties are always packed full of singing, jokes, games and fun. Children under 6 years - parental supervision required. For 6-9 year olds, parents are asked to remain at the Leisure Centre. 10 year olds may attend on their own.

Baking Buddies

This program will provide a great hands on baking experience. In this one day course you will learn to bake and decorate cookies to take home. A creative and delicious snack for you to enjoy on your March Break. Please bring a large cookie tin to take home your sweet creations.
Parents are welcome to stay, but not required.

Brick Door Lego Workshop

For children 5-10 years Have fun with Lego and make a small Make & Take.** Please Note ** Children under 6 years - parental supervision required. For 6-9 year olds, parents are asked to remain at the Leisure Centre. 10 year olds may attend on their own.

Burnt Offerings Ceramics Workshop

For children 3-10 years Create your own ceramic piece in this workshop. ** Please Note ** Children under 6 years - parental supervision required. For 6-9 years old parents are asked to remain a the Leisure Centre. 10 year olds may attend on their own.

Kids in the Kitchen

This program will provide a great hands on baking experience. In this one day workshop you will learn to bake cookies and muffins to take home. In addition you will learn kitchen safety. A creative and delicious snack for you to enjoy on your March Break. Please bring a large cookie tin to take home your sweet creations.

Pook Designz Craft Workshop

For children 7-12 years Create your own special polymer clay seasonal keepsake for gift giving or decoration. Join Amanda from Pook Designz who will provide step by step instructions, so that you can make, bake and take home your creation. ** Please Note ** For children 6-9 years old, parents are asked to remain at the Leisure Centre. 10+ years old may attend on their own.

St. John Ambulance Babysitting Basics

For children 10.5-16 years. This program teaches the skills necessary to care for infants, toddlers and preschoolers. Participants will learn what questions to ask, parents, how to handle emergencies and first-aid basics. Hands-on practice will help build confidence. Handbook included. Please bring a doll approximately 25" in height, a nut free lunch and a pencil.

St. John Ambulance- Home Alone

For children 8-12 years. Participants will learn how to handle telephone calls; people at the door; when to call 911; what to do in a storm; how to keep occupied; basic first aid; what to do if your friends want to come over; and, the do's and dont's of cooking. Participants will receive a certificate of attendance.

Teen Baking

This program will provide a great hands on baking experience. In this one day workshop you will learn to bake cookies and muffins to take home. In addition you will learn kitchen safety. A creative and delicious snack for you to enjoy on your March Break.Please bring a large cookie tin to take home your sweet creations.

March Break 2018

Course Name	Code	Age	Day	Times	Dates	Complex	# of Classes	Res. Fee
Animal Creations Workshop	6958	3-10 years	Fri	11:00am-12:00pm	Mar 16	BWG Leisure Centre	1	$27.00
Applefun Puppetry Workshop	6956	3-10 years	Wed	9:30pm-11:00pm	Mar 14	BWG Leisure Centre	1	$25.00
Baking Buddies	6986	3-5 years	Thurs	1:00pm-2:00pm	Mar 15	Community Centre	1	$20.00
Brick Door Lego Workshop	6957	5-10 years	Thu	9:00am-12:00pm	Mar 15	BWG Leisure Centre	1	$38.00
Burnt Offerings Ceramics Workshop	6954	3-10 years	Mon	9:30pm-11:00pm	Mar 12	BWG Leisure Centre	1	$20.75
Kids in the Kitchen	6987	6-8 years	Thurs	2:30pm-4:30pm	Mar 15	Community Centre	1	$30.00
Pook Designz Craft Workshop	6955	7-12 years	Tue	9:30am-11:00am	Mar 13	BWG Leisure Centre	1	$20.75
St. John Ambulance-Babysitting Basics	6949	10.5-16 years	Mon	9:00am-5:00pm	Mar 12	Community Centre	1	$60.00
St. John Ambulance-Babysitting Basics	6950	10.5-16 years	Wed	9:00am-5:00pm	Mar 14	Community Centre	1	$60.00
St. John Ambulance-Home Alone	6951	8-12 years	Tue	9:00am-12:00pm	Mar 13	Community Centre	1	$39.50
St. John Ambulance-Home Alone	6952	8-12 years	Fri	9:00am-12:00pm	Mar 16	Community Centre	1	$39.50
St. John Ambulance-Home Alone	6953	8-12 years	Fri	1:00pm-4:00pm	Mar 16	Community Centre	1	$39.50
Teen Baking	6988	9-12 years	Tues	1:00pm-4:00pm	Mar. 13	Community Centre	1	$40.00





STRUGGLING TO BUILD A WEBSITE FOR YOUR BUSINESS?

Your website is a digital representation of your company. Without an online presence, your customers can't find you while searching online. A responsive website is the best way to help customers learn about your business, regardless of device they are using.

The Bradford Times can help you implement SEM for your business.

Get started today by calling **905-775-4471** or visiting **postmediaadvertising.com/DMS**

POSTMEDIA

The Bradford Times

AQUATICS

The Bradford Lions Aquatic Centre



Follow us on:

bwgleisurecentre

@bwgleisurecentre

bwgleisurecentre

Swimming Lessons • Aquatic Leadership Courses

Adult Lane Swims • Leisure Swims • Parent & Tot Swims

Birthday Parties • Swim Sports • Swim Patrols

www.bwgleisurecentre.ca

BWG LEISURE CENTRE

Looking for SWIMMING schedules?

Available online at
www.bwgleisurecentre.ca
or call 905-775-7529

Winter Holiday Break Schedule will be available Dec 18, 2017. March Break Schedule will be available Feb 26, 2018.

BWG LEISURE CENTRE





What level should I register in?

The Bradford Lions Aquatic Centre offers FREE swimming level assessments.

Please contact the pool to request a screening during a scheduled leisure swim.

PA Day Swims
WATER SAFETY

Nov 17, Apr 27, June 1
1:15-3:00pm



- Stay safe during your day off.
- Learn about Water Smart and safe practice around water.
- Participate in interactive games and activties for all ages.

Admission Policy must be maintained.
Regular admission fees apply.

DRESS-UP for Water Safety
WEAR A LIFEJACKET

Tuesday, October 31, 2017
7:00-8:30pm



- Participate in our Lifejacket Fitting Workshop
- Learn to put on a lifejacket after falling into water
- Enter to win prizes

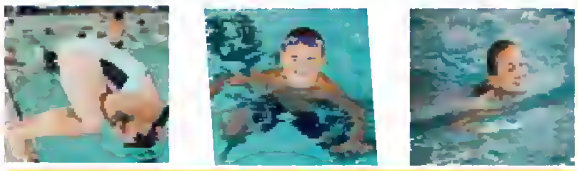
LIFESAVING SOCIETY

Admission Policy must be maintained.
Regular admission fees apply.

February
FAMILY SWIM TO SURVIVE

Sunday, February 4, 11, 18, & 25
3:00-4:45pm

FREE PROGRAM



- The majority of drownings occur less than 15m from shore.
- Can your family survive an unexpected fall into deep water?
- Learn to Swim to Survive (roll-tread-swim).

Registered Program - Code: 6963

Know before you Go
ICE SAFETY

Thursday, December 28, 2017
1:15-3:00pm



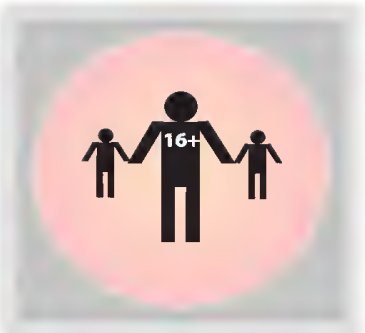
- Learn about safe ice thickness for outdoor recreational activities
- Learn how to perform a self-rescue after a fall through ice
- Learn how to save someone who has fallen through the ice

Admission Policy must be maintained.
Regular admission fees apply.

Aquatic Admission Policy

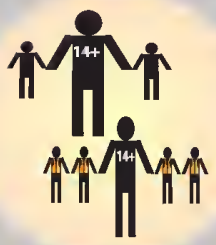
AGES 0-5 YEARS

- Children **5 years of age and under**, regardless of swimming ability, must be directly supervised by a parent/guardian who is in the water wearing bathing attire, within arm's reach, able to render immediate assistance, and at least 16 years of age.
- **A maximum of 2 children per parent/guardian.**
- Swimmers in this category will receive a **RED** wristband.



AGES 6-9 YEARS - INCOMPLETE SWIM TEST

- Children 6-9 years of age who wish to attempt the Facility Swim Test will be given a **YELLOW** wristband.
- Children 6-9 years who are unable to pass the facility swim test will receive a **RED** wristband, and must be directly supervised by a parent/guardian who is in the water wearing bathing attire, within arm's reach, able to render immediate assistance, and at least 14 years of age.
- **A maximum of 2 children per parent/guardian.** This ratio can increase to 4 children per parent/guardian if ALL children are wearing a PFD (Personal Floatation Device).
- Swimmers in this category will receive a **RED** wristband.



AGES 6-9 YEARS - PASSED SWIM TEST

- Children between the ages of 6 and 9 years, who are able to pass the Facility Swim Test, must be accompanied by a parent/guardian at least 14 years of age that remains within the pool enclosure or within view of the pool at all times.
- Swimmers in this category will receive a **GREEN** wristband.



Recommended to always swim with a buddy!

AGES 10+ YEARS

- Swimmers 10 years of age and older are allowed to swim in all areas of the pool. Swimming with a buddy is strongly recommended.
- Swimmers in this category will receive a **GREEN** wristband.

Serious Medical Conditions: Participants with serious medical conditions, especially seizure disorders, should be accompanied by individuals knowledgeable of their condition and responsible for their direct supervision.

Bathing Attire: Patrons are required to wear clothing that is clean and used specifically for the purpose of swimming only.

Diaper Policy: Children who are not toilet trained must wear a pool pant or cotton cloth diaper with plastic pants under their swim suit.

Day Camp and Group Admittance Policy: Groups defined as 10 or more individuals are required to advise the Aquatic Programmer before the planned date to receive specific information regarding facility use.

Swim Test: The facility swim test includes, but is not limited to, swimming 3 widths of the pool and treading water for 1 minute. Children may be asked to retake the swim test at the discretion of the lifeguards.

Slide Policy: All riders must be 48" in height and complete the facility swim test in order to ride the water slide. PFDs are not permitted on the water slide.

Health Regulations: All patrons are required to shower before entering the pool enclosure. Please, do not wear outdoor shoes onto the pool deck.

Change Room Use Policy: Children 7 years of age or older are required to use the change room designated for their gender. If this is not suitable, the family change room is available.

MAKE A SPLASH !

Have your next birthday party at the Bradford Lions Aquatic Centre

PACKAGE #1

$253.00 +HST

- 1 hour of the Pool
- 1 hour of the Party Room
- Pool includes: Leisure Pool, Relaxation Pool and Water Slide
- Maximum 30 participants*

PACKAGE #2

$332.75 +HST

- 1 hour of the Pool
- 1 hour of the Party Room
- Pool includes: Leisure Pool, Relaxation Pool, Water Slide, and 4 lanes of the Lap Pool with Aqua Glide (an inflatable water adventure series)
- Maximum 30 participants*

Interested in Booking a Pool Birthday Party?

Applications for Pool Rentals are available online at www.bwgleisurecentre.ca or at the Customer Service Desk

Pool Birthday Parties are available Saturdays ONLY starting at 3:00pm

(as space permits)



*Parental supervision ratio required. See www.bwgleisurecentre.ca for the Aquatic Admission Policy

Slide Policy: All riders must be 48" in height and complete the facility swim test in order to ride the water slide. PFDs (Personal Flotation Devices) are not permitted on the water slide.

Your love of swimming starts here!

What to expect from Swimming Lessons:
Our swim instructors focus on creating a fun and enjoyable swimming experience for their students. We follow standards set by the Red Cross Swim program and ensure children learn using progressions according to typical child development. We want your child to feel comfortable and be safe around the water. Learning swimming techniques can take many years and 10,000 hours is required in any activity to become an "expert." Please ensure that you have realistic expectations and avoid placing pressure on your child to complete a level. Allow them to complete skills at their own rate and help us to develop their love for swimming!



Low Enrollment: Programs not meeting registration requirements may be cancelled at any time. Programs may also be combined to meet the program standards.

Missed Classes: Make-up classes and refunds are not available to students who miss their class. Credits can be requested in writing for absences due to medical reasons.

Instructor Requests: We will do our best to accomodate instructor requests, but we cannot guarantee that requests will be granted. Please contact the Aquatic Programmer to make instructor requests **after** you have registered for a spot.

Parent's Day: Parent's Day will take place during the 5th lesson. Parents are invited on deck to watch their child's swimming lesson and take pictures. Classes will end 5 minutes early to give parents the opportunity to talk to their child's Instructor about his/her progress. If you wish to come on deck, please remember to remove your shoes! Only deck shoes/flip flops are permitted on the pool deck. Please note that picture taking is only permitted on Parent's Day.

Report Cards: Students are continuously evaluated and will receive individual written feedback on the last day of their lesson.

Change Room Admittance Guidelines:
For the comfort of all patrons, children 7 years of age and older must use the appropriate change room of the gender with which they identify. If this is not suitable, a family change room is available. Nudity is not permitted in the common areas of the family change room. Cubicles are for changing purposes only. Do not leave your belongings in the change stalls.

Health and Safety: All swimmers are required to take a cleansing shower using soap and warm water before entering the pool deck.

Outdoor Shoes: Please note that outdoor shoes are not permitted on the pool deck. Please remove your shoes or wear clean sandals or flip flops.

Lesson Viewing: We ask that you watch from the pool viewing areas while your child is in lessons. Please do not leave the facility.

First Day: Please inform the Instructor if your child is repeating the level. If you have the report card from the previous session, please provide a copy to your child's instructor.

Meeting Spot: Classes will meet in the same location each week. Please wait with young children at the designated meeting area. Signs are posted around the pool to indicate where instructors will meet their students.

Questions, Comments or Concerns During Lessons: There is a designated Supervisor on deck who is available to answer questions or concerns. They are lesson experts and can solve most problems quickly. Do not hesitate to speak to one of these talented staff members about your concern. Please do not wait until the last class.

Pool Fouling: Pool fouling will result in pool closure. Please ensure that your child uses the restroom before class. We ask the students do not eat less than 30 minutes prior to their class. If your child is sick, we ask that they do not attend their class.

Refund Policy, Session Dates & Fees

Aquatic Program Dates - Fall 2017

Day	Start Date	End Date	# of Classes	Omit Dates
Saturday	Sept 30	Dec. 9	10	Oct. 7
Sunday	Oct. 1	Dec.10	10	Oct. 8
Monday	Oct. 2	Dec.11	10	Oct. 9
Tuesday AM	Oct 3	Dec 5	10	
Tuesday	Oct. 3	Dec.12	10	After 4:00pm Oct.31
Wednesday	Oct. 4	Dec. 6	10	
Thursday	Oct. 5	Dec. 7	10	
Friday	Oct. 6	Dec. 8	10	

Aquatic Program Dates - Winter 2018

Day	Start Date	End Date	# of Classes	Omit Dates
Saturday	Jan. 6	Mar. 3	9	
Sunday	Jan. 7	Mar. 4	9	
Monday	Jan. 8	Mar. 5	8	Feb.19
Tuesday	Jan. 9	Mar. 6	9	
Wednesday	Jan.10	Mar. 7	9	
Thursday	Jan.11	Mar. 8	9	
Friday	Jan.12	Mar. 9	9	

NEW Aquatic Program Dates - Fall 2017 Mini Session

Day	Start Date	End Date	# of Classes
Tuesday/ Thursday	Sept. 5	Sept. 28	8
Monday/ Wednesday	Sept. 6	Sept. 27	7

Unsure which level to register in?

The Aquatic Centre offers FREE Swim Assessments. Simply bring your child to one of our leisure swims. One of our friendly lifeguards will evaluate your child's swimming ability and let you know right away which level is best suited for your child. Make sure to bring a swim suit!



Swimming Lesson Resident Fees

# of Classes	7	8	9	10
Group: 30 min	$61.25	$70.00	$78.75	$87.50
Group: 45 min	$64.75	$74.00	$83.25	$92.50
Group: 1 hour	$68.25	$78.00	$87.75	$97.50
Adapted Lessons	$61.25	$70.00	$78.75	$87.50
Private (1:1)	$171.50	$196.00	$220.50	$245.00
Semi-Private (1:2)	$129.50	$148.00	$166.50	$185.00

Group Swimming Lesson Refund Policy

Program cancelled by the Department of Community Services	Full refund, credit or transfer
If you cancel before the second lesson has started	Written request, full refund or credit
If you cancel after the second lesson has passed	No refunds, credits or transfers
If you cancel after the program is completed	No refund or credits
Non-attendance	No refunds, credits, transfers or make-up lessons
Medical reasons	Medical notes must be provided with written request. $10 administration fee plus prorated fees will be applied.

Make-up Lessons

Make up classes due to a participant's illness or personal commitments will not be available. Occasionally, lessons may be cancelled due to mechanical, pool fouling, or chemical problems. Dry-land water safety lessons are part of all learn-to-swim programs. Where a pool may close in an untimely manner, Instructors will use the time to focus on dry land water safety. If this is not possible, a credit may be issued for the missed class.

Refunds for PRIVATE LESSONS, SEMI PRIVATE LESSONS and AQUATIC LEADERSHIP courses must be requested at least 5 days before the course start date

Swimming Lesson Progression Chart

The swimming program has courses for all ages!
Follow the progression starting at your age.

NEW

Parented 4-36 months



Starfish*

▼



Duck*

▼



Sea Turtle*

*registration and progression is based on child's age, parent/ guardian participation is required

Preschool 3-6 years



Sea Otter

▼



Salamander

▼



Sunfish

▼



Crocodile

▼



Whale

School Age 5-12 years

Swim Kids 1

▼

Swim Kids 2

▼

Swim Kids 3

▼

Swim Kids 4

▼

Swim Kids 5

▼

Swim Kids 6

▼

Swim Kids 7

▼

Swim Kids 8

▼

Swim Kids 9

▼

Swim Kids 10

▼

Rookie Patrol

▼

Ranger Patrol

▼

Star Patrol

Teen 13+ Adult 18+

Basics 1

▼

Basics 2

▼

Strokes

Check out **Swim Sports!**

See pages 71-72 & 80 for more information

See pages 84-93 for leadership courses

Red Cross Conversion Chart: Preschool to Swim Kids Transition

If they took...	And the level was marked...	Register them in...
Sea Otter or Salamander	Complete or Incomplete	Swim Kids 1
Sunfish	Incomplete	Swim Kids 1
Sunfish	Complete	Swim Kids 2
Crocodile	Incomplete	Swim Kids 2
Crocodile	Complete	Swim Kids 3
Whale	Incomplete	Swim Kids 3
Whale	Complete	Swim Kids 4

REGISTRATION IS CURRENTLY OPEN FOR THE FALL MINI-SESSION

Fall Mini-Session

Preschool 4 - Sea Otter

This is the entry level for 3-5 year olds who have not taken swimming lessons. Swimmers work on assisted front and back floats and glides, and front kicking.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-5 yrs. **Length:** 30 min. **Ratio:** 1:4	Tu/Th	Sep 5	4:30pm	8	5732
	Tu/Th	Sep 5	5:00pm	8	5733
	M/W	Sep 6	5:00pm	7	5734
Resident Fees: 7 Classes: $61.25 8 Classes: $70.00	M/W	Sep 6	6:15pm	7	5735

Preschool 5 - Salamander

Swimmers work on improving their front and back floats and jumping into chest-deep water unassisted. Kicking is added to the front and back glide.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-5 yrs. **Length:** 30 min. **Ratio:** 1:5	Tu/Th	Sep 5	4:30pm	8	5736
	Tu/Th	Sep 5	5:00pm	8	5737
	M/W	Sep 6	4:30pm	7	5738
Resident Fees: 7 Classes: $61.25 8 Classes: $70.00					

Preschool 6 - Sunfish

Swimmers work on kicking and can perform front and back glides, enter deep water safely, float in deep water and swim 5 metres continuously.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-6 yrs. **Length:** 30 min. **Ratio:** 1:5	Tu/Th	Sep 5	5:00pm	8	5739
	M/W	Sep 6	5:30pm	7	5740
Resident Fees: 7 Classes: $61.25 8 Classes: $70.00					

Preschool 7/8 - Crocodile/Whale

Crocodile: Swimmers further develop front and back glides with kicking, front and back swims, swimming with a PFD in deep water, and swimming 10m continuously. Whale: Children will swim independently, increase their distance and improve skills in front and back swims, and swim 15m continuously.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-6 yrs. **Length:** 30 min. **Ratio:** 1:6	Tu/Th	Sep 5	5:30pm	8	5741
	M/W	Sep 6	5:00pm	7	5742
Resident Fees: 7 Classes: $61.25 8 Classes: $70.00					

Swim Kids 1

This level introduces swimmers to water and the pool area and works on floats, glides and kicking.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. **Length:** 30 min. **Ratio:** 1:6	Tu/Th	Sep 5	5:30pm	8	5747
	Tu/Th	Sep 5	6:15pm	8	5748
	M/W	Sep 6	6:15pm	7	5749
Resident Fees: 7 Classes: $61.25 8 Classes: $70.00					

Swim Kids 2

This level further improves the front swim, and the use of a Personal Flotation Device (PFD). Fitness activities include a 10m distance swim.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. **Length:** 30 min. **Ratio:** 1:6	Tu/Th	Sep 5	5:30pm	8	5750
	M/W	Sep 6	5:30pm	7	5751
Resident Fees: 7 Classes: $61.25 8 Classes: $70.00					

Fall - Mini Session

Swim Kids 3

This level provides an introduction to diving, and teaches swimmers how to make wise choices about where and when to swim. Endurance is achieved by building strength in the flutter kick and a 15 metre swim.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. **Length:** 30 min. **Ratio:** 1:6	Tu/Th	Sep 5	6:15pm	8	5752
	M/W	Sep 6	4:30pm	7	5753

Resident Fees:
7 Classes: $61.25
8 Classes: $70.00

Swim Kids 4

This level introduces the front crawl (10m) and back swim with shoulder roll (15m). Swimmers work on kneeling dives, surface support (45 seconds, deep water) and developing a greater sense of self-safety by understanding their own limits. Endurance is built through a 25m swim.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. **Length:** 30 min. **Ratio:** 1:6	Tu/Th	Sep 5	5:00pm	8	5754
	M/W	Sep 6	5:30pm	7	5755

Resident Fees:
7 Classes: $61.25
8 Classes: $70.00

Swim Kids 5

This level introduces the back crawl (15m), whip kick on the back, and treading water. Front crawl increases to 15m. Endurance is developed through a 50m swim.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. **Length:** 30 min. **Ratio:** 1:8	Tu/Th	Sep 5	5:30pm	8	5756
	M/W	Sep 6	5:30pm	7	5757

Resident Fees:
7 Classes: $61.25
8 Classes: $70.00

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%

Swim Kids 6

This level refines front crawl with a focus on hand entry and breathing (25m), back crawl with a focus on arm positions and body roll (25m), and introduces elementary backstroke (15m), safety on ice, and rescue of others with throwing assists. Swimmers demonstrate the front dive and their ability to tread water in deep water for 1½ minutes. Endurance is built through dolphin kick and a 75m swim.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. **Length:** 45 min. **Ratio:** 1:8	Tu/Th	Sep 5	5:15pm	8	5758
	M/W	Sep 6	6:15pm	7	5759

Resident Fees:
7 Classes: $64.75
8 Classes: $74.00

Swim Kids 7/8

Please see course descriptions for Swim Kids level 7 and 8.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. **Length:** 45 min. **Ratio:** 1:10 **Resident Fees:** 7 Classes: $64.75 8 Classes: $74.00	Tu/Th	Sep 5	6:15pm	8	5760
	M/W	Sep 6	6:15pm	7	5761

Swim Kids 9/10

A combined course. See course descriptions for Swim Kids level 9 and 10.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. **Length:** 45 min. **Ratio:** 1:10 **Resident Fees:** 7 Classes: $64.75 8 Classes: $74.00	Tu/Th	Sep 5	4:30pm	8	5762
	M/W	Sep 6	6:45pm	7	5763



Swim Adapted Lap Pool

These lessons meet the swimming requirements of individuals with identified special needs. All participants are required to complete a medical form before the first lesson. The lap pool is for levels Crocodile, Whale and Swim Kids Level 3 to Swim Kids Level 10 ONLY.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-14 yrs.	Tu/Th	Sep 5	4:30pm	8	5743
	M/W	Sep 6	5:00pm	7	5744
Length: 30 min. **Ratio:** 1:1					
Resident Fees: 7 Classes: $61.25 8 Classes: $70.00					

Swim Adapted Leisure Pool

These lessons meet the swimming requirements of individuals with identified special needs. All participants are required to complete a medical form before the first lesson. The Leisure pool is for Sea Otter, Salamander, Sunfish, Swim Kids Level 1, and Swim Kids Level 2 ONLY.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-14 yrs.	Tu/Th	Sep 5	6:15pm	8	5745
	M/W	Sep 6	5:00pm	7	5746
Length: 30 min. **Ratio:** 1:1					
Resident Fees: 7 Classes: $61.25 8 Classes: $70.00					



Swim Privates - 1 on 1 - Leisure Pool

These classes are intended as a support for participants who have repeated a level several times. This is an opportunity to focus on completing specific skills or strokes in order to progress to the next level. No 1 on 1 lessons provided for Rookie, Ranger, Star, Bronze Star or advanced leadership courses. *For levels Sea Otter, Salamander, Sunfish, Swim Kids Level 1 and Swim Kids Level 2 ONLY.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-14 yrs.	Tu/Th	Sep 5	6:15pm	8	5766
	M/W	Sep 6	4:30pm	7	5767
Length: 30 min. **Ratio:** 1:1	M/W	Sep 6	6:45pm	7	5768
Resident Fees: 7 Classes: $171.50 8 Classes: $196					

Swim Privates - 1 on 1 - Lap Pool

These classes are intended as a support for participants who have repeated a level several times. This is an opportunity to focus on completing specific skills or strokes in order to progress to the next level. No 1 on 1 lessons provided for Rookie, Ranger, Star, Bronze Star or advanced leadership courses. *For levels Crocodile, Whale, Swim Kids Level 3 to Swim Kids Level 10 ONLY.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-14 yrs.	Tu/Th	Sep 5	4:30pm	8	5764
	M/W	Sep 6	4:30pm	7	5765
Length: 30 min. **Ratio:** 1:1					
Resident Fees: 7 Classes: $171.50 8 Classes: $196					

SWIMMING MERCHANDISE FOR SALE!



Goggles, swim caps and more!
Available for purchase at Customer Service

Fall - Preschool

Preschool 1 - Starfish (Parent Assisted)

Babies and their caregivers work on getting wet, buoyancy and movement, front, back and vertical position in the water, and shallow water entries and exits. This level is participation-based only, without formal evaluation.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 4-12 mos. **Length:** 30 min. **Ratio:** 1:10	Sat	Sep 30	10:00am	10	6030
	Sun	Oct 1	10:00am	10	6031
	Tue	Oct 3	10:15am	10	6032
Resident Fees: 10 Classes:$87.50	Wed	Oct 4	6:15pm	10	6033

Preschool 2 - Duck (Parent Assisted)

Babies and their caregivers work on rhythmic breathing, moving forward and backward, front and back float with recovery, and shallow water entries and exits. This level is participation-based only, without formal evaluation.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 12-24 mos. **Length:** 30 min. **Ratio:** 1:10	Sat	Sep 30	9:00am	10	6035
	Sat	Sep 30	10:45am	10	6036
	Sun	Oct 1	9:00am	10	6037
Resident Fees: 10 Classes:$87.50	Sun	Oct 1	10:45am	10	6038
	Tue	Oct 3	9:15am	10	6039
	Thu	Oct 5	5:45pm	10	6040
	Fri	Oct 6	6:15pm	10	6041

What level should I register in?
The Bradford Lions Aquatic Centre offers FREE swimming lesson assessments.
Please contact the pool to request a screening during a scheduled leisure swim time.

Preschool 3 - Sea Turtle (Parent Assisted)

Toddlers and their caregivers work on submersion, front and back floats and glides, jumping into chest-deep water with assistance, front kicking, and front swim. This level is participation-based only, without formal evaluation.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 24-36 mos. **Length:** 30 min. **Ratio:** 1:10	Sat	Sep 30	9:30am	10	6042
	Sat	Sep 30	11:15am	10	6043
	Sun	Oct 1	9:30am	10	6044
Resident Fees: 10 Classes:$87.50	Sun	Oct 1	11:15am	10	6045
	Mon	Oct 2	6:15pm	10	6046
	Tue	Oct 3	9:45am	10	6047
	Thu	Oct 5	6:15pm	10	6048
	Fri	Oct 6	5:30pm	10	6049

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%



Preschool 4 - Sea Otter

This is the entry level for 3-5 year olds who have not taken swimming lessons. Swimmers work on assisted front and back floats and glides, and front kicking.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-5 yrs. **Length:** 30 min. **Ratio:** 1:4 **Resident Fees:** 10 Classes:$87.50	Sat	Sep 30	9:15am	10	6050
	Sat	Sep 30	9:30am	10	6051
	Sat	Sep 30	9:45am	10	6052
	Sat	Sep 30	10:15am	10	6053
	Sat	Sep 30	10:45am	10	6054
	Sat	Sep 30	11:15am	10	6055
	Sat	Sep 30	11:30am	10	6056
	Sun	Oct 1	9:45am	10	6058
	Sun	Oct 1	10:15am	10	6059
	Sun	Oct 1	10:45am	10	6060
	Sun	Oct 1	11:15am	10	6061
	Sun	Oct 1	11:30am	10	6062
	Mon	Oct 2	4:45pm	10	6063
	Mon	Oct 2	5:15pm	10	6064
	Mon	Oct 2	7:15pm	10	6065
	Tue	Oct 3	9:15am	10	6066
	Tue	Oct 3	9:45am	10	6067
	Tue	Oct 3	10:15am	10	6068
	Tue	Oct 3	4:45pm	10	6069
	Tue	Oct 3	6:30pm	10	6070
	Wed	Oct 4	4:45pm	10	6071
	Wed	Oct 4	6:15pm	10	6072
	Wed	Oct 4	6:45pm	10	6073
	Thu	Oct 5	4:45pm	10	6074
	Thu	Oct 5	5:30pm	10	6075
	Thu	Oct 5	6:30pm	10	6352
	Fri	Oct 6	5:00pm	10	6076
	Fri	Oct 6	5:30pm	10	6077
	Fri	Oct 6	6:30pm	10	6078





Preschool 5 - Salamander

Swimmers work on improving their front and back floats and jumping into chest-deep water unassisted. Kicking is added to the front and back glide.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-5 yrs. **Length:** 30 min. **Ratio:** 1:5 **Resident Fees:** 10 Classes:$87.50	Sat	Sep 30	9:00am	10	6079
	Sat	Sep 30	9:30am	10	6080
	Sat	Sep 30	10:00am	10	6081
	Sat	Sep 30	11:00am	10	6082
	Sat	Sep 30	11:30am	10	6083
	Sun	Oct 1	9:00am	10	6084
	Sun	Oct 1	9:30am	10	6085
	Sun	Oct 1	9:45am	10	6086
	Sun	Oct 1	11:00am	10	6087
	Sun	Oct 1	11:30am	10	6088
	Mon	Oct 2	5:45pm	10	6089
	Mon	Oct 2	6:30pm	10	6090
	Tue	Oct 3	4:30pm	10	6091
	Tue	Oct 3	6:30pm	10	6092
	Wed	Oct 4	5:15pm	10	6093
	Wed	Oct 4	5:30pm	10	6094
	Wed	Oct 4	6:45pm	10	6095
	Thu	Oct 5	5:00pm	10	6096
	Thu	Oct 5	6:30pm	10	6097
	Fri	Oct 6	5:15pm	10	6098
	Fri	Oct 6	6:30pm	10	6099

Fall - Preschool

Program spaces are limited.
Register early to avoid disappointment!
www.bwgleisurecentre.ca

Preschool 6 - Sunfish

Swimmers work on kicking and can perform front and back glides, enter deep water safely, float in deep water and swim 5m continuously.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-6 yrs. **Length:** 30 min. **Ratio:** 1:5 **Resident Fees:** 10 Classes:$87.50	Sat	Sep 30	9:30am	10	6100
	Sat	Sep 30	10:15am	10	6101
	Sat	Sep 30	11:15am	10	6102
	Sun	Oct 1	9:30am	10	6103
	Sun	Oct 1	10:15am	10	6104
	Sun	Oct 1	11:30am	10	6105
	Mon	Oct 2	4:45pm	10	6106
	Mon	Oct 2	5:45pm	10	6107
	Tue	Oct 3	5:15pm	10	6108
	Wed	Oct 4	5:45pm	10	6109
	Thu	Oct 5	5:00pm	10	6110
	Thu	Oct 5	6:00pm	10	6111
	Fri	Oct 6	4:30pm	10	6112
	Fri	Oct 6	6:15pm	10	6113

Preschool 7/8 - Crocodile/Whale

Crocodile: Swimmers further develop front and back glides with kicking, front and back swims, swimming with a PFD in deep water, and swimming 10m continuously. Whale: Children will swim independently, increase their distance and improve skills in front and back swims, and swim 15m continuously.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-6 yrs. **Length:** 30 min. **Ratio:** 1:6 **Resident Fees:** 10 Classes:$87.50	Sat	Sep 30	10:15am	10	6114
	Sun	Oct 1	10:00am	10	6115
	Tue	Oct 3	6:15pm	10	6116
	Wed	Oct 4	6:15pm	10	6117
	Thu	Oct 5	5:15pm	10	6118
	Fri	Oct 6	5:30pm	10	6119

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%

Red Cross Conversion Chart

Preschool to Swim Kids Transition

If they took...	The level was marked...	Register them in...
Sea Otter or Salamander	Complete or Incomplete	Swim Kids 1
Sunfish	Incomplete	Swim Kids 1
Sunfish	Complete	Swim Kids 2
Crocodile	Incomplete	Swim Kids 2
Crocodile	Complete	Swim Kids 3
Whale	Incomplete	Swim Kids 3
Whale	Complete	Swim Kids 4

NO PHOTOS OR VIDEOS PLEASE!



Please note that to ensure the privacy of others, the use of cell phone devices, filming or photography will not be permitted in the change rooms, pool areas, or in the viewing gallery during swimming programs or recreational swims.



Swim Kids 1

This level introduces swimmers to water and the pool area and works on floats, glides and kicking.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. **Length:** 30 min. **Ratio:** 1:6 **Resident Fees:** 10 Classes:$87.50	Sat	Sep 30	9:15am	10	6156
	Sat	Sep 30	10:00am	10	6157
	Sat	Sep 30	11:00am	10	6158
	Sun	Oct 1	9:15am	10	6159
	Sun	Oct 1	9:45am	10	6160
	Sun	Oct 1	11:00am	10	6161
	Mon	Oct 2	5:30pm	10	6162
	Mon	Oct 2	7:00pm	10	6163
	Tue	Oct 3	4:45pm	10	6164
	Tue	Oct 3	6:15pm	10	6165
	Wed	Oct 4	5:30pm	10	6166
	Wed	Oct 4	6:30pm	10	6167
	Thu	Oct 5	4:30pm	10	6168
	Thu	Oct 5	5:30pm	10	6169
	Fri	Oct 6	4:45pm	10	6170
	Fri	Oct 6	5:45pm	10	6171
	Fri	Oct 6	6:45pm	10	6172

Swim Kids 2

This level further improves the front swim, and the use of a Personal Flotation Device (PFD). Fitness activities include a 10m distance swim.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. **Length:** 30 min. **Ratio:** 1:6 **Resident Fees:** 10 Classes:$87.50	Sat	Sep 30	9:00am	10	6173
	Sat	Sep 30	10:00am	10	6174
	Sat	Sep 30	11:00am	10	6175
	Sun	Oct 1	9:00am	10	6176
	Sun	Oct 1	9:15am	10	6177
	Sun	Oct 1	10:00am	10	6178
	Sun	Oct 1	11:00am	10	6179
	Mon	Oct 2	5:15pm	10	6180
	Mon	Oct 2	6:45pm	10	6181
	Tue	Oct 3	5:30pm	10	6182
	Wed	Oct 4	5:00pm	10	6183
	Wed	Oct 4	6:45pm	10	6184
	Thu	Oct 5	6:15pm	10	6185
	Fri	Oct 6	4:30pm	10	6186
	Fri	Oct 6	5:30pm	10	6187
	Fri	Oct 6	6:15pm	10	6188

Swim Kids 3

This level provides more practice for endurance in front and back flutter kick and a 15m swim. Students will also receive an introduction to diving.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. **Length:** 30 min. **Ratio:** 1:6 **Resident Fees:** 10 Classes:$87.50	Sat	Sep 30	9:00am	10	6189
	Sat	Sep 30	9:45am	10	6190
	Sat	Sep 30	11:30am	10	6191
	Sun	Oct 1	9:45am	10	6192
	Sun	Oct 1	10:15am	10	6193
	Sun	Oct 1	11:30am	10	6194
	Mon	Oct 2	4:45pm	10	6195
	Tue	Oct 3	4:30pm	10	6196
	Tue	Oct 3	6:15pm	10	6197
	Wed	Oct 4	5:15pm	10	6198
	Wed	Oct 4	7:00pm	10	6199
	Thu	Oct 5	5:00pm	10	6200
	Fri	Oct 6	5:00pm	10	6201
	Fri	Oct 6	6:15pm	10	6202

Swim Kids 4

This level introduces front and back swim with shoulder roll. Endurance is built through a 25m swim.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. **Length:** 30 min. **Ratio:** 1:6 **Resident Fees:** 10 Classes:$87.50	Sat	Sep 30	9:15am	10	6203
	Sat	Sep 30	11:00am	10	6204
	Sat	Sep 30	11:30am	10	6205
	Sun	Oct 1	9:15am	10	6206
	Sun	Oct 1	10:15am	10	6207
	Sun	Oct 1	11:00am	10	6208
	Mon	Oct 2	5:15pm	10	6209
	Tue	Oct 3	6:15pm	10	6210
	Wed	Oct 4	5:00pm	10	6211
	Wed	Oct 4	6:30pm	10	6212
	Thu	Oct 5	5:30pm	10	6213
	Thu	Oct 5	6:15pm	10	6214
	Fri	Oct 6	4:30pm	10	6215
	Fri	Oct 6	4:45pm	10	6216

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%.

Swim Kids 5

This level introduces the back crawl (15m), whip kick on the back, and treading water. Front crawl increases to 15m. Endurance is developed through a 50m swim.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. **Length:** 30 min. **Ratio:** 1:8	Sat	Sep 30	9:45am	10	6217
	Sun	Oct 1	9:45am	10	6218
	Sun	Oct 1	11:30am	10	6219
Resident Fees: 10 Classes:$87.50	Mon	Oct 2	5:45pm	10	6220
	Tue	Oct 3	6:15pm	10	6221
	Wed	Oct 4	6:00pm	10	6222
	Wed	Oct 4	4:30pm	10	6353
	Thu	Oct 5	6:15pm	10	6223
	Fri	Oct 6	5:15pm	10	6224

Swim Kids 6

This level refines front crawl (25m) and back crawl (25m), and introduces elementary backstroke (15m). Endurance is built through dolphin kick and a 75m swim.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. **Length:** 45 min. **Ratio:** 1:8	Sat	Sep 30	9:45am	10	6225
	Sun	Oct 1	9:15am	10	6226
	Mon	Oct 2	5:15pm	10	6227
Resident Fees: 10 Classes:$92.50	Tue	Oct 3	5:15pm	10	6228
	Wed	Oct 4	4:30pm	10	6229
	Thu	Oct 5	5:15pm	10	6230
	Fri	Oct 6	6:15pm	10	6231

Swim Kids 7

This level builds skills and endurance for the front crawl (50m), back crawl (50m), and elementary backstroke (25m), and introduces whip kick on the front. Swimming endurance is increased to a 150m swim.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. **Length:** 45 min. **Ratio:** 1:10	Sat	Sep 30	9:00am	10	6232
	Sun	Oct 1	9:00am	10	6233
	Mon	Oct 2	4:30pm	10	6234
Resident Fees: 10 Classes:$92.50	Wed	Oct 4	5:15pm	10	6235
	Fri	Oct 6	4:30pm	10	6236

What level should I register in?
The Bradford Lions Aquatic Centre offers FREE swimming lesson assessments. *Please contact the pool to request a screening during a scheduled leisure swim.*

Swim Kids 8

This level is an introduction to breast stroke (15m). Endurance is built with a 300m swim. Front crawl and back crawl distances are increased to 75m each.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. **Length:** 45 min. **Ratio:** 1:10	Sat	Sep 30	9:00am	10	6237
	Sun	Oct 1	10:45am	10	6238
	Wed	Oct 4	4:30pm	10	6239
Resident Fees: 10 Classes:$92.50	Fri	Oct 6	5:15pm	10	6240

Swim Kids 9

This level refines the front crawl (100m), back crawl (100m), elementary back stroke (50m), and breast stroke (25m), and encourages swimmers to combine different kicks for fitness (3 mins). Endurance is built through a 400m swim.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. **Length:** 45 min. **Ratio:** 1:10	Mon	Oct 2	6:15pm	10	6241
	Wed	Oct 4	6:15pm	10	6242
Resident Fees: 10 Classes:$92.50					

Swim Kids 9/10

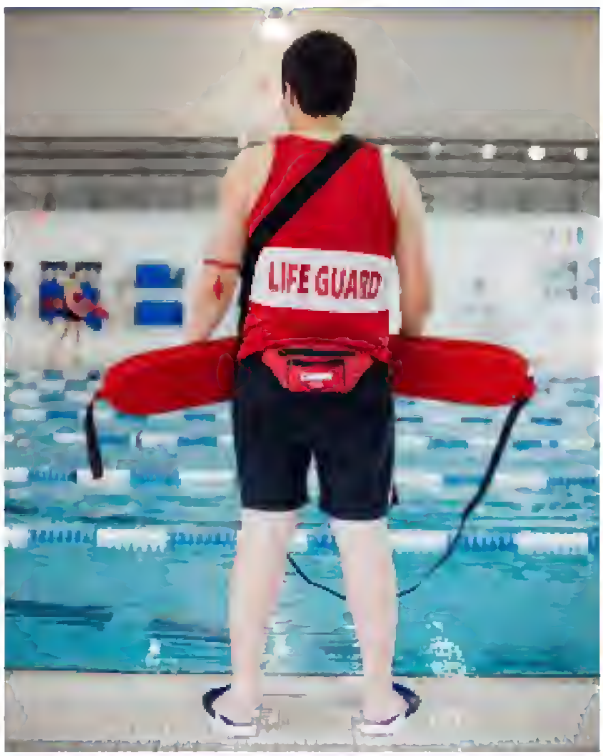
A combined course. See course descriptions for Swim Kids level 9 and 10.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. **Length:** 45 min. **Ratio:** 1:10	Sat	Sep 30	10:45am	10	6243
Resident Fees: 10 Classes:$92.50					

Swim Kids 10

This level is a final assessment of the strokes for technique and distance (front crawl 100m, back crawl 100m, elementary back stroke 50m, breast stroke 50m and sidestroke 25m). Endurance is built with the dolphin kick (vertical) and a 500m swim.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. **Length:** 45 min. **Ratio:** 1:10	Tue	Oct 3	4:30pm	10	6244
	Wed	Oct 4	7:00pm	10	6245
	Thu	Oct 5	4:30pm	10	6246
Resident Fees: 10 Classes:$92.50					



WHAT'S NEXT?

Check out page 86 for further aquatic qualifications and how to become a Lifeguard and Swimming Instructor!

SWIM PATROL

Swim Patrol 1 - Rookie

Swimmers continue stroke development with 50m swims of front crawl, back crawl and breaststroke. Lifesaving sport skills include a 25m obstacle swim and 15m object carry. First aid focuses on assessment of conscious victims, contacting EMS, and treatment for bleeding. Fitness improves in 350m workouts and 100m timed swims.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-13 yrs. **Length:** 1 hour **Ratio:** 1:10	Sun	Oct 1	9:00am	10	6247
	Tue	Oct 3	5:00pm	10	6248
Resident Fees: 10 Classes:$97.50					

Swim Patrol 2 - Ranger

Swimmers develop better strokes over 75m swims of each stroke. They tackle lifesaving sport skills in a lifesaving medley, timed object support and rescue with a buoyant aid. First aid focuses on assessment of unconscious victims, treatment of victims in shock and obstructed airway procedures. Skill drills develop a strong lifesaving foundation.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-13 yrs. **Length:** 1 hour **Ratio:** 1:10	Sun	Oct 1	10:45am	10	6249
	Wed	Oct 4	6:45pm	10	6250
Resident Fees: 10 Classes:$97.50					

Swim Patrol 3 - Star

Swimmers are challenged with 600m workouts, 300m timed swims and a 25m object carry. Strokes are refined over 100m swims. First aid focuses on treatment of bone or joint injuries and respiratory emergencies including asthma and allergic reactions. Lifesaving skills include defence methods, victim removals and rolling over and supporting a victim face up in shallow water.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-13 yrs. **Length:** 1 hour **Ratio:** 1:10	Sun	Oct 1	10:45am	10	6251
	Wed	Oct 4	6:45pm	10	6252
Resident Fees: 10 Classes:$97.50					

TEEN/ADULT SWIMMING LESSONS

Teen Swim Basic 1

Swimmers learn front and back float, front and back glide with kick, front swim for 10m, shallow water entries and exits, and deep-water activities (assisted). No previous swimming experience required.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 13-18 years **Length:** 45 min. **Ratio:** 1:8 **Resident Fees:** 10 Classes:$92.50	Mon	Oct 2	6:00pm	10	6346

Teen Swim Basic 2

Swimmers learn back swim with shoulder roll, front and back crawl, sitting dive, kneeling dive, stride dive and front dive, treading water, and swim a minimum distance of 25m. Prerequisites: Some swimming experience required and can perform front swim 10m comfortably.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 13-18 years **Length:** 45 min. **Ratio:** 1:8 **Resident Fees:** 10 Classes:$92.50	Mon	Oct 2	6:45pm	10	6347

Teen Swim Strokes

Swimmers choose the stroke(s) they wish to focus on. Participation program with individual goals. Prerequisites: Able to swim front crawl 15m continuously, back crawl 15m and is comfortable in deep water.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 13-18 years **Length:** 45 min. **Ratio:** 1:10 **Resident Fees:** 10 Classes:$92.50	Mon	Oct 2	7:30pm	10	6348

Total Confidence - Adult Swim Basic 1

Swimmers learn front and back float, front and back glide with kick, front swim for 10m, shallow water entries and exits, and deep-water activities (assisted). No previous swimming experience required.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 18+ years **Length:** 45 min. **Ratio:** 1:8 **Resident Fees:** 10 Classes:$92.50	Mon	Oct 2	6:00pm	10	6349

Total Efficiency - Adult Swim Basic 2

Swimmers learn back swim with shoulder roll, front and back crawl, sitting dive, kneeling dive, stride dive and front dive, treading water, and swim a minimum distance of 25m. Prerequisites: Some swimming experience required and can perform front swim 10m comfortably.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 18+ years **Length:** 45 min. **Ratio:** 1:8 **Resident Fees:** 10 Classes:$92.50	Mon	Oct 2	6:45pm	10	6350

Total Proficiency - Adult Swim Strokes

Swimmers choose the stroke(s) they wish to focus on. Participation program with individual goals. Prerequisites: Able to swim front crawl 15m continuously, back crawl 15m and is comfortable in deep water.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 18+ years **Length:** 45 min. **Ratio:** 1:10 **Resident Fees:** 10 Classes:$92.50	Mon	Oct 2	7:30pm	10	6351

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%

SWIM SPORTS

Swim Sports - BLC Squared - Fundamentals 1-5

The BWG Leisure Center has teamed up with the Simcoe Catholic District School Board to create a program that combines FREE tutoring with swimming activities. BLC2 will provide participants with access to a board-certified teacher for the first 30-45 minutes of the class followed by 45-60 minutes of pool time. Using the Lifesaving Sport Fundamentals program as a guide, students will develop their leadership and teamwork skills in a non-competitive and fun environment. This course is a great way to train your brain and your body! Prerequisites: Swim Kids Level 5. Note: Only students in grades 7-10 can benefit from the study time with the teacher, but anyone aged 8-16 may participate in the BLC program.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-15 yrs. **Length:** 1.5 hour **Ratio:** 1:10	Wed	Oct 4	4:00pm	10	6338

Resident Fees:
$50.00

Swim Sports - BLC Level 2 - Intermediate Division

The Bradford Lifesaving Club Intermediate Division trains athletes in the sport of Lifesaving through Fundamentals Level 3-5, while encouraging healthy living and regular physical fitness. Prerequisites: Completion of Fundamentals Level 2 or upon recommendation of a coach.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-15 yrs. **Length:** 1 hour **Ratio:** 1:10	Mon	Oct 2	6:00pm	10	6339
	Fri	Oct 6	6:00pm	10	6340

Resident Fees:
$50.00

LIFESAVING SPORT
FUNDAMENTALS

Swim Sports - Power Swim

For swimmers who are looking for a break from regular lessons or are looking to improve their endurance and overall physical fitness in the water. This swim program focuses on swim techniques and personal goals while introducing competitive swim strokes, turns and endurance training in a coached environment. Pre-requisite: Swim Kids 5.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-15 yrs. **Length:** 1 hour **Ratio:** 1:10	Tue	Oct 3	4:45pm	10	6341
	Thu	Oct 5	4:45pm	10	6342

Resident Fees:
$97.50

Swim Sports - Power Swim Advanced

This advanced level builds on the competitive skills learned in Power Swim. Participants learn competitive stroke techniques and racing skills. Swimmers improve their efficiency and endurance in the water as well as their overall physical fitness. Prerequisite: Completion of a minimum of 1 session of Power Swim and/or upon recommendation of a coach.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-15 yrs. **Length:** 1 hour **Ratio:** 1:10	Tue	Oct 3	6:00pm	10	6343
	Thu	Oct 5	6:00pm	10	6344

Resident Fees:
$97.50



Swim Sports - Recreational Water Polo

Swimmers learn the theory and skills behind this competitive water sport in a fun, positive atmosphere. Through drills in ball handling, kicking, and stroke technique, participants improve their efficiency and endurance in the water, and practice their new skills in exciting and challenging water polo games. This group program develops teamwork, sportsmanship and decision making skills, while improving overall fitness levels and swimming strokes. No prior water polo experience is required. Prerequisite: Swim Kids 5.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-12 yrs. **Length:** 1 hour **Ratio:** 1:12 **Resident Fees:** $50.00	Mon	Oct 2	7:15pm	10	6345

Swim Adapted Lap Pool

These lessons meet the swimming requirements of individuals with identified special needs. All participants are required to complete a medical form before the first lesson. The lap pool is for levels Crocodile, Whale and Swim Kids Level 3 to Swim Kids Level 10 ONLY.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-14 yrs. **Length:** 30 min. **Ratio:** 1:1 **Resident Fees:** 10 Classes:$87.50	Mon	Oct 2	4:30pm	10	6120
	Mon	Oct 2	5:00pm	10	6121
	Tue	Oct 3	4:30pm	10	6122
	Tue	Oct 3	4:30pm	10	6123
	Tue	Oct 3	5:00pm	10	6124
	Tue	Oct 3	5:30pm	10	6125
	Tue	Oct 3	5:45pm	10	6126
	Wed	Oct 4	7:00pm	10	6127
	Fri	Oct 6	4:45pm	10	6128
	Fri	Oct 6	5:45pm	10	6129
	Fri	Oct 6	6:30pm	10	6130

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%

Swim Adapted Leisure Pool

These lessons meet the swimming requirements of individuals with identified special needs. All participants are required to complete a medical form before the first lesson. The Leisure pool is for Sea Otter, Salamander, Sunfish and Swim Kids Level 1 to Swim Kids Level 2 ONLY.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-14 yrs. **Length:** 30 min. **Ratio:** 1:1 **Resident Fees:** 10 Classes:$87.50	Mon	Oct 2	5:30pm	10	6131
	Mon	Oct 2	6:15pm	10	6132
	Mon	Oct 2	6:45pm	10	6133
	Tue	Oct 3	5:00pm	10	6134
	Wed	Oct 4	4:45pm	10	6135
	Wed	Oct 4	5:15pm	10	6136
	Wed	Oct 4	5:45pm	10	6137
	Wed	Oct 4	6:30pm	10	6138
	Wed	Oct 4	7:00pm	10	6139
	Wed	Oct 4	7:30pm	10	6140
	Thu	Oct 5	4:30pm	10	6141
	Thu	Oct 5	5:00pm	10	6142
	Fri	Oct 6	4:30pm	10	6143
	Fri	Oct 6	5:15pm	10	6144
	Fri	Oct 6	5:45pm	10	6145

Swim Family Lessons

If you have 2 or more children at different swimming levels, this program is perfect for you! Our experienced Instructors will utilize multi-level teaching techniques with individualized lessons. Class sizes may vary.

Level Information	Level	Day	Start Dates	Time	Classes	Code
Age: 3-12 yrs. **Length:** 45 min. **Resident Fees:** 10 Classes: $92.50	Sea Otter/ Salamander	Sun	Oct 1	3:15pm	10	6146
		Sun	Oct 1	4:00pm	10	6147
	Sunfish/ Swim Kids 1-2	Sun	Oct 1	3:15pm	10	6148
		Sun	Oct 1	4:00pm	10	6149
	Crocodile/ Whale Swim Kids 3-4	Sun	Oct 1	3:15pm	10	6150
		Sun	Oct 1	4:00pm	10	6151
	Swim Kids 5-6	Sun	Oct 1	3:15pm	10	6152
		Sun	Oct 1	4:00pm	10	6153
	Swim Kids 7-10	Sun	Oct 1	3:15pm	10	6154
		Sun	Oct 1	4:00pm	10	6155

Swim Privates - 1 on 1 Leisure Pool

These classes are intended as a support for participants who have repeated a level several times. This is an opportunity to focus on completing specific skills or strokes in order to progress to the next level. 1 on 1 lessons are not provided for Rookie, Ranger, Star, Bronze Star or advanced leadership courses. *For levels Sea Otter, Salamander, Sunfish, Swim Kids Level 1 and Swim Kids Level 2 ONLY.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-14 yrs. **Length:** 30 min. **Ratio:** 1:1 **Resident Fees:** 10 Classes: Private $245 Semi-Private $185	Sat	Sep 30	9:15am	10	6284
	Sat	Sep 30	9:45am	10	6285
	Sat	Sep 30	9:45am	10	6286
	Sat	Sep 30	10:45am	10	6287
	Sat	Sep 30	10:45am	10	6288
	Sat	Sep 30	11:15am	10	6289
	Sun	Oct 1	9:15am	10	6290
	Sun	Oct 1	9:45am	10	6291
	Sun	Oct 1	10:15am	10	6292
	Sun	Oct 1	10:45am	10	6293
	Sun	Oct 1	11:00am	10	6294
	Sun	Oct 1	11:15am	10	6295
	Sun	Oct 1	11:30am	10	6296
	Mon	Oct 2	4:30pm	10	6297
	Mon	Oct 2	5:00pm	10	6298
	Mon	Oct 2	5:30pm	10	6299
	Mon	Oct 2	6:15pm	10	6300
	Mon	Oct 2	6:30pm	10	6301
	Mon	Oct 2	6:45pm	10	6302
	Mon	Oct 2	7:00pm	10	6303
	Mon	Oct 2	7:15pm	10	6304
	Mon	Oct 2	7:15pm	10	6305
	Tue	Oct 3	4:45pm	10	6306
	Tue	Oct 3	5:00pm	10	6307
	Tue	Oct 3	5:15pm	10	6308
	Tue	Oct 3	5:15pm	10	6309
	Tue	Oct 3	5:30pm	10	6310
	Tue	Oct 3	5:30pm	10	6311
	Tue	Oct 3	5:45pm	10	7003
	Tue	Oct 3	6:15pm	10	6313
	Tue	Oct 3	6:30pm	10	6314
	Wed	Oct 4	4:30pm	10	6315
	Wed	Oct 4	4:30pm	10	6316
	Wed	Oct 4	4:45pm	10	6317
	Wed	Oct 4	5:00pm	10	6318
	Wed	Oct 4	5:15pm	10	6319
	Wed	Oct 4	5:45pm	10	6320
	Wed	Oct 4	6:15pm	10	6321
	Wed	Oct 4	7:00pm	10	6322
	Wed	Oct 4	7:15pm	10	6323
	Wed	Oct 4	7:15pm	10	6324
	Wed	Oct 4	7:15pm	10	6325
	Wed	Oct 4	7:45pm	10	6326
	Wed	Oct 4	7:45pm	10	6327
	Thu	Oct 5	4:30pm	10	6328
	Thu	Oct 5	4:45pm	10	6329
	Thu	Oct 5	5:15pm	10	6330
	Thu	Oct 5	5:15pm	10	6331
	Thu	Oct 5	5:45pm	10	6966
	Thu	Oct 5	6:15pm	10	6965
	Fri	Oct 6	4:45pm	10	6333
	Fri	Oct 6	5:00pm	10	6334
	Fri	Oct 6	5:00pm	10	6335
	Fri	Oct 6	6:45pm	10	6336
	Fri	Oct 6	6:45pm	10	6337

Homeschool Lessons

Designed for school-aged students who attend school at home. Students learn in a multi-level teaching environment based on their Red Cross Swim Kids Level. Students must be at least 5 years old and at most 16 years old in order to register.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-16 yrs. **Length:** 45 min.	Mon	Oct 2	1:15pm	10	6967
	Tues	Oct 3	1:15pm	10	6968
	Thurs	Oct 5	1:15pm	10	6969



Swim Privates - 1 on 1 Lap Pool

These classes are intended as a support for participants who have repeated a level several times. This is an opportunity to focus on completing specific skills or strokes in order to progress to the next level. 1 on 1 lessons are not provided for Rookie, Ranger, Star, Bronze Star or advanced leadership courses. *For levels Crocodile, Whale, Swim Kids Level 3 to Swim Kids Level 10 ONLY

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-14 yrs. **Length:** 30 min. **Ratio:** 1:1 **Resident Fees:** 10 Classes: Private $245 Semi-Private $185	Sat	Sep 30	9:15am	10	6253
	Sat	Sep 30	9:45am	10	6254
	Sat	Sep 30	10:15am	10	6255
	Sat	Sep 30	10:15am	10	6256
	Sat	Sep 30	10:15am	10	6257
	Sat	Sep 30	11:00am	10	6258
	Sat	Sep 30	11:30am	10	6259
	Sat	Sep 30	11:30am	10	6260
	Sun	Oct 1	10:00am	10	6261
	Sun	Oct 1	10:00am	10	6262
	Sun	Oct 1	10:15am	10	6263
	Sun	Oct 1	11:00am	10	6264
	Sun	Oct 1	11:30am	10	6265
	Mon	Oct 2	4:30pm	10	6266
	Mon	Oct 2	4:45pm	10	6267
	Mon	Oct 2	5:00pm	10	6268
	Mon	Oct 2	5:30pm	10	6269
	Tue	Oct 3	4:30pm	10	6270
	Tue	Oct 3	5:00pm	10	6271
	Tue	Oct 3	5:45pm	10	6272
	Wed	Oct 4	5:30pm	10	6273
	Wed	Oct 4	5:30pm	10	6274
	Wed	Oct 4	6:30pm	10	6275
	Wed	Oct 4	7:30pm	10	6276
	Wed	Oct 4	7:30pm	10	6277
	Wed	Oct 4	7:30pm	10	6278
	Wed	Oct 4	7:45pm	10	6279
	Wed	Oct 4	7:45pm	10	6280
	Thu	Oct 5	4:30pm	10	6281
	Thu	Oct 5	5:45pm	10	7002
	Fri	Oct 6	5:15pm	10	6282
	Fri	Oct 6	6:45pm	10	6283

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%

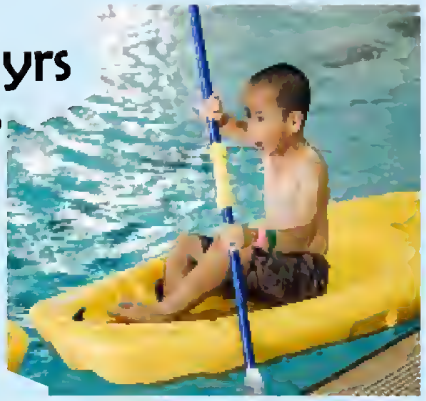


SEMI-PRIVATE LESSONS

If you are interested in semi-private swimming lessons register the first child in a 1 on 1 time slot and contact the Aquatic Programmer at 905-775-7529 ext. 8402 to add the second child. Semi-private fees listed on page 59. *Please note that children must be no more*



Aqua Adventures - 7-10yrs



March Break: March 12-16, 2018 $171.25

Make a SPLASH in this 1 week camp that combines swimming games with traditional camp activities. Children have the opportunity to sample water sports and activities in the pool during their 2 daily swims.

Monday-Friday 9am-4pm Code: 6825

Bradford Lifesaving Camp - 10-15yrs

March Break: March 12-16, 2018 $200.00

Learn about lifesaving sport and train for the Junior Lifeguard Games

Monday-Friday 9am-4pm + Sunday March 18 3-7pm Code: 7004

Bradford Junior Lifeguard Games -

March Break: March 18, 2018 $15.00

Compete against other Junior Lifeguard Clubs! Free for Aquatic Campers

Sunday, March 18 4-7pm Code: 7005

Leadership Courses - 13+yrs

Winter Break: December 27, 2017 - January 5, 2018

Bronze Medallion Wed-Sat, Dec 27-30, 2017 11:30am-7pm Code: 6669

SFA Instructor w/ESC Tue-Wed Jan 2-3, 2017 12-6pm Code: 6671

NL Recert + SFA Thu-Fri Jan 3-4, 11am-9pm Code: 6670

March Break: March 12-16, 2018

Bronze Cross Monday-Friday, March 12-16, 2018 12-7pm Code: 6698

See Auditor Tuesday, March 13, 2018 4:30-8:30pm Code: 6684

Winter - Preschool

Preschool 1 - Starfish (Parent Assisted)

Babies and their caregivers work on getting wet, buoyancy and movement, front, back and vertical position in the water, and shallow water entries and exits. This level is participation-based only, without formal evaluation.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 4-24 mos. **Length:** 30 min. **Ratio:** 1:10 **Resident Fees:** 9 Classes: $78.75	Sat	Jan 6	10:00am	9	6354
	Sun	Jan 7	10:00am	9	6355
	Tue	Jan 9	10:15am	9	6372
	Wed	Jan 10	6:15pm	9	6356

Preschool 2 - Duck (Parent Assisted)

Babies and their caregivers work on rhythmic breathing, moving forward and backward, front and back float with recovery, and shallow water entries and exits. This level is participation-based only, without formal evaluation.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 4-24 mos. **Length:** 30 min. **Ratio:** 1:10 **Resident Fees:** 9 Classes: $78.75	Sat	Jan 6	9:00am	9	6357
	Sat	Jan 6	10:45am	9	6358
	Sun	Jan 7	9:00am	9	6359
	Sun	Jan 7	10:45am	9	6360
	Tue	Jan 9	9:15am	9	6361
	Thu	Jan 11	5:45pm	9	6362
	Fri	Jan 12	6:15pm	9	6363

Preschool 3 - Sea Turtle (Parent Assisted)

Toddlers and their caregivers work on submersion, front and back floats and glides, jumping into chest-deep water with assistance, front kicking, and front swim. This level is participation-based only, without formal evaluation.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 24-36 mos. **Length:** 30 min. **Ratio:** 1:10 **Resident Fees:** 8 Classes: $70.00 9 Classes: $78.75	Sat	Jan 6	9:30am	9	6364
	Sat	Jan 6	11:15am	9	6365
	Sun	Jan 7	9:30am	9	6366
	Sun	Jan 7	11:15am	9	6367
	Mon	Jan 8	6:15pm	8	6368
	Tue	Jan 9	9:45am	9	6369
	Thu	Jan 11	6:15pm	9	6370
	Fri	Jan 12	5:30pm	9	6371

Preschool 4 - Sea Otter

This is the entry level for 3-5 year olds who have not taken swimming lessons. Swimmers work on assisted front and back floats and glides, and front kicking.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-5yrs. **Length:** 30 min. **Ratio:** 1:4 **Resident Fees:** 8 Classes: $70.00 9 Classes: $78.75	Sat	Jan 6	9:15am	9	6373
	Sat	Jan 6	9:45am	9	6374
	Sat	Jan 6	10:15am	9	6375
	Sat	Jan 6	10:45am	9	6376
	Sat	Jan 6	11:15am	9	6377
	Sat	Jan 6	11:30am	9	6378
	Sun	Jan 7	9:15am	9	6379
	Sun	Jan 7	9:45am	9	6380
	Sun	Jan 7	10:15am	9	6381
	Sun	Jan 7	10:45am	9	6382
	Sun	Jan 7	11:15am	9	6383
	Sun	Jan 7	11:30am	9	6384
	Mon	Jan 8	4:45pm	8	6385
	Mon	Jan 8	5:15pm	8	6386
	Mon	Jan 8	6:30pm	8	6387
	Tue	Jan 9	9:15am	9	6388
	Tue	Jan 9	9:45am	9	6389
	Tue	Jan 9	10:15am	9	6390
	Tue	Jan 9	4:45pm	9	6391
	Tue	Jan 9	6:30pm	9	6392
	Wed	Jan 10	4:45pm	9	6393
	Wed	Jan 10	6:15pm	9	6394
	Wed	Jan 10	6:45pm	9	6395
	Thu	Jan 11	4:45pm	9	6396
	Thu	Jan 11	5:30pm	9	6397
	Thu	Jan 11	6:30pm	9	6637
	Fri	Jan 12	5:00pm	9	6398
	Fri	Jan 12	5:30pm	9	6399
	Fri	Jan 12	6:30pm	9	6400

Waitlists Work!
Adding your name to a waitlist allows staff to create new programs when possible. When placing your name on a waitlist please choose a day/time closest to what works best for you. Staff will contact you if any spots open up. *Limit of 2 waitlists per participant.*

What level should I register in?

The Bradford Lions Aquatic Centre offers FREE swimming lesson assessments.
Please contact the pool to request a screening during a scheduled leisure swim.

Preschool 5 - Salamander

Swimmers work on improving their front and back floats and jumping into chest-deep water unassisted. Kicking is added to the front and back glide.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-5yrs. **Length:** 30 min. **Ratio:** 1:5 **Resident Fees:** 8 Classes: $70.00 9 Classes: $78.75	Sat	Jan 6	9:00am	9	6401
	Sat	Jan 6	9:30am	9	6402
	Sat	Jan 6	10:00am	9	6403
	Sat	Jan 6	11:00am	9	6404
	Sat	Jan 6	11:30am	9	6405
	Sun	Jan 7	9:00am	9	6406
	Sun	Jan 7	9:30am	9	6407
	Sun	Jan 7	11:00am	9	6408
	Sun	Jan 7	11:30am	9	6409
	Mon	Jan 8	5:45pm	8	6410
	Mon	Jan 8	6:30pm	8	6411
	Tue	Jan 9	4:30pm	9	6412
	Tue	Jan 9	6:30pm	9	6413
	Wed	Jan 10	5:15pm	9	6414
	Wed	Jan 10	5:30pm	9	6415
	Wed	Jan 10	6:45pm	9	6416
	Thu	Jan 11	5:00pm	9	6417
	Thu	Jan 11	6:30pm	9	6418
	Fri	Jan 12	5:15pm	9	6419
	Fri	Jan 12	6:30pm	9	6420

Red Cross Conversion Chart

Preschool to Swim Kids Transition

If they took...	The level was marked...	Register them in...
Sea Otter or Salamander	Complete or Incomplete	Swim Kids 1
Sunfish	Incomplete	Swim Kids 1
Sunfish	Complete	Swim Kids 2
Crocodile	Incomplete	Swim Kids 2
Crocodile	Complete	Swim Kids 3
Whale	Incomplete	Swim Kids 3
Whale	Complete	Swim Kids 4

Preschool 6 - Sunfish

Swimmers work on kicking and can perform front and back glides, enter deep water safely, float in deep water and swim 5m continuously.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-6yrs. **Length:** 30 min. **Ratio:** 1:6 **Resident Fees:** 8 Classes: $70.00 9 Classes: $78.75	Sat	Jan 6	9:30am	9	6421
	Sat	Jan 6	10:15am	9	6422
	Sun	Jan 7	9:30am	9	6423
	Sun	Jan 7	10:15am	9	6424
	Sun	Jan 7	11:30am	9	6425
	Mon	Jan 8	4:45pm	8	6426
	Mon	Jan 8	5:45pm	8	6427
	Tue	Jan 9	5:15pm	9	6428
	Wed	Jan 10	5:45pm	9	6429
	Thu	Jan 11	5:00pm	9	6430
	Thu	Jan 11	6:00pm	9	6431
	Fri	Jan 12	4:30pm	9	6432
	Fri	Jan 12	6:15pm	9	6433

Preschool 7/8 - Crocodile/Whale

Crocodile: Swimmers further develop front and back glides with kicking, front and back swims, swimming with a PFD in deep water, and swimming 10m continuously.
Whale: Children will swim independently, increase their distance and improve skills in front and back swims, and swim 15m continuously.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-6yrs. **Length:** 30 min. **Ratio:** 1:6 **Resident Fees:** 9 Classes: $78.75	Sat	Jan 6	10:15am	9	6434
	Sun	Jan 7	10:00am	9	6435
	Tue	Jan 9	6:15pm	9	6436
	Wed	Jan 10	6:15pm	9	6437
	Thu	Jan 11	6:15pm	9	6438
	Fri	Jan 12	5:30pm	9	6439

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%

Swim Kids 1

This level introduces swimmers to water and the pool area and works on floats, glides and kicking.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. **Length:** 30 min. **Ratio:** 1:6 **Resident Fees:** 8 Classes: $70.00 9 Classes: $78.75	Sat	Jan 6	9:15am	9	6477
	Sat	Jan 6	11:00am	9	6478
	Sun	Jan 7	9:15am	9	6479
	Sun	Jan 7	9:45am	9	6480
	Sun	Jan 7	11:00am	9	6481
	Mon	Jan 8	5:30pm	8	6482
	Mon	Jan 8	6:45pm	8	6483
	Tue	Jan 9	4:45pm	9	6484
	Tue	Jan 9	6:15pm	9	6485
	Wed	Jan 10	5:30pm	9	6486
	Wed	Jan 10	6:30pm	9	6487
	Thu	Jan 11	4:30pm	9	6488
	Thu	Jan 11	5:30pm	9	6489
	Fri	Jan 12	4:45pm	9	6490
	Fri	Jan 12	5:45pm	9	6491
	Fri	Jan 12	6:45pm	9	6492

Swim Kids 2

This level further improves the front swim, and the use of a Personal Flotation Device (PFD). Fitness activities include a 10m distance swim.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. **Length:** 30 min. **Ratio:** 1:6 **Resident Fees:** 8 Classes: $70.00 9 Classes: $78.75	Sat	Jan 6	9:00am	9	6493
	Sat	Jan 6	10:00am	9	6494
	Sat	Jan 6	11:00am	9	6495
	Sun	Jan 7	9:00am	9	6496
	Sun	Jan 7	10:00am	9	6497
	Sun	Jan 7	11:00am	9	6498
	Mon	Jan 8	5:15pm	8	6499
	Tue	Jan 9	5:30pm	9	6500
	Wed	Jan 10	5:00pm	9	6501
	Thu	Jan 11	6:15pm	9	6502
	Fri	Jan 12	4:30pm	9	6503
	Fri	Jan 12	5:30pm	9	6504
	Fri	Jan 12	6:15pm	9	6505

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%

What level should I register in?
The Bradford Lions Aquatic Centre offers FREE swimming lesson assessments. *Please contact the pool to request a screening during a scheduled leisure swim.*

Swim Kids 3

This level provides more practice for endurance in front and back flutter kick and a 15m swim. Students will also receive an introduction to diving.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. **Length:** 30 min. **Ratio:** 1:6 **Resident Fees:** 8 Classes: $70.00 9 Classes: $78.75	Sat	Jan 6	9:45am	9	6506
	Sat	Jan 6	11:30am	9	6507
	Sun	Jan 7	9:45am	9	6508
	Sun	Jan 7	11:30am	9	6509
	Mon	Jan 8	4:45pm	8	6510
	Tue	Jan 9	4:30pm	9	6511
	Tue	Jan 9	6:15pm	9	6512
	Wed	Jan 10	5:15pm	9	6513
	Wed	Jan 10	7:00pm	9	6514
	Thu	Jan 11	5:00pm	9	6515
	Fri	Jan 12	5:00pm	9	6516
	Fri	Jan 12	6:15pm	9	6517

Swim Kids 4

This level introduces front and back swim with shoulder roll. Endurance is built through a 25m swim.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. **Length:** 30 min. **Ratio:** 1:6 **Resident Fees:** 8 Classes: $70.00 9 Classes: $78.75	Sat	Jan 6	9:15am	9	6518
	Sat	Jan 6	11:00am	9	6519
	Sat	Jan 6	11:30am	9	6520
	Sun	Jan 7	9:15am	9	6521
	Sun	Jan 7	11:00am	9	6522
	Sun	Jan 7	10:15am	9	6636
	Mon	Jan 8	5:15pm	8	6523
	Tue	Jan 9	6:15pm	9	6524
	Wed	Jan 10	6:30pm	9	6525
	Wed	Jan 10	5:00pm	9	6771
	Thu	Jan 11	5:30pm	9	6526
	Thu	Jan 11	6:15pm	9	6527
	Fri	Jan 12	4:30pm	9	6528
	Fri	Jan 12	4:45pm	9	6529

Swim Kids 5

This level introduces the back crawl (15m), whip kick on the back, and treading water. Front crawl increases to 15m. Endurance is developed through a 50m swim.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. **Length:** 30 min. **Ratio:** 1:8 **Resident Fees:** 8 Classes: $70.00 9 Classes: $78.75	Sat	Jan 6	9:45am	9	6530
	Sun	Jan 7	9:45am	9	6531
	Sun	Jan 7	11:30am	9	6532
	Mon	Jan 8	5:45pm	8	6533
	Tue	Jan 9	6:15pm	9	6534
	Wed	Jan 10	4:30pm	9	6535
	Wed	Jan 10	6:00pm	9	6536
	Thu	Jan 11	6:15pm	9	6537
	Fri	Jan 12	5:30pm	9	6538

Swim Kids 6

This level refines front crawl (25m) and back crawl (25m), and introduces elementary backstroke (15m). Endurance is built through dolphin kick and a 75m swim.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. **Length:** 45 min. **Ratio:** 1:8 **Resident Fees:** 8 Classes: $74.00 9 Classes: $83.25	Sat	Jan 6	9:45am	9	6539
	Sun	Jan 7	9:15am	9	6540
	Mon	Jan 8	5:15pm	8	6541
	Tue	Jan 9	5:15pm	9	6542
	Wed	Jan 10	4:30pm	9	6543
	Thu	Jan 11	5:15pm	9	6544
	Fri	Jan 12	6:15pm	9	6545

Swim Kids 7

This level builds skills and endurance for the front crawl (50m), back crawl (50m), and elementary backstroke (25m), and introduces whip kick on the front. Swimming endurance is increased to a 150m swim.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. **Length:** 45 min. **Ratio:** 1:10 **Resident Fees:** 8 Classes: $74.00 9 Classes: $83.25	Sat	Jan 6	9:00am	9	6546
	Sun	Jan 7	9:00am	9	6547
	Mon	Jan 8	4:30pm	8	6548
	Wed	Jan 10	5:15pm	9	6549
	Fri	Jan 12	4:45pm	9	6550

Swim Kids 8

This level is an introduction to breast stroke (15m). Endurance is built with a 300m swim. Front crawl and back crawl distances are increased to 75m each.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. **Length:** 45 min. **Ratio:** 1:10 **Resident Fees:** 9 Classes: $83.25	Sat	Jan 6	9:00am	9	6551
	Sun	Jan 7	10:45am	9	6552
	Wed	Jan 10	4:30pm	9	6553
	Fri	Jan 12	5:15pm	9	6554

Swim Kids 9

This level refines the front crawl (100m), back crawl (100m), elementary back stroke (50m), and breast stroke (25m), and encourages swimmers to combine different kicks for fitness (3 mins). Endurance is built through a 400m swim.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. **Length:** 45 min. **Ratio:** 1:10 **Resident Fees:** 8 Classes: $74.00 9 Classes: $83.25	Sat	Jan 7	10:45am	9	6243
	Mon	Jan 8	6:15pm	8	6555
	Wed	Jan 10	6:15pm	9	6556
	Fri	Jan 12	6:15pm	9	6557
	*NOTE: Saturday course 6243 is a combined Swim Kids 9/10 class.				

Swim Kids 10

This level is a final assessment of the strokes for technique and distance (front crawl 100m, back crawl 100m, elementary back stroke 50m, breast stroke 50m and sidestroke 25m). Endurance is built with the dolphin kick (vertical) and a 500m swim.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. **Length:** 45 min. **Ratio:** 1:10 **Resident Fees:** 8 Classes: $74.00 9 Classes: $83.25	Sat	Jan 7	10:45am	9	6243
	Mon	Jan 8	6:00pm	8	6559
	Tue	Jan 9	4:30pm	9	6560
	Wed	Jan 10	7:00pm	9	6561
	Thu	Jan 11	4:30pm	9	6562
	*NOTE: Saturday course 6243 is a combined Swim Kids 9/10 class.				

SWIM PATROL

Swim Patrol 1 - Rookie

Swimmers continue stroke development with 50m swims of front crawl, back crawl and breaststroke. Lifesaving sport skills include a 25m obstacle swim and 15m object carry. Fitness improves in 350m workouts and 100m timed swims.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-13 yrs. **Length:** 1 hour **Ratio:** 1:10	Sun	Jan 7	9:00am	9	6563
	Tue	Jan 9	5:00pm	9	6564

Resident Fees:
9 Classes: $87.75

Swim Patrol 2 - Ranger

Swimmers develop better strokes over 75m swims of each stroke. They tackle lifesaving sport skills in a lifesaving medley, timed object support and rescue with a buoyant aid. Skill drills develop a strong lifesaving foundation.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-13 yrs. **Length:** 1 hours **Ratio:** 1:10	Sun	Jan 7	10:45am	9	6565
	Wed	Jan 10	7:00pm	9	6566

Resident Fees:
9 Classes: $87.75

Swim Patrol 3 - Star

Swimmers are challenged with 600m workouts, 300m timed swims and a 25m object carry. Strokes are refined over 100m swims. Lifesaving skills include defence methods, victim removals, and rolling over and supporting a victim face up in shallow water.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-13 yrs. **Length:** 1 hour **Ratio:** 1:10	Sun	Jan 7	10:45am	9	6567
	Wed	Jan 10	7:00pm	9	6568

Resident Fees:
9 Classes: $87.75

SWIM SPORTS

Swim Sports - Power Swim

For swimmers who are looking for a break from regular lessons or are looking to improve their endurance and overall physical fitness in the water. This swim program focuses on swim techniques and personal goals while introducing competitive swim strokes, turns and endurance training in a coached environment. Pre-requisite: Swim Kids 5.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-15 yrs. **Length:** 1 hour **Ratio:** 1:10	Tue	Jan 9	4:45pm	9	6638
	Thu	Jan 11	4:45pm	9	6639

Resident Fees:
9 Classes:$87.75

Swim Sports - Power Swim Advanced

This advanced level builds on the competitive skills learned in Power Swim. Participants learn competitive stroke techniques and racing skills. Swimmers improve their efficiency and endurance in the water as well as their overall physical fitness. Prerequisite: Completion of a minimum of 1 session of Power Swim and/or upon recommendation of a coach.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-15 yrs. **Length:** 1 hour **Ratio:** 1:10	Tue	Jan 9	6:00pm	9	6640
	Thu	Jan 11	6:00pm	9	6641

Resident Fees:
9 Classes:$87.75



Teen Swim Basic 1

Swimmers learn front and back float, front and back glide with kick, front swim for 10m, shallow water entries and exits, and deep-water activities (assisted). No previous swimming experience required.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 13-18 years **Length:** 45 min. **Ratio:** 1:8 **Resident Fees:** 8 Classes: $74.00	Mon	Jan 8	6:00pm	8	6642

Teen Swim Basic 2

Swimmers learn back swim with shoulder roll, front and back crawl, sitting dive, kneeling dive, stride dive and front dive, treading water, and swim a minimum distance of 25m. Prerequisites: Some swimming experience required and can perform front swim 10m comfortably.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 13-18 years **Length:** 45 min. **Ratio:** 1:8 **Resident Fees:** 8 Classes: $74.00	Mon	Jan 8	6:45pm	8	6643

Teen Swim Strokes

Swimmers choose the stroke(s) they wish to focus on. Participation program with individual goals. Prerequisites: Able to swim front crawl 15m continuously, back crawl 15m and is comfortable in deep water.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 13-18 years **Length:** 45 min. **Ratio:** 1:8 **Resident Fees:** 8 Classes: $74.00	Mon	Jan 8	7:30pm	8	6644

Total Confidence - Adult Swim Basic 1

Swimmers learn front and back float, front and back glide with kick, front swim for 10m, shallow water entries and exits, and deep-water activities (assisted). No previous swimming experience required.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 18+ years **Length:** 45 min. **Ratio:** 1:8 **Resident Fees:** 8 Classes: $74.00	Mon	Jan 8	6:00pm	8	6645

Total Efficiency - Adult Swim Basic 2

Swimmers learn back swim with shoulder roll, front and back crawl, sitting dive, kneeling dive, stride dive and front dive, treading water, and swim a minimum distance of 25m. Prerequisites: Some swimming experience required and can perform front swim 10m comfortably.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 18+ years **Length:** 45 min. **Ratio:** 1:8 **Resident Fees:** 8 Classes: $74.00	Mon	Jan 8	6:45pm	8	6646

Total Proficiency - Adult Swim Strokes

Swimmers choose the stroke(s) they wish to focus on. Participation program with individual goals. Prerequisites: Able to swim front crawl 15m continuously, back crawl 15m and is comfortable in deep water.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 18+ years **Length:** 45 min. **Ratio:** 1:8 **Resident Fees:** 8 Classes: $74.00	Mon	Jan 8	7:30pm	8	6647

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%

Swim Family Lessons

If you have 2 or more children at different swimming levels, this program is perfect for you! Our experienced Instructors will utilize multi-level teaching techniques with individualized lessons. Class sizes may vary.

Level Information	Level	Day	Start Dates	Time	Classes	Code
Age: 3-12 yrs.	Sea Otter/ Salamander	Sun	Jan 7	3:15pm	9	6467
		Sun	Jan 7	4:00pm	9	6468
Length: 45 min.	Sunfish/ Swim Kids 1-2	Sun	Jan 7	3:15pm	9	6469
		Sun	Jan 7	4:00pm	9	6470
Resident Fees: 9 Classes: $83.25	Crocodile/ Whale Swim Kids 3-4	Sun	Jan 7	3:15pm	9	6471
		Sun	Jan 7	4:00pm	9	6472
	Swim Kids 5-6	Sun	Jan 7	3:15pm	9	6473
		Sun	Jan 7	4:00pm	9	6474
	Swim Kids 7-10	Sun	Jan 7	3:15pm	9	6475
		Sun	Jan 7	4:00pm	9	6476

Homeschool Lessons

Designed for school-aged students who attend school at home. Students learn in a multi-level teaching environment based on their Red Cross Swim Kids Level. Students must be at least 5 years old and at most 16 years old in order to register.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-16 yrs.	Mon	Jan 8	1:15pm	8	6970
Length: 45 min.	Tues	Jan 9	1:15pm	9	6971
	Thurs	Jan 11	1:15pm	9	6972



All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%

Swim Adapted Lap Pool

These lessons meet the swimming requirements of individuals with identified special needs. All participants are required to complete a medical form before the first lesson. The lap pool is for levels Crocodile, Whale and Swim Kids Level 3 to Swim Kids Level 10 ONLY.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-14 yrs.	Mon	Jan 8	4:30pm	8	6440
Length: 30 min. **Ratio:** 1:1	Mon	Jan 8	5:00pm	8	6441
	Mon	Jan 8	5:30pm	8	6442
Resident Fees: 8 Classes: $70.00 9 Classes: $78.75	Tue	Jan 9	4:30pm	9	6443
	Tue	Jan 9	4:30pm	9	6444
	Tue	Jan 9	5:00pm	9	6445
	Tue	Jan 9	5:30pm	9	6446
	Tue	Jan 9	5:45pm	9	6447
	Wed	Jan 10	5:45pm	9	6448
	Wed	Jan 10	7:00pm	9	6449
	Wed	Jan 10	7:30pm	9	6450
	Fri	Jan 12	4:45pm	9	6451
	Fri	Jan 12	5:45pm	9	6452
	Fri	Jan 12	6:30pm	9	6453

Swim Adapted Leisure Pool

These lessons meet the swimming requirements of individuals with identified special needs. All participants are required to complete a medical form before the first lesson. The Leisure pool is for Sea Otter, Salamander, Sunfish and Swim Kids Level 1, Swim Kids Level 2 ONLY.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-14 yrs.	Mon	Jan 8	5:30pm	8	6454
Length: 30 min. **Ratio:** 1:1	Mon	Jan 8	6:15pm	8	6455
	Mon	Jan 8	6:45pm	8	6456
Resident Fees: 8 Classes: $70.00 9 Classes: $78.75	Tue	Jan 9	5:00pm	9	6457
	Wed	Jan 10	4:45pm	9	6458
	Wed	Jan 10	5:15pm	9	6459
	Wed	Jan 10	6:30pm	9	6460
	Wed	Jan 10	7:00pm	9	6461
	Thu	Jan 11	4:30pm	9	6462
	Thu	Jan 11	5:00pm	9	6463
	Fri	Jan 12	4:30pm	9	6464
	Fri	Jan 12	5:15pm	9	6465
	Fri	Jan 12	5:45pm	9	6466

Swim Privates - 1 on 1 - Leisure Pool

These classes are intended as a support for participants who have repeated a level several times. This is an opportunity to focus on completing specific skills or strokes in order to progress to the next level. 1 on 1 lessons are not provided for Rookie, Ranger, Star, Bronze Star or advanced leadership courses. *For levels Sea Otter, Salamander, Sunfish, Swim Kids Level 1 and Swim Kids Level 2 ONLY.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-14 yrs. **Length:** 30 min. **Ratio:** 1:1 **Resident Fees:** 8 Classes: Private $196 Semi-Private $148 9 Classes: Private $220.50 Semi-Private $166.50	Sat	Jan 6	9:15am	9	6603
	Sat	Jan 6	9:45am	9	6604
	Sat	Jan 6	9:45am	9	6605
	Sat	Jan 6	10:45am	9	6606
	Sat	Jan 6	11:15am	9	6607
	Sun	Jan 7	9:15am	9	6608
	Sun	Jan 7	9:45am	9	6609
	Sun	Jan 7	10:15am	9	6610
	Sun	Jan 7	10:45am	9	6611
	Sun	Jan 7	11:15am	9	6612
	Mon	Jan 8	7:15pm	8	6613
	Mon	Jan 8	7:15pm	8	6614
	Tue	Jan 9	5:00pm	9	6615
	Tue	Jan 9	5:15pm	9	6616
	Tue	Jan 9	5:30pm	9	6617
	Tue	Jan 9	5:30pm	9	6618
	Tue	Jan 9	6:15pm	9	6619
	Wed	Jan 10	4:30pm	9	6620
	Wed	Jan 10	4:30pm	9	6621
	Wed	Jan 10	5:00pm	9	6622
	Wed	Jan 10	7:15pm	9	6623
	Wed	Jan 10	7:15pm	9	6624
	Wed	Jan 10	7:45pm	9	6625
	Thu	Jan 11	4:30pm	9	6626
	Thu	Jan 11	4:45pm	9	6627
	Thu	Jan 11	5:15pm	9	6628
	Thu	Jan 11	5:15pm	9	6629
	Thu	Jan 11	5:30pm	9	6630
	Fri	Jan 12	4:45pm	9	6631
	Fri	Jan 12	5:00pm	9	6632
	Fri	Jan 12	5:00pm	9	6633
	Fri	Jan 12	6:45pm	9	6634
	Fri	Jan 12	6:45pm	9	6635

Swim Privates - 1 on 1 - Lap Pool

These classes are intended as a support for participants who have repeated a level several times. This is an opportunity to focus on completing specific skills or strokes in order to progress to the next level. 1 on 1 lessons are not provided for Rookie, Ranger, Star, Bronze Star or advanced leadership courses. *For levels Crocodile, Whale, Swim Kids Level 3 to Swim Kids Level 10 ONLY.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-14 yrs. **Length:** 30 min. **Ratio:** 1:1 **Resident Fees:** 8 Classes: Private $196 Semi-Private $148 9 Classes: Private $220.50 Semi-Private $166.50	Sat	Jan 6	9:15am	9	6569
	Sat	Jan 6	9:45am	9	6570
	Sat	Jan 6	10:15am	9	6571
	Sat	Jan 6	10:15am	9	6572
	Sat	Jan 6	10:15am	9	6573
	Sat	Jan 6	11:00am	9	6574
	Sat	Jan 6	11:30am	9	6575
	Sat	Jan 6	11:30am	9	6576
	Sun	Jan 7	10:00am	9	6578
	Sun	Jan 7	10:00am	9	6579
	Sun	Jan 7	10:15am	9	6580
	Sun	Jan 7	11:00am	9	6581
	Sun	Jan 7	11:30am	9	6582
	Mon	Jan 8	4:30pm	8	6583
	Mon	Jan 8	4:45pm	8	6584
	Mon	Jan 8	5:00pm	8	6585
	Mon	Jan 8	7:00pm	8	6586
	Mon	Jan 8	7:00pm	8	6587
	Mon	Jan 8	7:00pm	8	6588
	Mon	Jan 8	7:00pm	8	6589
	Mon	Jan 8	7:30pm	8	6590
	Mon	Jan 8	7:30pm	8	6591
	Tue	Jan 9	4:30pm	9	6592
	Tue	Jan 9	5:00pm	9	6593
	Tue	Jan 9	5:45pm	9	6594
	Wed	Jan 10	5:30pm	9	6595
	Wed	Jan 10	7:30pm	9	6596
	Wed	Jan 10	7:30pm	9	6597
	Wed	Jan 10	7:45pm	9	6598
	Wed	Jan 10	7:45pm	9	6599
	Thu	Jan 11	4:30pm	9	6600
	Fri	Jan 12	5:15pm	9	8601
	Fri	Jan 12	6:45pm	9	6602

Aquatic Fast Track



AQUATIC FAST TRACK

BWG LEISURE CENTRE

Earn high school credits and gain qualifications to land the

BEST. JOB. EVER.

WEDNESDAYS 5-9PM @ THE BWG LEISURE CENTRE

+ SAT SEPT 9 & JAN 13 10-6

Semester 1—$375.00

Must be 14 by the last day of the course

- Grade 10 Phys Ed (PAQ20)
- Emergency First Aid
- Standard First Aid
- Bronze Medallion
- Bronze Cross
- WSI Part 1 (online)
- National Lifeguard Prep

CODE: 6027

+ SAT FEB 10 & JUN 2 9-5

Semester 2—$347.75

Must be 16 by the last day of the course

- Grade 11 Leadership (PAZ3C)
- Standard First Aid Recert
- National Lifeguard
- Lifesaving Instructor
- WSI Part 2
- 8hr apprenticeship
- Aquatic Wet Interview

CODE: 6028

Open to all Ontario Secondary School Students
Register online or in person TODAY

In partnership with: SIMCOE MUSKOKA CATHOLIC DISTRICT SCHOOL BOARD

Don't get turned away at the first class.

Make sure you have the proper course prerequisites!

Refer to each course description for course prerequisites.

Check and print your awards at **lifesavingsociety.com**

To view your awards:

1. Click on: Find a Member (on right hand side)
2. Fill in your Lifesaving Society ID #. You can find your Lifesaving Society IDo n the bottom right corner of your Lifesaving Society certification cards.
3. Print out the record and bring it on the first day of your course.

Course Attendance

Please note that 100% attendance and active participation is required in both the pool and classroom sessions in order to complete any aquatic leadership course (lateness is equivalent to absence).

Age Requirements

Proof of age will be required for all courses with an age prerequisite. You will be required to submit this to the Instructor on the first day of the course.

Exams

Candidates must attend the exam at the facility where the course was administered.

Unsuccessful completion of a course

In many courses, candidates are continuously evaluated. Unsuccessful candidates are required to retake the full course.

Refunds/Transfers

Refund and transfer requests must be submitted in writing at least 5 days before the first class in order to be granted.

What to bring to a course

- Notebook/paper and pens
- Lunch/dinner/snacks/water bottle
- Required prerequisites
- Bathing suits and towels



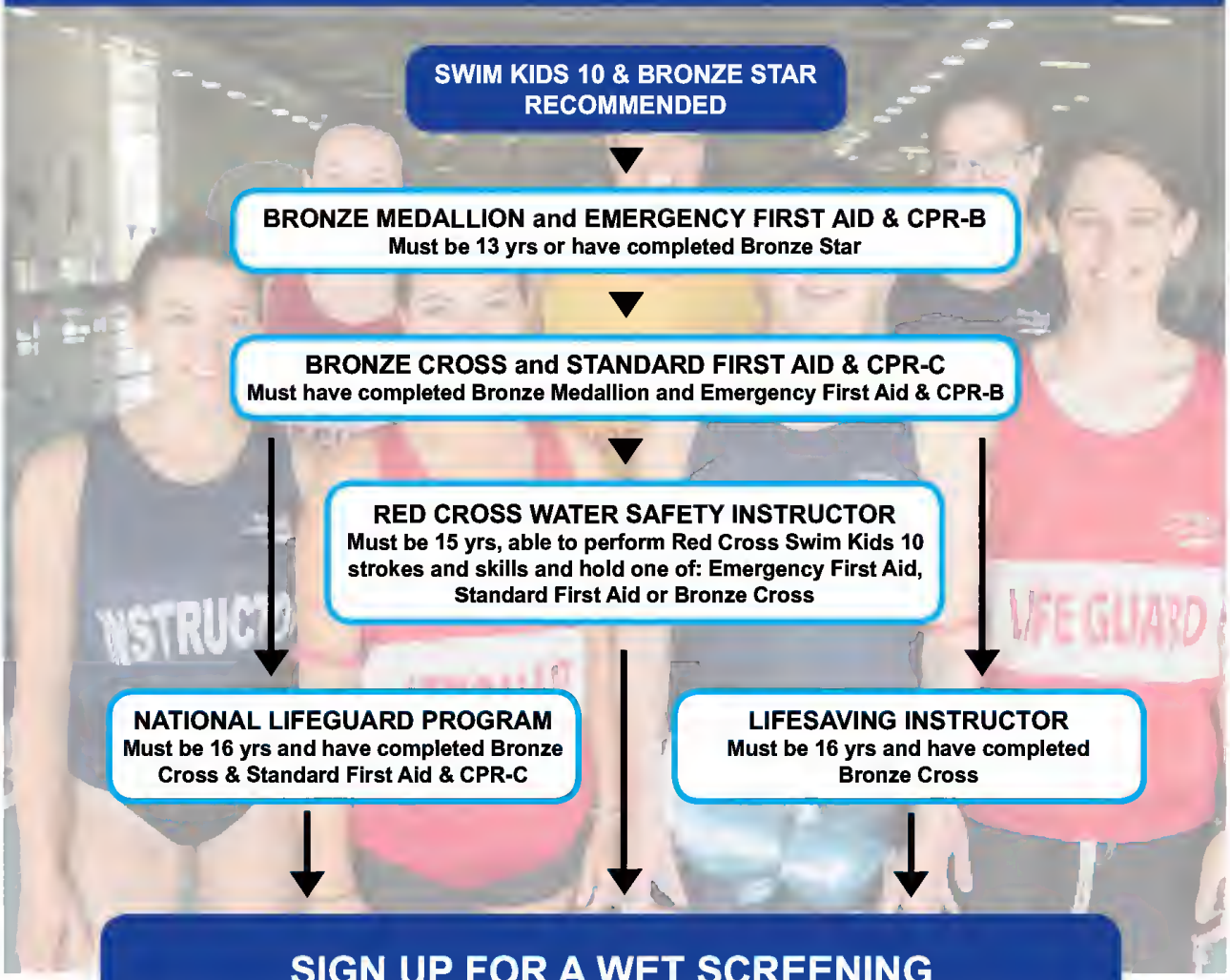
CANADIAN RED CROSS
TRAINING PARTNER

LIFESAVING SOCIETY®
The Lifeguarding Experts

Leadership Progression Chart

HOW TO BECOME A SWIM INSTRUCTOR & LIFEGUARD

in the Town of Bradford West Gwillimbury



SWIM KIDS 10 & BRONZE STAR RECOMMENDED

BRONZE MEDALLION and EMERGENCY FIRST AID & CPR-B
Must be 13 yrs or have completed Bronze Star

BRONZE CROSS and STANDARD FIRST AID & CPR-C
Must have completed Bronze Medallion and Emergency First Aid & CPR-B

RED CROSS WATER SAFETY INSTRUCTOR
Must be 15 yrs, able to perform Red Cross Swim Kids 10 strokes and skills and hold one of: Emergency First Aid, Standard First Aid or Bronze Cross

NATIONAL LIFEGUARD PROGRAM
Must be 16 yrs and have completed Bronze Cross & Standard First Aid & CPR-C

LIFESAVING INSTRUCTOR
Must be 16 yrs and have completed Bronze Cross

SIGN UP FOR A WET SCREENING
Must have one of National Lifeguard or Water Safety Instructor to Register
Wet Screening dates/times on page 88

Upon successful completion of a Wet Screening, applicants will be asked for their resume and cover letter and will be invited to attend an individual interview.

Receive FREE Instructor and Lifeguard training by *Volunteering* at the pool!



2017 Fall Session:
Thursday, August 31
4:30-6:30pm
New Volunteers: 6710
*Returning Volunteers: 6711

Register online at
www.bwgleisurecentre.ca

Sign-up for hours will be sent electronically to the email address on your family account.

2018 Winter Session:
Thursday, December 14
4:30-6:30pm
New Volunteers: 6712
*Returning Volunteers: 6713

***Returning volunteers do not need to attend the orientation dates.**

Volunteer hours required to waive leadership course fees:

36 hours	Bronze Cross and Standard First Aid
40 hours	Red Cross Water Safety Instructor Part 2
50 hours	National Lifeguard
33 hours	Lifesaving Instructors

*Candidates are required to pay exam fees and material fees

How it works:

By volunteering at the pool you will earn credits for every volunteer hour worked. These credits can be applied to the cost of select leadership courses required to become a Lifeguard or Swim Instructor. This means you will only be required to pay the exam and course material fees. Alternatively, volunteer hours can instead be used for High School Community Involvement Hours.

Requirements:

- Minimum of 13 years of age
- Bronze Medallion Certification
- Registered for the Aquatic Volunteer Program (above)

JOIN OUR TEAM!



15+ **Aquatic Attendant:** Bronze Cross, SFA
Assistant Instructor: Bronze Cross, SFA
Water Safety Instrucor

16+ **Lifeguard:** National Lifeguard, SFA
Instructor: Bronze Cross, Water Safety Instructor, Lifesaving Instructor, SFA

Attend a Wet Screening

FALL: Sunday, August 27	2-6pm	• Code: 6959
WINTER: Tuesday, December 5	6-9pm	• Code: 6960
SPRING: Tuesday, February 13	6-9pm	• Code: 6961
SUMMER: Tuesday, May 29	6-9pm	• Code: 6962

What to Bring:

- resume
- cover letter
- water bottle
- 4 references
- swim suit
- qualifications

Successful candidates will be invited to a formal interview.

Aquatic Fast Track - Semester 1

Fast track your career in aquatics while you earn a High School credit! Students in this program will receive a Grade 10 Aquatic Phys. Ed. credit (PAQ20) along with 3 Aquatic certifications: Bronze Medallion, Bronze Cross, and Standard First Aid. Candidates will also be provided all materials for Part 1 of WSI and a National Lifeguard Precertification course. This is a great course for those interested in becoming Aquatic Employees for the Town of Bradford West Gwillimbury. Available to all Ontario Secondary School students and is offered in partnership with the Simcoe Muskoka Catholic District School Board.

Prerequisite	13 years or Bronze Star
Materials	Canadian Lifesaving Manual Canadian First Aid Manual Fanny Pack WSI workbook
Fee	$375.00

Dates	Day	Time	Classes	Code
Sep 13-Feb 7	Wed	5:00pm-9:00pm	20	6027
Sep 9 & Jan 13	Sat	10:00am-6:00pm		

Aquatic Fast Track - Semester 2

Fast track your career in aquatics while you earn a High School credit! Students in this program will receive a Grade 11 Aquatic Leadership credit (PAZ3C) along with 3 Aquatic certifications: National Lifeguard, Red Cross Water Safety Instructor and Lifesaving Society Lifesaving Instructor. Candidates will also be given a chance to interview for Aquatic Positions with the Town of Bradford West Gwillimbury. 8 hours of volunteering will be required for the Red Cross Water Safety Instructor certification. Available to all Ontario Secondary School students, offered in partnership with the Simcoe Muskoka Catholic District School Board.

Prerequisite	Bronze Cross & SFA with CPR C WSI Part 1
Materials	Alert Manual Lifesaving Instructor Pack
Fee	$347.75

Dates	Day	Time	Classes	Code
Feb 7-Jun 20	Wed	5:00pm-9:00pm	18	6028
Feb 10 & Jun 2	Sat	10:00am-6:00pm		

Leadership Level 1 - LSS Bronze Star

An excellent preparation for success in the Lifesaving Society's Bronze Medallion. Participants develop problem solving and decision making skills individually and with partners. Candidates learn CPR and develop the lifesaving skills needed to be a lifesaver. Includes a 400m timed swim.

Prerequisite	12 years or Star Patrol
Fee	$116.03

Dates	Day	Time	Classes	Code
Sep 30-Dec 9	Sat	11:00am-12:00pm	10	6649
Oct 2-Dec 11	Mon	4:45pm-5:45pm	10	6648
Jan 6-Mar 3	Sat	11:00am-12:00pm	9	6651
Jan 8-Mar 5	Mon	4:30pm-5:45pm	8	6650

Leadership Level 2 - LSS Bronze Medallion & EFA

In Bronze Medallion, candidates learn lifesaving principles embodied in the four components of water rescue education: judgement, fitness, knowledge and skill. Rescuers learn tows, carries and release methods in preparation for risky and challenging rescues. Lifesavers develop stroke efficiency and endurance in a 500m timed swim. Emergency First Aid provides general knowledge and practical experience in selected aspects of first aid and CPR.

Prerequisite	13 years or Bronze Star
Materials	Canadian Lifesaving Manual Fanny Pack
Fee	$225.25

Dates	Day	Time	Classes	Code
Oct 2-Dec 11	Mon	5:30pm-8:30pm	10	6656
Dec 27-Dec 30	Wed-Sat	11:30am-7:00pm	4	6669
Jan 8-Mar 5	Mon	5:30pm-8:45pm	8	6672

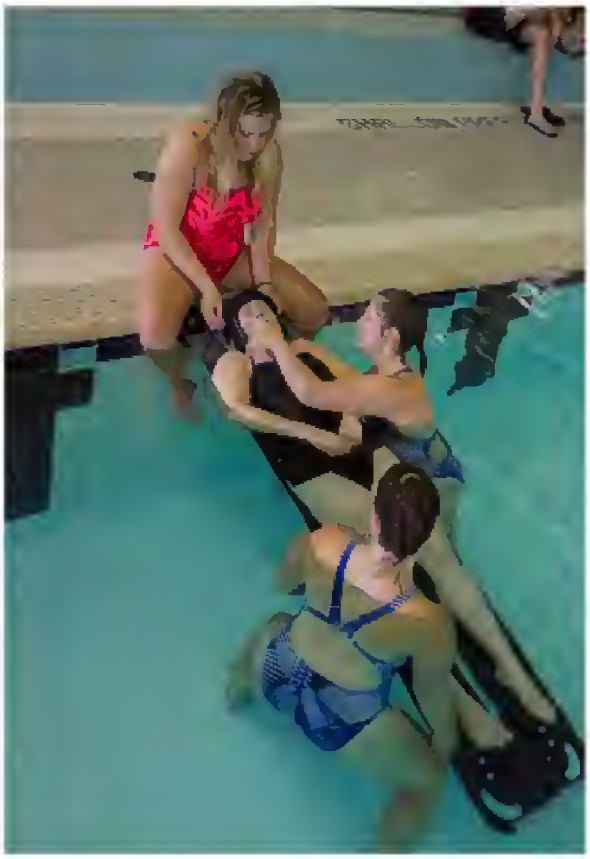
All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%. Fees do not include applicable taxes.

Leadership Level 3 - LSS Bronze Cross and SFA

Bronze Cross offers advanced training, including an introduction to safe supervision in aquatic facilities, the difference between life saving and lifeguarding, and the principles of emergency procedures. This course includes a timed 600m swim. Standard First Aid provides comprehensive training in all aspects of first aid and CPR. Standard First Aid is recognized by the Workplace Safety and Insurance Board (W.S.I.B.).

Prerequisite	Bronze Medallion Emergency First Aid
Materials	Canadian First Aid Manual
Fee	$203.80

Dates	Day	Time	Classes	Code
Oct 6-Dec 8	Fri	5:30pm-9:00pm	10	6657
Jan 12-Mar 9	Fri	5:30pm-9:00pm	9	6673
Mar 12-16	Mon-Fri	12:00pm-7:00pm	5	6698



Leadership Level 4 - Red Cross WSI Part 1

Red Cross WSI Part 1 includes a Skills Assessment, Course Overview, Online Course Assignment and Apprenticeship Assignment. This course is required to attend Part 2. The Water Safety Instructor (WSI) course prepares candidates to instruct Red Cross Swim programs. Candidates focus on strategies to introduce and develop swimming and water safety skills in the Red Cross Swim programs.

Prerequisite	14 years old Ability to perform Red Cross Swim Kids 10 strokes and skills One of: Emergency First Aid, Standard First Aid or Bronze Cross *Certifications do not need to be current.*
Materials	WSI Workbook, Deck Book, Online Access Code
Fee	$150.00

Dates	Day	Time	Classes	Code
Sep 9	Sat	2:00pm-6:00pm	1	6658
Dec 2	Sat	2:00pm-6:00pm	1	6674

Leadership Level 4 - Red Cross WSI Part 2

The Water Safety Instructor (WSI) Course prepares candidates to instruct Red Cross Swim programs. Candidates focus on strategies to introduce and develop swimming and water safety skills in the Red Cross Swim programs.

Prerequisite	15 years old Red Cross WSI Part 1 *(Skills Assessment, Online Course completion, 8 Apprenticeship hours: 4 Preschool hrs, 4 Swim Kids hrs)*
Materials	
Fee	$164.25

Dates	Day	Time	Classes	Code
Dec 15-Dec 17	Fri-Sun	Fri 5:00pm-10:00pm Sat-Sun 10:00am-8:00pm	3	6659
Mar 9-Mar 11	Fri-Sun	Fri 5:00pm-10:00pm Sat-Sun 10:00am-8:00pm	3	6675

Leadership Level 5 - LSS National Lifeguard

The National Lifeguard certification is Canada's professional lifeguard standard. National Lifeguard training develops a sound understanding of lifeguard principles, good judgement, and a mature and responsible attitude towards the lifeguard's role. National Lifeguard training emphasizes prevention and effective rescue response in emergencies including first aid treatment. Candidates develop teamwork, leadership and communication skills. Fitness requirements include a timed object recovery, 50m sprint challenge, 50m rescue drill and 400m endurance challenge. 100% attendance is required. Unsuccessful candidates are required to take the entire course again.

Prerequisite	16 years Bronze Cross Standard First Aid & CPR C (must be provided by one of the following agencies: Lifesaving Society, St. John's Ambulance, Canadian Red Cross or Canadian Ski Patrol)
Materials	Alert Manual
Fee	$275.75

Dates	Day	Time	Classes	Code
Sep 15-17 Sep 22-24	Fri-Sun	Fri 5:00pm-10:00pm Sat-Sun 10:00am-8:00pm	6	6660
Feb 2-4 Feb 9-11	Fri-Sun	Fri 5:00pm-10:00pm Sat-Sun 10:00am-8:00pm	6	6676





Leadership Level 6 - LSS Lifesaving Instructor

Using in-class lectures and active pool sessions, candidates develop the skills to manage and evaluate classes, respond to emergencies in an instructional setting, and complete administrative tasks. Successful completion of this program enables candidates to instruct Lifesaving Society programs. 100% attendance required.

Prerequisite	16 years Bronze Cross
Materials	Lifesaving Instructor Pack
Fee	$215.95

Dates	Day	Time	Classes	Code
Nov 17-Nov 19	Fri-Sun	Fri 5:00pm-10:00pm Sat-Sun 10:00am-8:00pm	3	6661
Feb 16-Feb 18	Fri-Sun	Fri 5:00pm-10:00pm Sat-Sun 10:00am-8:00pm	3	6677

LSS Examiner Standards & First Aid Instructor

The Advanced Instructor course provides training for instructors who wish to teach the advanced awards including National Lifeguard, Standard First Aid and Safety Management certifications, such as Aquatic Supervisor. The ESC (Examination Standards Clinic) provides training for instructors who wish to examine at the Bronze Level. The First Aid Instructor Course provides training for candidates who wish to instruct Lifesaving Society First Aid courses from SFA and beyond. Prerequisite: Lifesaving Instructor certification. Experience teaching Bronze levels is recommended.

Prerequisite	Lifesaving Instructor *Experience teaching Bronze levels is recommended*
Materials	First Aid Award Guide and Canadian Lifesaving Manual are not provided. Can be purchased at the Leisure Centre before the course.
Fee	$155.90

Dates	Day	Time	Classes	Code
Jan 2-Jan 3	Tue-Wed	9:00am-6:00pm	2	6671

LSS Aquatic Supervisor Training

This course is designed to prepare experienced lifeguards for the responsibilities of being Deck Supervisors and Head Lifeguards. Topics include facility management, legal regulations governing public pools, aquatic emergencies, supervisory skills, critical incident stress management and pubic relations skills.

Prerequisite	Current NLS or Lifesaving Instructor Proof of 100 hours of lifeguarding/ instructor experience
Materials	Guide to Ontario Pool Regulations
Fee	$154.95

Dates	Day	Time	Classes	Code
Sep 9-Sep 10	Sat-Sun	10:00am-7:00pm	2	6664

LSS Coach Level 1

Lifesaving Coach Level 1 provides training for Lifesaving Instructors who wish to coach Lifesaving Sport at the community level. The course focuses on fundamentals of coaching and lifesaving sport skills in the pool or in open water. Lifesaving Sport Coach Level 1 candidates will be certified to teach and certify the Lifesaving Society Sport Fundamentals Program.

Prerequisite	Lifesaving Instructor certification
Materials	Fundamentals Award Guide can be purchased before or during the course (not included)
Fee	$111.65

Dates	Day	Time	Classes	Code
Oct 29	Sun	2:00pm-9:00pm	1	6663
Mar 24	Sat	2:00pm-9:00pm	1	6682

LSS Standard First Aid & CPR-C

This course is for those wanting an in-depth understanding of topics such as medical/legal considerations, spinal injury management, environmental injuries, bone/joint injuries, abdominal/chest injuries, burns and other medical emergencies. Standard First Aid is recognized by the Workplace Safety and Insurance Board (W.S.I.B.).

Prerequisite	12 years
Materials	Canadian First Aid Manual
Fee	$133.40

Dates	Day	Time	Classes	Code
Oct 21-Oct 22	Sat-Sun	9:00am-6:00pm	2	6662
Jan 13-Jan 14	Sat-Sun	9:00am-6:00pm	2	6678



Recertification - LSS National Lifeguard

Receive standard updates and practice your lifeguarding skills. Physical fitness requirements include: a 400m timed swim (10 min), 20lb Object Recovery (40s), and 50m Head-up Sprint Challenge (60s). Successful completion renews the award for 2 years.

Prerequisite	National Lifeguard - Pool
Fee	$94.50

Dates	Day	Time	Classes	Code
Oct 29	Sun	3:00pm-9:00pm	1	6668
Mar 25	Sun	3:00pm-9:00pm	1	6681

Recertification - LSS National Lifeguard, SFA&CPR

Recertify everything you need to Lifeguard in one course! This course offers a recertification for National Lifeguard along with the equivalent of a full Standard First Aid course.

Prerequisite	National Lifeguard - Pool Lifesaving SFA and CPR C
Fee	$176.55

Dates	Day	Time	Classes	Code
Jan 4-Jan 5	Thu-Fri	11:00am-9:00pm	2	6670
Mar 17-Mar 18	Sat-Sun	11:00am-9:00pm	2	7001

Recertification - LSS Standard First Aid & CPR-C

This course reviews a candidate's existing Standard First Aid and CPR skills in a practical setting. Successful completion renews the award for 2 years.

Prerequisite	Current (within 3 years of certification date) Lifesaving Society SFA & CPR C full course
Fee	$82.05

Dates	Day	Time	Classes	Code
Oct 22	Sun	10:00am-7:00pm	1	6666
Feb 10	Sat	9:00am-6:00pm	1	6679

Recertification - Red Cross WSI

This course updates Red Cross Water Safety Instructor on program changes and reviews their skills. Successful completion renews this award for 2 years.

Prerequisite	WSI
Fee	$91.75

Dates	Day	Time	Classes	Code
Dec 23	Sat	3:00pm-9:00pm	1	6667
Mar 11	Sun	3:00-9:00pm	1	6680

SEE Auditor

The SEE Auditor course is designed to give participants the knowledge, training and tools required to evaluate the effectiveness of lifeguard and instructor supervision using Lifesaving Society SEE checklists.

Prerequisite	National Lifeguard certification and a minimum of 100 hr. experience as a lifeguard or National Lifeguard Examiner or Aquatic Supervisor or Aquatic Management Training certifications (need not be current)
Fee	$60

Dates	Day	Time	Classes	Code
Sep 6	Wed	4:30pm-8:30pm	1	6665
Mar 14	Wed	4:30pm-8:30pm	1	6684

Volunteer Programs - Aquatics New Volunteers

Volunteer with Aquatics in the Town of Bradford! Volunteering is a great way to meet new people, interact with the public, and develop valuable skills for a future job as a Swim Instructor or Lifeguard.

Prerequisite	13 years and Bronze Medallion
Fee	$20.00

Dates	Day	Time	Classes	Code
Aug 31	Thu	4:30pm-6:30pm	1	6710
Dec 14	Thu	4:30pm-6:30pm	1	6712

MUSIC STORE

We Teach Every Instrument We Sell!

We Price Match AND Redeem ALL Competitors Coupons!

FREE Lesson with Instrument Purchase



Piano, Guitar, Violin, Drums, Vocal Lessons
AND MORE! Teaching All Music Levels

Buy 2 Months of Lessons & Get the 3rd Month Free!*

**Guitar, drums & piano lessons. Some restrictions may apply. One coupon per family. Call or visit store for full details.*

Bradford Academy Music
"Music Studio for the Whole Family!"

448 HOLLAND ST. W, BRADFORD
905-775-6603
sales@bradfordacademyofmusic.com
www.bradfordacademyofmusic.com

ROYAL LEPAGE
BROKERAGE INDEPENDENTLY OWNED & OPERATED
At Your Service REALTY BROKERAGE
140 Holland St. W.



Roger Silveira
Sales Representative

PROMPT PROFESSIONAL SERVICE



Call Today for a Free Home Evaluation

905-775-5557

rogersellsyourhome@gmail.com

OPEN HOUSE AND REGISTRATION

FREE tutu for all Kindermovers Students!

August 22, 23 and September 6, from 2-8 p.m.
Classes Begin September 9!

Bring in this ad when you register and receive **$10 off** your uniform purchase. Some conditions apply. Expires Sept. 7, 2017.



THE BRADFORD SCHOOL of DANCE INC.

100 Dissette St. Unit 6, Bradford
Tel: (905) 778-8686
www.bradfordschoolofdance.com

It's more than dance!



49 Holland St. West
905-775-5677
Direct:
905-251-2644



Century 21
HERITAGE GROUP LTD.
BROKERAGE*

*Independently Owned & Operated

Luis Moniz*
Sales Representative

FUEGO FLAMENCO DANCE SCHOOL

The school is dedicated to introduce students to the art of flamenco.



Terms: September to December –
January to June

Levels: Beginner to advance

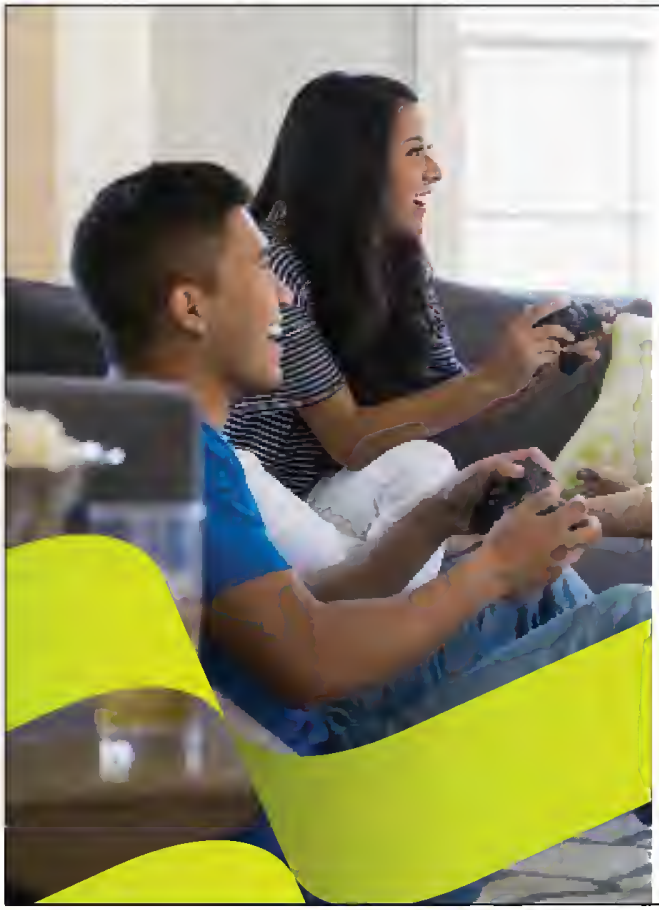
Maximum students per class: 8

Duration of class -
adults: Beginner 1 hour –
Intermediate/Advance 1 ½ hour
Children - age 7 and up ½ hour to ¾ hour

Composition of class: The first part of the classes provide an insight as expressed in palmas (hands clapping) and as applied to footwork, arm and hand movements.

In the second part the students work on a choreography.

For further information please visit
www.flamencoflamencodanceschool.com
e-mail fuegoflamenco@hotmail.com
Tel: 905-551-1434



Introducing your new electricity provider, Alectra Utilities

At Alectra Utilities (formerly PowerStream), we firmly believe everyone needs an ally in this new world of choice. Whether you are a Bradford West Gwillimbury customer, community member, or employee, our promise is to help you benefit from the best of the new energy with an emphasis on value, service and simplicity.

We've worked to ensure this transition is easy on you, the customer. While we now go by a new name and logo, billing processes remain unchanged and our customer service team is available to assist with any concerns you may have.

Learn more at alectrautilities.com or 1-877-963-6900.

@alectranews
AlectraNews
AlectraNews
Alectra

alectra utilities
Discover the possibilities

Explore BWG Parks and Properties



The Town of Bradford West Gwillimbury manages 22 Parks and Parkettes for all residents to enjoy. Many of the Town parks include features such as accessible picnic tables, wider pathways and curb cuts for ease of access for wheelchairs and strollers. Your efforts to help keep the parks clean will motivate others to do the same.

Did You Know?

- There are over 100 acres of parks and open spaces to be enjoyed year round in Bradford West Gwillimbury.
- Parks play areas, sport courts with basketball and winter skating facilities, play structures, ball diamonds, soccer pitches, tennis courts and plenty of benches on which to relax and watch the fun.
- All playgrounds are inspected regularly as per Canadian Safety Association (CSA) legislation. Residents are reminded to perform their own "walkabout" of the playground area prior to allowing children on any equipment or play structure.
- You are welcome to bring your dog(s) to any of the parks, however they must be leashed at all times and all litter picked up as per the Town's Stoop and Scoop By-law.
- Leave the car and take a walk at a number of locations in and around town that include woodlots and lots of wildlife.

Park Regulations

Your cooperation in following the posted rules that have been established to maintain the parks is appreciated.

1. Town By-law requires that dog owners clean up after their dog within Town limits.
2. Dogs must be kept leashed in all public areas, including parks.
3. Motorized vehicles other than authorized vehicles are not permitted in the parks. This includes snowmobiles, motorbikes or automobiles. Irresponsible vehicle users can do damage to the parks and natural areas.
4. For the safety of all park users, golfing is not permitted in Town parks.
5. Alcoholic beverages are NOT permitted in Town parks.

If you see anyone vandalizing or abusing Town parks, please contact the South Simcoe Police Services at 905-775-3311.

Playground Equipment Safety Tips

- Ensure children are supervised at all times
- Remove cords and drawstrings on children's hoods, hats and jackets
- Tuck in all clothing that can get caught on playground equipment
- Make sure your child does not tie ropes or skipping ropes to slides and other playground equipment
- Have your child remove his/her bicycle helmet before using playground equipment
- Always check the playground equipment and play surfaces prior to your child using. Damaged equipment or broken glass can be reported by calling 905-775-2162 ext. 5203



	Playground	Shade Structure	Portable Toilets (Seasonal)	Ball Diamonds	Soccer Pitches	Tennis Courts	Basketball Courts	Outdoor Ice Rinks	Splash Pads	Trails/Walking Paths	Parking
Brookfield Park (102 Mooney St.)	●	●								●	
Bud Brown Park (7 Dixon Blvd)	●	●	●		●		●	●			●
Centennial Park (125 Simcoe Road)		●	●	●	●	●					●
Davey Lookout (33 Nible Drive)	●				●						
Dreamfields Park (251 Crossland Blvd.)	●	●	●				●		●	●	
dePeuter Park (31 DePeuter Ave.)	●										
Fuller Heights Park (132 Collings Ave.)		●		●						●	
Grand Central Parkette (Gwillimbury Trail)	●									●	
Harman Park (50 John St. E.)	●	●									●
Henderson Field (3200 10th Sideroad)			●		●						●
Jackson Park (21 Stoddart Crt.)	●	●									
Joe Magani Park (3473 11th Concession)	●		●	●	●						●
Kuzmich Park (143 West Park Ave.)	●	●	●		●		●		●	●	
Legion Park (122 Wood Cres.)	●	●									
Lions Park (226 Colbourne St.)	●	●	●	●		●			●	●	●
Luxury Park (140 Kulpin Ave.)	●	●	●	●			●				●
Rose Garden (159 Queen St.)		●									
Rotary Park (300 Holland Ct.)		●								●	
Summerlyn Parkette North (60 Wandering Glider Trail)	●	●								●	
Summerlyn Parkette South (100 Meadowhawk Trail)	●									●	
Taylor Park (400 Walker Ave.)	●	●	●		●					●	●
Veterans Park (112 Gardiner Dr.)	●									●	
Westbrook Parkette (93 Long St.)	●										

Outdoor Facilities



Ball Diamonds

Ball diamonds are available for rental by an individual or group. All baseball and softball diamonds have lighting. Junior diamonds are not lit.

Centennial Park - 2 Softball Diamonds
Fuller Heights Park - 1 Junior Size Diamond
Joe Magani Park - 3 Baseball/Softball Diamonds
Lions Park - 1 Junior Size Diamond
Luxury Park - 1 Junior Size Diamond

Soccer Pitches

Soccer pitches are available for rental by an individual or group. All full size fields have lighting. Intermediate and mini pitches are not lit.

Alan Kuzmich Park - 1 Intermediate
Bud Brown Park - 1 Intermediate
Centennial Park - 1 Full Size, 4 Mini
Henderson Field - 1 Full Size
Joe Magani Park - 1 Full Size
Taylor Park - 3 Mini
Dreamfields Park - 2 Intermediate





Splash Pads

Splash Pads are open from June to September and operate between the hours of 9am-9pm in the following locations:

Dreamfields Park
Lions Park
Kuzmich Park



Basketball Courts

Basketball courts are available for public use with regulation sized nets.

Alan Kuzmich Park
Bud Brown Park
Dreamfields Park
Luxury Park

Tennis Courts

Tennis Courts are available for public use, on a first come, first use basis. All tennis courts have lighting.

Centennial Park
- 2 Regulation Sized Courts
Lions Park
- 4 Regulation Sized Courts

Nancy's Nifty Nook

1988-2017

Bradford's Original Bulk Food & Health Supplement Store

Bulk Food Centre
•
Health Supplements
•
Gluten Free
&
Sugar Free Products



Nancy Young
Owner/Operator
905-775-7874

152 Holland St., E.
Bradford
Mon - Fri: 10am - 6pm
Sat: 10am - 5pm
Sun: Closed

905-775-7874
www.nancysniftynook.net



PETER VAN LOAN MP
YORK-SIMCOE

Tel: 905-898-1600
Fax: 905-898-4600
Toll Free: 1-877-Peter-4-U
Email: vanlop1@parl.gc.ca

CHANGE FOR THE BETTER

45 Grist Mill Road, Unit 10,
Holland Landing, Ontario, L9N 1M7



Personalized Insurance Coverage to Help You Weather the Unexpected

Lomonte & Collings Insurance Services have proudly been providing general insurance solutions for families and businesses since 1992.

L&C

LOMONTE & COLLINGS
INSURANCE SERVICES

126 Bridge St., Unit 9, Bradford, Ontario
Phone: 905-775-5411 | Fax: 905-775-0938
info@lomonteandcollings.ca

As an independent insurance broker, "we work for you", not the insurance company.

We represent many of Canada's top insurance companies who share our commitment to provide the highest standards of excellence both in servicing client needs and providing quality products.

Contact us for a free no obligation quote.

HOME • BUSINESS • FARM • AUTO

Escape the ordinary!

100% FINANCING AVAILABLE(OAC)

CELEBRATING 20 YEARS IN BUSINESS!



WINDOWS & DOORS

Porch Enclosures
Foggy Glass Repair
Retractable Awnings

Mirage Screens
Aluminum Raillings/Decking

905-778-8311

WHITE ELM CONTRACTING LTD.

Cemeteries



All cemeteries in the Town of Bradford West Gwillimbury were acquired during the amalgamation procedures in 1991. The Town of Bradford proper did not have any cemeteries within its boundaries. Below lists the Town of Bradford West Gwillimbury's operated and maintained cemeteries.

For more information contact:
Judith Rigg
jrigg@townofbwg.com
905-775-2162 ext. 5200

Name of Cemetery	Address	Classification	Status
Auld Kirk Cemetery (Old Presbyterian Church)	3380 Line 6	Pioneer/Historic	Inactive
Belfry	2620 Line 8	Pioneer/Historic	Inactive
Christ Church Cemetery	3290 County Road 88	Pioneer/Historic	Inactive
Ebenezer United Church Cemetery (Ebenezer Methodist)	4045 County Road 4	Municipally Managed	Active
Law Cemetery (Brick Wall)	4452 Line 11	Pioneer/Historic	Inactive
Mount Pleasant	3217 County Road 4	Municipally Managed	Active
Society of Friends (Old Quaker	4356 Line 3	Pioneer/Historic	Inactive
Sutherland Wesleyan Methodist Cemetery and Rogers Cemetery	3606 Line 8	Pioneer/Historic	Inactive
Tenth Line Methodist Episcopal (Asa Stewart)	2670 Line 10	Pioneer/Historic	Inactive
Wilson's Hill	4359 Line 12	Pioneer/Historic	Inactive
Dunkerron United Church Cemetery	4324 Line 3	Pioneer/Historic	Inactive



ONLY THE BEST
CAN BRING OUT THEIR BEST

BRADFORD & DISTRICT SKATING CLUB

Canada's best learn-to-skate program
Fun, focused skills for all skating sports
Nationally certified coaches

www.bradfordskatingclub.com | www.facebook.com/skatebdsc

Scanlon Creek
CONSERVATION AREA

A Destination for Natural Inspiration

Get outside and escape the everyday
There's something for everyone at Scanlon Creek





- Trails through beautiful forests and wetlands
- Picnic pavilion to host gatherings
- Bark Park for our four-legged friends
- Discovery Play Garden for kids
- Seasonal events
- So much more…

Whether you want to run, walk or relax, time spent here revitalizes body and mind.

Located just north of Bradford at 2450 9th Line.

Parking fee in effect or you can buy a $50 annual pass at www.lsrca.on.ca.

Visit the Friends of Scanlon Creek on Facebook for the latest Scanlon Creek news.

Lake Simcoe Region conservation authority | Friends of Scanlon Creek | Lake Simcoe Conservation Foundation

Adult Day Program
Benefiting seniors who are isolated, frail or with memory loss

CHATS Adult Day Program is designed for seniors and provides a variety of engaging social and wellness programs, companionship, a full lunch and snacks, support with personal care, as well as respite for the caregiver.

Our Recreation Programmers and Personal Support Workers are here to provide a fun, caring and safe atmosphere. Transportation may be provided depending on your geographical area and the program has subsidy rates available.

Call for a visit and lunch today!

Program operates Monday – Friday 8:30 a.m. – 4:00 p.m.
For more information, please contact the Day Program Supervisor at 905-713-3373 ext. 6220 or Toll Free: 1-877-452-4287 ext. 6220

55+ Wellness Program

Thursdays, 10:00 a.m. to 1:00 p.m.
The Bradford Legion - 115 Back St, Bradford



- Health and wellness education, gentle exercise, activities and nutritious lunch
- Affordable and accessible – $8 per visit (prices subject to change)
- Subsidies available
- Transportation service included!

For more information, please contact our Outreach Coordinator at 905-713-3373 ext. 7050 or Toll Free: 1-877-452-4287 ext. 7050

Caregiver Support & Education

Caring for an aging parent, spouse, relative or friend?
With CHATS' Free Caregiver Support and Education, Caregivers can rest assured!

- **Personal Consultations and Counselling:** Our professional Ceregiver Education Counsellors will meet with you to discuss your caregiving concerns and support you in finding solutions
- **Support Groups:** Opportunities to meet others in similar situations and discuss unique issues.
- **Workshops:** Educational opportunities on topics of interest to caregivers.

For more information, please contact our Caregiver Education Counsellor at 905-713-3373 ext. 6226 or Toll Free: 1-877-452-4287 ext. 6226

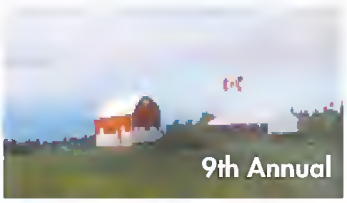
CHATS Community & Home Assistance for Seniors

448 Holland Street West, Bradford
1-877-452-4287 www.chats.on.ca
love well, age well, be well

Save the Date

BRADFORD WEST GWILLIMBURY
studio art tour 2017

Featuring
LOCAL ARTISTS and Youth Artwork



Bradford West Gwillimbury
ARTS & CULTURE COMMITTEE

sept 16 & 17
saturday and sunday 10 - 5

Far mare infarmatian cantact
Stella 905.775.4367 or bwgstudioarttour@gmail.com

www.bwgstudiotour.ca

2017-2018 Season
New Season begins September 14, 2017 to June 7, 2018

Registration fee $65.00 for the season

BRADFORD BADMINTON CLUB

Early Bird Special

Register at the club between September 14 and October 31 and save.

Pay only $50 and receive a FREE tube of feather birds.

Registration is available to players 16 and older. Play begins at 7:15 pm until 9:45 pm Monday and Thursday at Bradford District High School located at 70 Professor Day Drive.

For details please contact
Michel (905-775-1315) or
Alan (705-458-1655)
Bradfordbc.proshopdirect.ca



CAN CUSTOMERS FIND YOUR BUSINESS WHILE SEARCHING ONLINE?

Search Engine Marketing (SEM) can help increase visitors to your website, by positioning advertisements higher in search engine results. SEM is an easy solution to help more customers find your business while searching online.

The Bradford Times can help you implement SEM for your business.

Get started today by calling **905-775-4471** or visiting **postmediaadvertising.com/DM5**

POSTMEDIA | The Bradford Times

BRADFORD Curling Club

125 Simcoe Road
905.775.4444
www.bradfordcurlingclub.ca

LEARN TO CURL!

FREE FALL CLINICS

Look for our Learn To Curl classes in the Leisure Guide!

Adult & Youth Leagues!

Great rates & Introductory Rates for new curlers!

Sunday Oct 15, 10am - 12pm & 2pm - 4pm
Tues Oct 17, 7pm - 9pm
Thurs Oct 19, 7pm - 9pm
Register through enquiries@bradfordcurlingclub.ca

For more information visit our www.bradfordcurlingclub.ca


FALL / WINTER
INDOOR PROGRAM
BEGINS OCTOBER 2017
@ BRADFORD SPORTS DOME
CHECK OUR WEBSITE OR EMAIL
FOR PROGRAM INFORMATION
RECREATIONAL, COMPETITIVE
DEVELOPMENT AND ACADEMY
PROGRAMS FOR ALL AGES
Bradford Soccer Club
National Champions


BRADFORD
STORM
THANK YOU!
On behalf of the Bradford Minor Baseball Executive, we would like to congratulate our Players, and Parents on a fantastic ball season in BWG!
We would also like to extend our full appreciation to all of our very generous sponsors for the 2017 season.
Monitor our website and Facebook page for registration information and news about our 2018 Softball and Hardball Season!
For more information
visit us at www.BradfordStorm.ca
or at www.Facebook.com/BMBAStorm

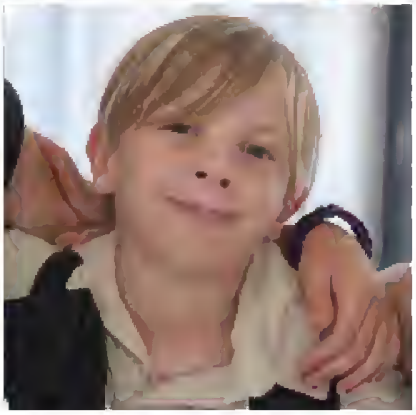

BRADFORD
WEST GWILLIMBURY
MINOR HOCKEY
ASSOCIATION
We offer a wide variety of programs for all players & ages.
Rep, local league, house league, intro to hockey and pre-tyke.
FOR MORE INFORMATION ABOUT SPONSORSHIP OR OUR PROGRAMS PLEASE VISIT
WWW.BRADFORDBULLDOGS.COM


SOUTH SIMCOE
BASKETBALL CLUB
SERVING CHILDREN & YOUTH FROM AGES 5 - 17
IN BRADFORD, INNISFIL, ALLISTON & IN BETWEEN
Register Online for the 2017-2018 Season at
www.ssbasketball.ca
We need Coaches, Referees and Scorekeepers. Training and Support will be provided.
Apply at www.ssbasketball.ca
PLEASE CONTACT US TODAY
WWW.SSBASKETBALL.CA
SOUTH SIMCOE SONICS
Find us on Facebook





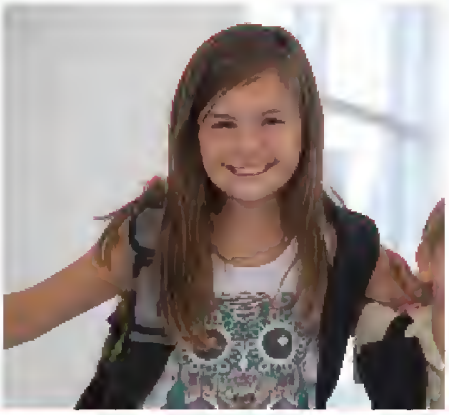




SPACE AVAILABLE



SPACE AVAILABLE





YMCA Child Care Programs.
Good for your child.
Good for you.

Enrol your child in our licensed child care program today.

Visit **ChildCareAtTheY.ca**



WHO DO I CALL?

I would like to find out more about..	Call 905-775-5366 with extension...
Accessibility Issues	1105
Building Permits	1500
Business Related Questions	1310
Dead Animals	2200
Dog Bites	1-855-898-8605
Dogs Running at Large	1-855-898-8605
Dog Tags	1102
Facility Rentals	5202
Graffiti Removal	5203
Illegal Dumping	2200
Marriage Licences	1100
Noise Problems	1102
Noxious Weeds	1102
Outdoor Fire/Burn Permits	4100
Park Lighting	5203
Parks & Sports Field Permits	5202
Potholes	2200
Playground Equipment/Repair	5203
Property Standards	1102
Snow Removal	2200
Street Banners	1500
Street Lighting	2200
Traffic Signals/Street Sgins	2200
Tree/Broken Limb	5203
Turf Maintenance	5203
Waste Overflow in Parks	5203
Water/Waste Main Breaks	2100

Bradford West Gwillimbury

Town of BWG Main Line
905-775-5366

Departments & Facilities

Development & Engineering Services
905-778-2055

Corporate Services
905-775-5366

Community Services
905-775-5369

Financial Services
905-775-5303

Fire & Emergency Services
905-775-7311

BWG Leisure Centre
905-775-7529

BWG Library
905-775-3328

Library



Your Bradford West Gwillimbury Public Library is a community gathering place providing access to knowledge, ideas and cultural experiences.

Individuals who live, work or go to school in Bradford West Gwillimbury are eligible for a free Library card. It's your key to borrowing materials and accessing our wide-range of online resources and services...so get yours today!

OUR VISION
We strive to offer diverse collections, accessible technology, enriching cultural experiences and dynamic, interactive spaces. Library staff is welcoming, knowledgeable, and committed to engaging the community through collaborative and innovative programming.

MORE THAN JUST BOOKS...

PROGRAMS FOR CHILDREN, TEENS, ADULTS & SENIORS
The Library is pleased to offer a wide-range of regular programs for children, teens, adults and seniors. Program and event offerings vary each season so visit our website regularly, and follow us on social media to keep informed about each new session.

Regular programs for **children** include Creative Activities for Creative Minds, Kid's Groove, Reading Buddies, Storytime, Family Saturdays and PA Day Movies.

For **teens**, we regularly offer programs such as our Teen Advisory Group, Book Club, Conversational French, and Crafternoons.

Regular **adult** programs include Book Club, Scrapbooking, Knit Happens, BWG Writers' Circle, Genealogy Club, live music events and author visits. We have added some great new programs for **adults** and **seniors** including our Monday Movie Matinees and our Seniors Social Club.

LAPTOP LENDING
Did you know we have a Laptop Lending Service? Library patrons in good standing may borrow one of our laptops for 2 hours for use within the Library. Laptops are available on a first-come, first-served basis and may not be reserved.

SCANNING AND PRINTING SERVICES
Did you know that you can scan documents to email or usb flash drive at no charge? Printing is also available at the Library at a cost of $0.10 per page for black & white and $0.25 for colour.

For complete details on Library programs, services, collections and events visit the Library's website at:
www.bradford.library.on.ca



BRADFORD WEST GWILLIMBURY PUBLIC LIBRARY

425 Holland Street West, Bradford, ON L3Z 0J2
905.775.3328 • bwgmailbox@bradford.library.on.ca

Follow and tag us on Facebook, Twitter and Instagram!

BRADFORD WEST GWILLIMBURY FIRE & EMERGENCY SERVICES

75 Melbourne Drive, Box 1226, Bradford, Ontario L3Z 2B6
Tel: (905) 775-7311 Fax: (905) 775-0163 www.town.bradfordwestgwillimbury.on.ca



Kevin Gallont, Fire Chief
905-775-7311, Ext. 4101 kgallant@townofbwg.com

Olaf Lamerz, Deputy Fire Chief
905-775-7311, Ext. 4102 olamerz@townofbwg.com

Andrew McPherson, Fire Prevention Inspector
905-775-7311, Ext. 4103 amcpherson@townofbwg.com

Nicole Higgins, Fire Prevention Inspector
905-775-7311, Ext. 4114 nhiggins@townofbwg.com

Frederico Horvey, Administrative Assistant
905-775-7311, Ext. 4100 fharvey@townofbwg.com

The Bradford West Gwillimbury Fire and Emergency Services headquarters is located at 75 Melbourne Drive. All fire department personnel operate from this station. Suppression crews consisting of fulltime firefighters, supported by volunteer firefighters respond from this station 24 hours a day, seven days a week.

In addition to fire calls, fire suppression crews respond to alarms for auto extrication, water rescue, carbon monoxide, medical or ambulance support, hazardous material responses, as well as assistance during times of natural disasters.



Ensuring your family is prepared when the unexpected happens is where emergency preparedness and planning can assist. Please contact the Fire Prevention Division for information on:

• RESIDENTIAL HOME INSPECTIONS • HOME SMOKE ALARM PROGRAM
• SMOKE ALARMS • CARBON MONOXIDE ALARMS • HOME ESCAPE PLANS

For more information on the services that we provide or to book fire hall tours or inspections, please the Bradford West Gwillimbury Fire and Emergency Services at (905) 775-7311.



IN ORDER TO SERVE THE COMMUNITY EFFICIENTLY, RURAL RESIDENTS MUST MAINTAIN THEIR CIVIC ADDRESS.

- A reflective plate is required to display the address.
- Contact the Fire & Emergency Services at 905-775-7311.

Corporate Services

The Clerk's Division of the Corporate Services Department is responsible for many of the administrative and legislative functions of the Town of BWG, such as:

- Council Secretariat – coordinates public meetings, schedules deputations and presentations, prepares agendas, circulates materials and correspondence to Council and records all proceedings of Council and committees;
- Maintains corporate records and vital statistics;
- Commissions documents;
- Processes insurance claims;
- Prepares by-laws and agreements;
- Handles requests made under the *Municipal Freedom of Information & Protection of Privacy Act*;
- Conducts Municipal Elections; and
- Ensures the Town is in compliance with the *Accessibility for Ontarians with Disabilities Act, 2005*



Be in the know with CivicWeb!

The Town's CivicWeb Council Portal is a website that allows citizens to:

- Review agendas and minutes
- View a calendar of all meetings
- See details of Town-run community events
- Learn about Council and Committee meetings
- Provide comments on topics before Council
- Search documents including by-laws, forms and applications

CivicWeb Council Portal

To visit the site, go to **www.townofbwg.com** and select CivicWeb Council Portal from the Council & Committees menu. If you would like to receive e-mail notifications of scheduled meetings, click E-UPDATES on the portal main page and set your preferences.

Regular Council meetings are held the first and third Tuesday of each month. Members of the public are invited to attend all Council, Committee of the Whole and other committee meetings.

If you wish to address Council, please contact the Clerk's Division for information on the various options available to you.

For meeting schedules and information, please refer to "BWG This Week" in the Bradford Times newspaper, or visit the Town's Civic Web Council Portal.

You may contact us for more information at any of the following:

905-775-5366 905-775-0153

info@townofbwg.com

100 Dissette Street, Unit 7 & 8, P.O. Box 100, Bradford ON, L3Z 2A7

www.townofbwg.com

www.twitter.com/townofbwg

www.facebook.com/townofbwg

The Enforcement Division of the Corporate Services Department is responsible for the enforcement of the Town's various regulatory by-laws. The Enforcement Division also heads the Crossing Guard program for schools located in Bradford West Gwillimbury.

The Enforcement Division enforces all of the following categories of regulations, restrictions and by-laws:



PARKING ENFORCEMENT

The following are applicable on all streets in BWG, including unassumed roadways and new subdivisions. Please follow restrictions on posted signs and also be aware of the following common violations.

No Parking:

- on any street from Dec. 1 through Apr. 1 from 2:00-6:00 a.m. (except for New Year's Eve)
- on/over any part of a sidewalk
- on/over a curb
- on any grassed portion of a boulevard
- within 3 metres of a fire hydrant

REGULATORY BY-LAW ENFORCEMENT

Regulations are in place regarding:

- fireworks
- graffiti
- lawn watering
- littering
- noise control
- road occupancy
- signs
- zoning

For further information including a complete list of by-laws, please visit **www.townofbwg.com/Bylaw**

PROPERTY STANDARDS

Applicable by-laws include:

- Property Standards (exterior of buildings and interior rental unit complaints)
- Clean Yards (debris, garbage, unsafe conditions in all exterior yards)
- Stagnant and Standing Water (unopened pools, manmade ponds, depressions with stagnant water)

LICENSING

The Enforcement Division issues licences for:

- adult entertainment establishments
- dogs
- food vehicles
- kennels
- lotteries
- donation bins
- taxi cabs

Other permits:

- Municipal Clearances - new liquor sale licenses or additions to existing ones

ANIMAL CONTROL SERVICES

The Town of BWG contracts the services of K9PMG to conduct dog and cat control and provide shelter services for our municipality.

For more information or to file a domestic animal complaint please call 1-855-898-8605 or contact BradfordACO@hotmail.com.

The following animal control services are provided 7 days a week from 8:00 a.m. - 4:00 p.m., with 24/7 emergency service:

- Injured/sick dogs and cats on public property or at large
- Dogs at large and "stoop and scoop" offences
- Dogs suspected of having rabies
- *Dog Owners Liability Act*
- Attacks involving dogs
- Barking dogs
- Kennel/shelter/adoption services located in Alliston, ON
- Removal of domestic roadkill
- Maintenance of Facebook page to communicate with residents: www.facebook.com/bradfordanimalcontrol/

2017 DOG TAGS

Every dog owner who is a resident of the municipality must obtain a license for each dog they own **by January 31** of every year.

2017 fees are:

- Spayed or neutered: $30
- Intact: $35
- Dangerous/restricted breeds: $55

Purchase or renew a dog licence IN PERSON at one of the following locations:

- Town Administration Office
- BWG Leisure Centre
- Bradford Pet Valu
- Bradford Animal Clinic
- Dissette Animal Hospital
- Summerlyn Pet Hospital

Purchase/renew BY MAIL or EMAIL by downloading the form at **www.townofbwg.com/DogTags** and returning it as directed with credit card information.

WILDLIFE

The Town of BWG does not provide services related to wildlife on private property. Property owners should contact a wildlife control or removal company to have the wildlife removed at their own expense.

INQUIRIES

For further information please visit **www.townofbwg.com** or call 905-775-5366

COMPLAINT HOTLINE

Call 905-775-5366 ext.1701 to leave a message. It will be automatically sent to all officers on duty.

Town of Bradford West Gwillimbury Office of Economic Development

Supporting Business in Bradford West Gwillimbury

Bradford West Gwillimbury
A Growing Tradition

The Office of Economic Development is here to support businesses and help facilitate economic growth in Bradford West Gwillimbury through:

Community Improvement Plan (CIP) Grants:

The Town provides grants and loans to downtown businesses (owners or tenants) and industrial/commercial operators, to increase housing, improve building façades or to create/improve commercial or industrial space.

Site Selection Assistance:

The Town has online mapping and up-to-date property information to assist you in finding a new location for your business, or expanding your existing business.

Grand Openings & Anniversary Celebrations:

The Town celebrates business accomplishments and will make arrangements with the Mayor's Office, Members of Council, the Bradford Board of Trade, representatives from the federal and provincial government, as well as media to attend your grand opening or business anniversary.

Seminars & Workshops:

The Town coordinates workshops and seminars for business owners with the Bradford Board of Trade, Nottawasaga Futures and Simcoe County.

Business Information & Statistics:

The Town maintains databases of updated demographic and economic information for existing or prospective business owners.



www.gotobwg.ca

Contact us:
100 Dissette Street, Unit 4
Bradford, ON L3Z 2A7
905-775-5366 ext. 1310
ecdev@townofbwg.com



Human Resources

Bradford West Gwillimbury

As employment openings with the Town of Bradford West Gwillimbury arise, advertisements for applicants are placed in various newspapers, applicable association websites and on the Town of Bradford West Gwillimbury website. The location of the job postings are dependent on the nature of the vacant position. The Town does not have the systems and/or policies in place that allow us to keep resumes on file, therefore we do not accept unsolicited resumes.

Resumes received for job advertisements will be considered during the recruitment process, however due to volume, only those applicants selected for an interview will be contacted.

Check out our website at www.townofbwg.com for current job opportunities.

SKWARCHUK FUNERAL HOMES
W.B. SKWARCHUK LIMITED

DIRECTORS
BILL SKWARCHUK JILL SKWARCHUK
BILL LANGFORD JOE LUNDY
DANIEL ZACCHIGNA

P.O. Box 318, 30 Simcoe Rd., Bradford, Ont. L3Z 2A9
www.skwarchukfuneralhome.com
1-800-209-4803
19153 Centre St., Mt. Albert, Ontario L0G 1M0
(905) 775-3335 FAX (905) 775-8534 (905) 895-8062

StateFarm™

Debbie Moran, Agent
100 Dissette St
Bradford, ON L3Z 2B5
Bus: 905-775-3584
debbie@debbiemoran.ca



State Farm, Aurora, ON
1211999CN

Community Services

Residents of Bradford West Gwillimbury;

Know the location of your homes main water shut-off valve and label it clearly. In the event of any household leaks, shutting off the main valve can minimize water damage. Older valves will build up with minerals over the years and may not function properly in an emergency. The Town will shut off your water service in your front yard at no cost so that you can make the necessary repairs or replace the valve with a new one.

Community Services Water Division 905-775-5369

Did you know?

In arder ta maintain a praperly functianing sewer system, certain materials shauld ***NEVER*** be dispased af inta sinks ar tailets. The fallawing are same examples af things that cause blacked drains, equipment damage, and can interfere with the treatment pracess.

- Diapers, Q-Tips
- Sanitary napkins, tampans and plastic applicatars
- Dental Flass & Hair
- Condoms
- Baby wipes and cleaning cloths
- Kitchen ail and grease
- Oil, fuels and ather hazardaus materials
- Medication

*Pleae nate that the use af garburatars is nat recammended due ta the patential blackages.



Finance Property Tax and Assessment

When are Property Taxes Due

Every year, The Town of Bradford West Gwillimbury issues an Interim and Final Tax Billing with two instalments per billing.

2017 TAX YEAR	NON CAPPED PROPERTY	CAPPED PROPERTY
Mailing Date	Last week in January	Last week in January
Interim 1st Instalment	Due February 24, 2017	Due February 24, 2017
Interim 2nd Instalment	Due April 26, 2017	Due April 26, 2017
Mailing Date	Last week in May	Last week in July
Final 1st Instalment	Due June 28, 2017	Due August 29, 2017
Final 2nd Instalment	Due September 27, 2017	Due October 27, 2017

Non-Capped Property include: Residential, Farm, Managed Forest & Pipeline assessment tax classes

Capped Property include: Commercial, Industrial & Multi-residential assessment tax classes (also includes properties that have a mix of Capped and Non-Capped assessment)

Please note that if you have not received your property tax bill by the 15th day of the month for which the first instalment of property taxes is due, as noted above, please contact **Finance Customer Service at 905-775-5366.**

Omitted/Supplementary Property Tax Billings are issued for New Building Construction, Additions or Renovations and for Property Class Changes. Omitted/Supplementary tax bills are in addition to your regular property tax bills and are issued after the final billings have been issued and will be due in two instalments as determined at the time of the billing.

Property Taxes are Payable by any of the Following Methods

- Pay automatically by enrolling in a Pre-Authorized Payment Plan. Please visit the Town's website for more details.
- At Financial Institutions through personal teller service; your mortgage; and telephone or internet banking. Please note that the reference number for Property Tax payments is your 19 digit tax roll number that begins with 4312 and ends with 0000.
- By mailing a cheque (current or postdated) with the attached tax stub(s), if you require a receipt please return your bill with a self-addressed, stamped envelope.
- In person at the **Town of Bradford West Gwillimbury Finance Office at 61 Holland Street East, Bradford between 8:30 am & 4:30 pm**. Monday to Friday for cheque (current or postdated), cash and debit card payments. There is also a drop box available after hours at this location for cheque payments. Please do not leave cash payments in the drop box.
- By VISA, MasterCard, Discover or American Express Payment. For details visit the Town's website at **www.townofbwg.com** and select "Property Taxes" under A – Z Services and then click on the E-Pay button. **A convenience fee will apply.**

Note: If you pay through your bank or via mail, please allow sufficient time for your payment to reach our office to avoid the late payment charges. A transfer fee will apply to each incorrectly directed payment in accordance with the Town's Fees and Charges Bylaw.

Finance Property Tax and Assessment

Penalty and Interest for Late Payment of Property Taxes

Penalty and interest, at the rate of 1.25% per month will be added to each instalment of taxes past due on the first day of each calendar month until paid in full.

Late payment charges are levied by Council By-Law under the authority of the Municipal Act and cannot be waived or reduced by Municipal Staff. Failure to receive a tax bill does not excuse the property owner from responsibility for payment, nor relieve him/her from liability of penalty for late payment.

Please be advised that all payments received are applied first to all penalties owing, then the remainder to the oldest taxes outstanding.

Property Tax Receipt

If you require a receipt, please bring your final tax bill to the Finance Department located at 61 Holland Street East, Bradford after the September tax instalment has cleared your bank account and your tax bill will be stamped paid in full.

If you do not have your final tax bill, a copy of your tax account payment history can be printed for a fee of $10.00. You must attend the Finance Department in person and photo ID is required for verification of ownership.

Change of Home Ownership

It is the property tax department's responsibility to mail the tax bill to the property owner on record as of the date the tax bills are issued. When you purchase a home please check with your lawyer or the tax office to confirm when the next property tax payment is due. You may not receive a notice from us until an instalment becomes past due and penalty and interest charges could incur. Penalty and interest charges will apply regardless of any change in ownership. The Statement of Adjustments prepared by the lawyer will set out the tax obligation of the vendor and the purchaser.

Virtual Town Hall (Coming Soon!!)

The ability to access online a variety of tax and water related topics including:

- Access to all your property tax roll and water accounts in one place
- View tax and water account details – billings, payments, transactions and more
- Enroll in a pre-authorized payment plan and submit changes to banking information
- Make payments to tax roll or water account

Information about the release will be on our website.

Ontario Senior Homeowners' Property Tax Grant (OSHPTG)

This grant is intended to help offset the property taxes for seniors who own their own home and who have low to moderate incomes. This program is administered by Canada Revenue Agency. For 2009, the maximum grant is $250. For 2010 and later years, the maximum grant will be $500. Enquiries can be made to the Canada Revenue Agency at 1-800-959-8281 (service in English) or 1-800-959-7383 (service in French).

Finance Property Tax and Assessment

NEW Low Income Senior Property Tax Penalty & Interest Rebate Program

Seniors who are in receipt of the Guaranteed Income Supplement can apply for this new program. Any penalty or interest that is accumulated on the account starting 2017 and onward will be credited back at the end of the year. Visit our website for additional information and application.

Commercial & Industrial Vacancy Rebate Application Deadline

To be eligible for a rebate the entire commercial or industrial building or a suite or unit within the commercial building must be vacant for at least 90 consecutive days. The assessment on the building or unit being claimed must be in the fully taxable commercial or industrial tax class. The applications will be verified to ensure they meet all the criteria set forth in the application.

The deadline for submitting applications is February 28 of the year following the taxation year to which the application relates. An Interim application may be submitted by July 31 of any year with respect to the period January 1 – June 30 of that year.

Applications are available at the Finance Department located at 61 Holland Street East, Bradford or by downloading the application from the Town's website at www.townofbwg.com.

Eligible Charities Rebate

Payments to eligible charities will be made in accordance with the County of Simcoe By-law No. 6104. The eligible charity's property must reside within the commercial and industrial property class. An eligible charity which has a registration number issued by the Canada Customs and Revenue Agency under Section 248(1) of the Income Tax Act, must submit an application to the lower-tier municipality in which the eligible charity resides, after January 1 of the year and no later than the last day of February of the following year.

Applications are available at the Finance Department located at 61 Holland Street East, Bradford.

Newly Constructed Homes

Owners of newly constructed homes may receive a property tax bill for the value of the vacant lot only, until the home is assessed. Once the house is assessed, you will receive an omitted/supplementary tax bill for the taxes on the value of your home. This process may take up to 3 years and the taxes due will be retroactive to your date of occupancy and will all be due in two instalments as determined at the time of the billing. For an estimate of your annual taxes, multiply the purchase price of your home by the current tax rate (2017 tax rate was 0.01055972) or contact the Finance Department at 905-775-5303.

Curbside Waste and Recycling

The County will be offering all the residents of the County the same level of service for curbside collection of Waste, Organics, Blue Box and Yard Waste. The cost for this service will be collected through the County general tax levy.

If you have any questions please call County of Simcoe Customer Service at 1-800-263-3199.

Finance Property Tax and Assessment

Property Assessment

The Municipal Property Assessment Corporation (MPAC) is responsible to value and classify your property. MPAC is a not-for-profit corporation funded by all Ontario municipalities. If you have any questions regarding your property assessment please contact MPAC at 1-866-296-6722, by email at enquiry@mpac.ca or visit their website at **www.mpac.ca.**

Please note if you feel your property assessed value or classification is not correct, you may file a Request for Reconsideration (RfR) with MPAC. The deadline to file a RfR with MPAC is included on your Assessment Notice.

To enquire about your property eligibility for the farm or managed forest classes or conservation land exemption, please contact:

Farm Property Tax Class Program – Ontario Ministry of Agriculture and Food **www.omafra.gov.on.ca**

Conservation Land Tax Incentive Program – Ministry of Natural Resources **www.mnr.gov.on.ca**

Managed Forest Tax Incentive Program – Ontario Forestry Association **www.oforest. ca** or

Ontario Woodlot Association **www.ont-woodlot-assoc.org**

BRADFORD WEST GWILLIMBURY SENIORS ASSOCIATION
"DANUBE SENIORS LEISURE CENTRE"
715 Simcoe Road
Bradford West Gwilimbury, Ontario L3Z 2A6
905-775-0612 • www.danubeseniors.club

The Danube Seniors Leisure Centre is located on Simcoe Road, South, towards canal Road .The Centre is open weekdays from 9:00 - 3:00 pm.
The Centre's Activities include:

Mondays
Pool, Fitness Class & Bridge
Tuesdays
Walking Club, Fitness Class, Goldenaires, Canasta, Bid Euchre
Wednesdays
Line Dancing, Crafts, Chess, Skat Club & Poker
Thursdays
Pool & Euchre
Friday
Scrap Booking, Fitness Class, Carpet Bowling & Dominoes
Saturdays
The Varga Group of Artists
Sundays
Closed

The Centre also has a pool table, ping-pong tables, and a lending library! Monthly Birthday Luncheons are on the 3rd Thursday of Every month.

Would you like to become a member? Membership is open to anyone 55 and over with a permanent address and phone number. Fees are $10 for Bradford residents and $15 for non-residents of Bradford West Gwillimbury. Please drop in, have a coffee and see our facilities! Take a monthly newsletter or programs. We are always open to suggestions for improvement!

Woodworking Shop:
Mon., Wed., 9:00 am-12 noon
Any other day by appointment only.

Daily Lunches:
Mon. - Wed. & Fri. 11:30 am

To promote friendship, fellowship, mutual respect and understanding

Water & Wastewater Billing

We are located at: 61 Holland St. E (old Town Hall)
Office hours are Monday to Friday from 8:30 a.m. to 4:30 p.m.
Mailing Address: PO Box 160, Bradford ON L3Z 2A8
Town Website: www.townofbwg.com

For inquiries regarding water/wastewater billing that are not answered by our FAQ, contact the utility billing department at 905-775-5366 or e-mail utilitybilling@townofbwg.com

The Town of Bradford West Gwillimbury would like to thank you for your continued support of our Utility Billing Service. All residential water and wastewater bills are currently being mailed out on a bi-monthly basis and all general service water and wastewater bills are being mailed out on a monthly basis. Utility Bills are prepared in the property owners name only. However, a property owner may request in writing using the appropriate form, which can be found on our website, to have a duplicate copy of the Utility Bill mailed to a tenant at the service address.

We are pleased to have the following improvements in place, greater billing accuracy, additional payment methods and more time to pay without interest. In our efforts to continue to grow and improve watch for more changes coming in 2017.

PENALTY FOR LATE PAYMENT

Penalty and Interest will be applied if payment is not received by the payment due date. For more information on penalty for late payment please refer to the reverse side of your bill.

NOTE ON WATER CONSUMPTION AND DISCHARGE

Customers are financially responsible for all water that passes through the water meter whether used or wasted.

Did you know that you can validate the meter reading on your bill by checking the head of the water meter in your home? **For other questions regarding water meters and readings, please contact the water department at 905-775-5369, ext. 2300**

FREQUENTLY ASKED QUESTIONS (FAQ) ABOUT TOWN OF BWG WATER AND WASTEWATER

OPENING OR CLOSING A WATER/WASTEWATER ACCOUNT

What do I need to do if I'm moving?

Prior to moving, please contact the Town of BWG in writing using the New/Change/Cancel form which can be found on the Town's website. Customers are responsible for all water and wastewater charges assessed to their account until the closing date, or, if we are not notified, until the date of notification. The following information will be required:

- Property Address
- Date of Closing
- Address to forward Final Bill to

READING THE BILL

What are the rates and how are the charges calculated?

Your bill is calculated based on your usage per month, as well as a monthly fixed fee that you pay regardless of whether you use the utility. Please refer to the following charts showing the difference between our 2016 and 2017 rates.

Water & Wastewater Billing

Residential Water Usage Rates						
	first 0-15 m^3 of usoge per month		next 16-30 m^3 of usoge per month		>30m^3 of usoge per month	
	2016	**2017**	**2016**	**2017**	**2016**	**2017**
Price per m^3	$1.34	$1.40	$1.49	$1.56	$1.71	$1.79
Fixed rate = $18.00 / month						

Residential Wastewater Usage Rates						
	first 0-15 m^3 of usoge per month		next 16-30 m^3 of usoge per month		>30m^3 of usoge per month	
	2016	**2017**	**2016**	**2017**	**2016**	**2017**
Price per m^3	$1.23	$1.29	$1.36	$1.42	$1.56	$1.63
Fixed rate = $13.00 / month						

Town utility bills are for approximately two months of service, so the above rates would be applied to each month and the totals added together to get the final bill amount.

PAYMENT METHODS

Can I pay this using my own banks online or telephone banking system?

Yes, the Town has the following financial institutions ready to provide service through their online banking system: CIBC, President's Choice Financial, RBC, Scotiabank, BMO, TD Canada Trust, Laurentian Bank, Desjardins, National Bank and HSBC, Meridian Credit Union, DUCA Credit Union, Central 1 Credit Union and TelPay.

To find the bill on the list of payees on your financial institution's system, ***search for "Bradford"*** and then **BE SURE** to select **water/wastewater utility bill** rather than property taxes or any other company that may have the word Bradford in its name. If you are unsure, contact your bank to clarify which recipient to choose. Once you have selected the correct payee then enter your 11-digit water/wastewater utility account number. You can also pay through these registered financial institutions by taking your bill to their teller counter or automated teller. Technical difficulties using your financial institutions online or telephone banking system should be directed to their customer service department. **A transter tee will apply to each incorrectly directed payment ettective January 2016.**

How do I register for paperless billing?

If you wish to receive an electronic utility bill via email please email utilitybilling@townofbwg.com or finservices@townofbwg.com . Please provide your utility account number, name and service address as well as the email address you wish to have the bill sent to. The bill will be emailed to you as an attachment.

Can I sign up for Pre-Authorized Debit payments?

Yes. You can visit our website to download a printable form, contact our office to have the form emailed to you directly or visit our office in person. Return the completed form to the town with a **VOID** cheque. Payments will then be automatically withdrawn from your bank account on the "Pre-Authorized Payment" date noted on the stub of your utility bill.

What forms of payment do you accept? Can I pay by credit card?

In person, the Town of BWG Finance department accepts cash, debit and current or post-dated cheques. Payments by debit or cash must be made during office hours, after hours you may use the drop slot to drop off a payment by cheque. By mail we accept cheque only. **PLEASE NOTE: Online payment via credit card is not available at this time. The Town of BWG is currently transitioning from the *e*Pay online billing and payment system to a new Virtual Town Hall. Watch for more information coming soon.**

For more information on methods of payment please refer to reverse side of your bill or the Town's website.



Community Contacts

TOWN TELEPHONE NUMBERS

TOWN OF BRADFORD WEST GWILLIMBURY . . 905-775-5366

CAO/Mayor's Office 905-775-5366

BWG Leisure Centre 905-775-7529

Community Services 905-775-5369
- Leisure Services- Facility Rentals, Parks & Property
- Public Works, Transportation and Drainage
- Water/ Compliance
- Waste Water

Corporate Services 905-775-5366
- Clerks, Communications & Legal
- Enforcement
- Information Technology

Development & Engineering Services . . 905-778-2055
- Capital Projects
- Development Engineering
- Community Planning
- Building Division

Economic Development 905-775-5366

Financial Services 905-775-5303
- Purchasing

Human Resources 905-775-5366

BWG Public Library 905-775-3328

EMERGENCY TELEPHONE NUMBERS

Ambulance, Police & Fire**911**

AMBULANCE

Bradford Administration 905-775-2251

FIRE

Administration 905-775-7311

SOUTH SIMCOE POLICE SERVICES

Administration 905-775-3311

MEMBERS OF PARLIAMENT

Federal MP Peter Van Laan 1-877-738-3748
Fax 905-898-4600 905-898-1600

Provincial MPP Julia Munro 1-866-206-1373
Email: julia.munro@pc.ola.org 905-895-1555

COUNTY OF SIMCOE

Administration Centre 1-800-263-3199
Email info@simcoe.ca 705-735-6901
Animal Control 1-855-898-8605

SPORTS CONTACTS

BADMINTON

BWG Badmintan Club
Michel Sarensen 905-775-1315

BASKETBALL

Sauth Simcoe Basketball Club
www.ssbasketball.ca 289-383-0850
. 905-716-5339

CURLING

Curling Club: www.bradfordcurlingclub.ca 905-775-4444
President: president@bradfordcurlingclub.ca
Membership: membership@bradfordcurlingclub.ca

FIGURE SKATING

Bradford & District Skating Club
www.bradfordskatingclub.com Jen McPhee 647-233-4003
President: president@bradfordskatingclub.com

GIRLS HOCKEY

Central York Girls Hockey
Email: centralyorkgha@bellnet.ca . . . Patty Albert 905-727-0269

HOCKEY

BWG Minor Hockey Association
www.bradfordbulldogs.com 905-778-0471

Bradford Bandits 3on3 Hockey
www.leaguelineup.com/bradfordbandits 1-888-350-6519
Paul 905-775-8017

Bradford Elders Hockey
Noble Carlton 905-775-9511

Men's Recreational Hockey
Jay Gorecki 905-715-2949

Town Hockey League (Men). bmthl@hotmail.com

York Simcoe Express AAA
Mercedes Ohayon 905-717-6700

Bradford Ladies Hockey League
Ev Rhebergen pevrhe@hotmail.com

SLO-PITCH

Adult Mixed 3 Pitch
Mike Bayer 905-252-1199

Bradford Legion Slo-Pitch
Dan Wyman 905-775-2338

Bradford Slugger Mixed Slo-Pitch 30+
Jeff Nazzer jeffnazzer@hotmail.com

SOCCER CLUB

Bradford Minor Soccer
www.bradfordsoccer.com 905-775-7000

Bradford District Wolves: Men's Soccer League
President Helder Botos 905-955-2562
Vice President Michael Gutto 905-715-8007

SOFTBALL/FASTBALL

Brodford Minor Softboll www.brodfordminorsoftboll.com

FOOD BANK

Helping Hond, Brodford
123 Moore St. 905-775-2824

CONSERVATION AUTHORITIES

Loke Simcoe Region 905-895-1281
Nottowosogo Volley 705-424-1479
Sconlon Creek Conservotion Areo 905-895-1281

COMMUNITY SUPPORT SERVICES

Brodford & Immigront Community Services 905-775-3343
Brodford Lo Leche Leogue
Denise Mortin 905-836-4342
BWG Community Initiotives
Borb Voughon 905-775-4986
Simcoe Muskoka Fomily Connexions (Children's Aid) . . 905-775-4336
Community Action Progrom for Children
Brigette Sonigo 905-775-1498
Community Living Associotion for South Simcoe (CLASS)
www.closs.on.co 905-435-4792
Girls Inc 905-830-0776
Porenting in Conodo Centre 905-775-1498

CHILDRENS DAY CARE & NURSERY SCHOOLS

Ontorio Eorly Yeors Centre 905-775-3039
Progress Childcore (South) 905-778-1428
Progress Childcore (North) 905-778-0176
Progress Childcore (Eost) 905-775-3287
Rotodole Nursery. 905-775-3039
EduKids Childcore 905-778-9336

SERVICE CLUBS & OTHERS

Bond Heod ond District Horticulturol Society
Glorio Pengelly 705-458-4598
Bond Heod Lions Club
Borry Joynes 905-775-5634
Brodford Lions Club
Debbie Hrynyk 905-775-9170
BWG Writers' Circle
Potricio Miller bwgwriterscircle@yohoo.co . . . 905-778-9301
BWG Historicol Society
Jon Coword 905-775-3425
Coots for Kids
Phillip MocFodden 905-775-4841
Holy Mortyr's C.W.L.
Tino Gospor 905-775-2065
Knights of Columbus
Don Fronk 905-775-2065
Lodies Auxiliory – RCL 905-775-5025
ProBus Club of Brodford
Amy Wright 905-775-6933
ProBus Club of Brodford West Gwillimbury
Bonnie Keenon 905-775-4700
Royol Conodion Legion 115 Bock St. 905-775-5025
Simcoe Lodge Af & Am
Dennis Brohm 905-778-9700
South Simcoe District Women's Institute
Leilo Lloyd 905-775-6618
Welcome Wogon
Liz Gorzo lizziegt@gmoil.com 416-577-1241
West Gwillimbury Chopter IODE
Potricio Winnocott 905-775-1348
York Simcoe Noturolists ysn.noturolist@gmoil.com
Tec-We-Gwill Women's Institute
Bonnie West . . . tecwegwillwi@gmoil.com . . . 705-458-4555

SCHOOLS

SIMCOE COUNTY DISTRICT SCHOOL BOARD
Educotion Centre Hwy 26, Midhurst 705-728-7570

SIMCOE MUSKOKA DISTRICT CATHOLIC SCHOOL BOARD
46 Allionce Blvd., Borrie 705-722-3555

PUBLIC SCHOOLS

Fred C. Cook Public School 905-775-4821
Fieldcrest Elementory School 905-778-2010
Hon. Eorl Rowe Elementory School 905-775-3031
W.H. Doy Elementory School 905-775-9691
Sir William Osler Elementory School 905-775-2922
Chris Hotfield Public School 905-778-4323

CATHOLIC SCHOOLS

Morie of the Incornotion Cotholic School 905-775-3492
Mother Tereso Cotholic School 905-778-0617
St. Chorles Cotholic School 905-775-6762
St. Jeon de Brebeuf Cotholic School 905-775-8460
St. Angelo Merici Cotholic School 289-231-2085

Community Contacts

HIGH SCHOOLS

Brodford ond District High School 905-775-2262

Holy Trinity High School 905-775-4841

Brodford Leorning Centre 905-775-4432

Simcoe Alternotive Secondory School (Brodford Compus) 905-775-9878

OTHER SCHOOLS

Hollond Morsh Christion School 905-775-3701

HALLS & MEETING ROOMS

BWG Public Library 905-775-3328

Brodford & District Curling Club
rentals@bradfardcurlingclub.ca 905-775-4444

Portuguese Culturol Centre
Lucy 905-775-3742

Holy Mortyr's of Jopon Holl 905-775-2065

Town of BWG Holls/Meeting Rooms . . 905-775-5369 ext. 5202

St. Michoel's Church Holl, 721 Simcae Rd. 905-551-1651

Royol Conodion Legion 905-775-5025

St. Cotherine of Alexondrio Cotholic Church Bond Heod
Father Conrad 905-775-8282

SCOUTS CANADA CUBS, BEAVERS, SCOUTS, & VENTURES

1st Brodford
Earle Belfry, Mark Hayes 905-775-4186
1stbradfardscauting@gmail.cam

SPARKS, BROWNIES, GUIDES, PATHINDERS, RANGERS

Generol Inquiries 1-800-565-8111

SENIORS GROUPS

Donube Seniors Leisure Centre 905-775-0612

Bradford Cammunity Meal
every Friday at Bradford United Church, Barrie Street

BWG Community Initiotives
Barb Vaughan 905-775-4986





©2017 Kumon Canada Inc. All Rights Reserved

This school year, give your child an academic advantage.

Bring in this ad to receive

$25 OFF Registration

Kumon Math & Reading Centre of Bradford
312 Holland St W
905-251-2882 • caroljiao@ikumon.com

KUMON

Marie Carothers

Sales Representative

I live and work in your community.



Direct
416-571-7976
marie.carothers.sells@gmail.com

Century 21
HERITAGE GROUP LTD.
BROKERAGE*
905-775-5677
Ext 5344

MarieCarothers.com

MarieCarothersCentury21HeritageGroupLtd

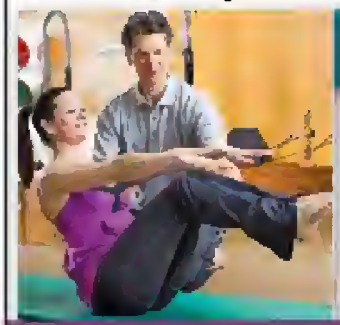
*Each office independently owned and operated
Registered Trademark of Century 21 Real Estate LLC under license.

Body in Balance PHYSIOTHERAPY

Professional Care. Personal Treatment.

Your guide on the road to recovery.

Our friendly and caring team provides a full spectrum of rehabilitation services to help you regain your mobility, strength and independence. With individualized treatment plans designed around your needs and abilities, we strive to facilitate your timely recovery in the safest and most effective manner, using the latest treatment options and technology available today.



Our therapy specialities include:

- Neck & Back Sprains
- Stress & Headaches
- Work & Sports Injuries
- Muscle Overuse & Tension
- Repetitive Strain & Stress Injuries
- Motor Vehicle Accident Injuries
- Advanced Manual Therapy
- Aquatic Therapy
- Custom Orthotics & Braces
- Massage Therapy
- Acupuncture
- Shockwave and more

For details about our services or to schedule your assessment, please contact us today at **905-778-9959**

Body In Balance Physiotherapy

52 Holland St.E. | Bradford | **905-778-9959** | **www.bodyinbalancephysio.com**



Glide
SKATING ACADEMY

SKATING LESSONS

1 Coach to 5 Students GUARANTEED

Fall | Winter | Spring | Summer

PROGRAMS INCLUDE:

Pre-School (30 minute classes ages 2-4)
Learn to Skate (1 hour classes ages 2.5 & up)
Intro to Power Skating
Power Skating Academy
Intro to Hockey
Hockey Fundamentals
Intro to Figure Skating
Figure Skating Academy
Adult Skate

Come join the fun!

1-800-768-6992

MARCH BREAK CAMP

Camp is for children 2 ½ and up!

Bradford West Gwillimbury Leisure Centre

Choose a flexible camp schedule that best suits you!

HALF DAY CAMP
8:30am-12:30pm OR 12:30pm-4:30pm

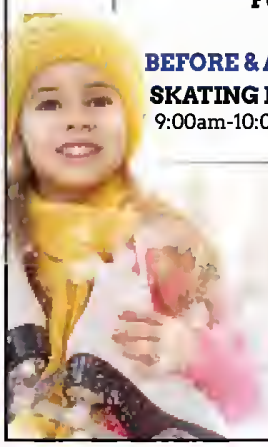
FULL DAY CAMP
8:30am-4:30pm

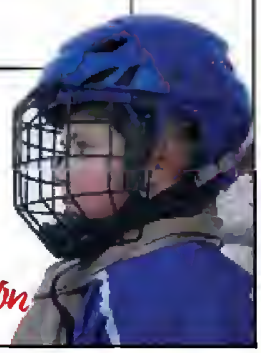
BEFORE & AFTER CARE AVAILABLE

SKATING LESSONS ONLY OPTION
9:00am-10:00am & 3:00pm-4:00pm daily

CAMP INCLUDES

- Skating Lessons
- Swimming
- Multi-Sport programs in the gymnasium where campers can choose from:
 - Tennis Lessons
 - Soccer
 - Floor Hockey
 - Ultimate Frisbee
 - Baseball
 - Basketball
 - Football
 - Mini Golf
 - and much more!





Register online today

Visit our website for schedules and prices

www.glideskatingacademy.com

1-800-768-6992 | **info@glideskatingacademy.com**

Bradford | Innisfil | Mississauga *new location*